

Sensory Processing – Our Service Offer

Information for Parents, Teachers and Carers



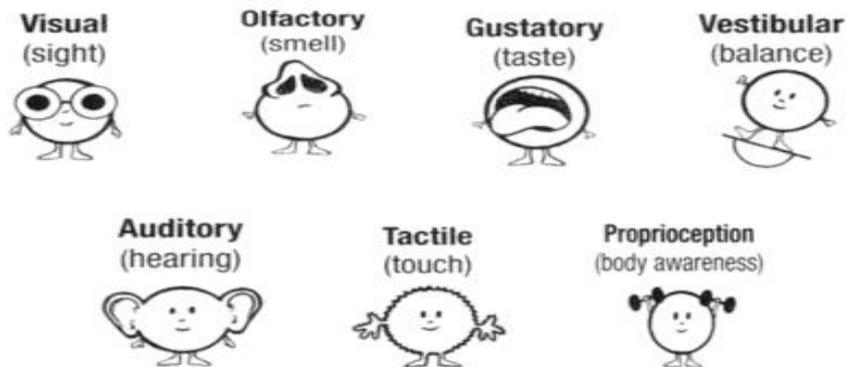
For more information, please contact Occupational Therapy on:

For York and Selby Area: 01904 726599

For Scarborough, Whitby and Ryedale Area: 01723 342357

What is Sensory Processing?

Throughout our everyday activities our brain is provided with information from our 7 senses.



Our brain receives this information, processes it, and uses what we require to **function** and remain appropriately calm and alert.

In those with sensory processing differences, the brain is unable to clearly register and process this information which impacts on **functional ability to carry out activities of daily living**. The brain may place too much or too little importance on the information causing a person to receive too much or too little of that sensation.

We all have some sensory processing differences that are often our quirks such as not liking certain textures of foods, needing to cut labels out of clothes, heightened sense of smell or not liking busy and noisy environments. However, it is the level of these problems and the impact that they have on our ability to **function** with essential everyday tasks or activities that determines a sensory processing difficulty.

Our Service Offer

Our Occupational Therapy team will accept referrals that detail barriers to function and the impact this has on physically completing everyday tasks and activities. At the assessment appointment the Occupational Therapist will discuss with you the difficulties with sensory processing that your child is facing. Our service offers advice and recommendations to help to manage these difficulties within home and school environments. It is very much a team based approach and draws upon the partnership between parents, the child, and school staff. The Occupational Therapist will also provide a report of these strategies and information on the sensory processing difficulties your child presents with. In many cases we will only need to offer one appointment to give the appropriate advice for your child's sensory processing needs.

Tell us what you think

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

For York and Selby Area: 01904 724366

For Scarborough, Whitby and Ryedale Area: 01723 342472

Teaching, Training and Research

Our Trust is committed to teaching, training and research to support the development of staff and improve health and healthcare in our community. Staff or students in training may attend consultations for this purpose. You can opt-out if you do not want trainees to attend. Staff may also ask you to be involved in our research.

Patient Advice and Liaison Service (PALS)

Patients, relatives and carers sometimes need to turn to someone for help, advice or support. Our PALS team is here for you. PALS can be contacted on 01904 726262, or via email at pals@york.nhs.uk. An answer phone is available out of hours.

About us

Providing care together in York, Scarborough, Bridlington, Whitby, Malton, Selby and Easingwold.

Caring with Pride

Our ultimate objective is to be trusted to deliver safe, effective and sustainable healthcare within our communities.

Our Values

- Caring about we do
- Respecting and valuing each other
- Listening in order to improve
- Always doing what we can to be helpful

Please telephone or email if you require this information in a different language or format

如果你要求本資訊是以不同的語言或版式提供，請致電或寫電郵

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz



01904 725566

email: access@york.nhs.uk



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Audio e.g.
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