



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

York Special Schools Nursing Team

Information for children and young people,
parents, relatives and carers

① For more information, please contact:

York Special Schools Nursing Team

Applefields School, Bad Bargain Lane, York, YO31 0LW

Telephone: 01904 553918

Hob Moor Oaks School, Green Lane, York, YO24 4PS

Telephone: 01904 806655

Email: yhs-tr.specialschoolnurses@nhs.net

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What service does the nursing team provide?

The nursing team support children and young people aged 2-19 years old, with learning disabilities, complex needs, and associated additional health care needs within the special school setting.

The members of the nursing team are employed by York and Scarborough Teaching Hospitals NHS Foundation Trust. We work alongside the Community Paediatricians, Children's Specialist Nurses, and Children's Community Nursing Teams.

We are based at Hobmoor Oaks School and Applefields School and work across all sites including the satellite provisions to provide a consistent service, we also provide a health care service to the Local Authority community short breaks service.

Our service is provided by a skilled team of registered nurses with specialisms including learning disability and paediatrics. We work in partnership with children and young people and their parents and carers, education teams, children's community nurses, continuing care teams, social care, and the wider multi-professional team to enable children and young people to access their school curriculum.

Our service includes:

A Named Nurse

Every child and young person who attends the schools are allocated a named nurse who will be their main point of contact to support continuity of care, you may also contact any other member of the team.

Your named nurse is

You can contact your named nurse on the telephone number or email on the front cover of this leaflet.

Care Planning

The team develops individual health care plans to meet the health care needs of children and young people through collaboration with parents/carers and other professionals. The team will also support other specialist healthcare providers who produce care plans. These are reviewed annually, or if there are any significant changes to your child or young person's health. If you would like it to be reviewed, please contact your named nurse.

The school nursing team will use the care plans as part of the training for education and other relevant care staff to ensure that needs are being appropriately met.

Medicines in school

We train and support the school and care staff to administer both regular and emergency medications in school to your child or young person, and we support your child or young person to manage their own medication as independently as possible.

Please ensure all medication in school has a current pharmacy label and you have signed a consent form for school to be able to store and administer the medication. For over-the-counter medications, please speak directly with the school or the nursing team for advice and support.

Medication in schools is reviewed regularly by the nursing team, we may discuss this with the person who prescribed or dispensed the medication to support this.

Contribution to your child's EHCP

The nursing team will contribute relevant health advice to your child's Education and Health Care Plan (EHCP) and attend meetings where possible, the nursing team may contact you prior to the meeting to discuss the advice we will include in the EHCP.

If you would like a member of the school nursing team to attend your child or young person's EHCP, please contact the team.

Clinics

Some of the consultant paediatricians and specialist nurses hold clinics in the special schools, which are co-ordinated by the nursing team. The clinics provide the opportunity for reviews led by the child's paediatrician and specialist nurses which are supported by the school nurse.

You will get an appointment letter in the post if you have an appointment booked to attend in school, if you have any queries about this, please contact child development centre (CDC) on 01904 631313.

As part of the clinic, we may take your child or young person's height and weight as well as check some baseline observations including blood pressure, pulse, respiratory rate, and oxygen saturations. We are also able to offer some routine blood testing in school.

Family Support

The nursing team act as an advocate and provide advice and support to families to meet their children's and young people's health care needs. The team are able to signpost to, and refer into specialist services as necessary, sourcing relevant information, and liaising with other health care professionals.

We are able to support you with completing a Hospital Passport for your child or young person.

Promoting Continence

The special school nursing teamwork closely with the paediatric bladder and bowel service to ensure suitable containment products are available through our supplier's website including carrying out an assessment of containment product needs and support the young people with any toilet training progress.

We are able to offer advice and support to parents/carers and education staff about using the containment products effectively and regularly review any containment products. Please speak to your GP or paediatrician if you would benefit from a referral into the paediatric bladder and bowel service.

Dental health

Special school nurses are able to offer advice and support to parents/carers and education staff about good oral hygiene and can support with a referral to the community dental service if required.

The team are also able to provide public health promotion around oral hygiene to children and young people in class.

Enteral feeding

The school nursing team are able to support with training school and community short breaks staff in the safe use of enteral feeding devices and pumps, we are also able to change gastrostomy button devices and naso-gastric tubes if needed. We will work with your dieticians to manage feed plans in school.

Wound care and pressure areas

The school nursing team are able to support with managing routine wound care, stoma sites, and pressure areas including offering advice to school staff to provide appropriate area cares and will refer to the tissue viability team for additional support if required.

Long term health conditions

The school nursing team will work with other specialists to provide appropriate management of long term health conditions, this can include providing training and support to school and community short breaks staff in the actions required in an emergency.

Community short breaks and school transport

The special school nursing team coordinates the health needs of children and young people who access local authority community short breaks including care planning, medication support, and training for relevant staff.

Transition to Adult services

The team take an active role in transition planning to promote an effective move between schools and from children's to adult services. Transition planning for this move to adult services will be in line with EHCPs and will usually start at age 14, though this may be discussed at earlier opportunities. The team work closely with other health specialists as well as social care and education. The Trust also has a transition specialist nurse who can be contacted for further advice through your named nurse.

Training

The nursing team provide appropriate training and advice to education and community short breaks staff to enable them to meet the health needs of the child or young person in line with their care plan, they will also coordinate with relevant specialist teams to provide bespoke training around specific health conditions.

Information sharing

As part of the service, it is important that we are able to speak to relevant professionals involved in the care of your child or young person, we will ask for your permission to share information as part of the school health entry questionnaire. If you would like to discuss this further, please contact the nursing team.

How to contact the Nursing team

You can reach us at Hobmoor Oaks or Applefields School, you can either contact the school through reception or contact the nursing team directly.

Hobmoor Oaks School medical room:

Telephone: 01904 806655

Mobile: 07966 306377

Applefields School medical room:

Telephone: 01904 553918

Mobile: 07966 306355

Email: yhs-tr.specialschoolnurses@nhs.net

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact the special school nursing team.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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