



YorkTalk

For the communities of
York, Selby, Hambleton
and district

February 2010 Issue 12

Meet the new board members!



ALAN ROSE has been appointed as the new Chairman of York Hospitals NHS Foundation Trust. He will succeed Professor Alan Maynard when he retires at the end of March.

Mr Rose's appointment was confirmed by the Council of Governors at their meeting on 16 December 2009. His three year term begins on 1 April 2010.

Alan (pictured above), who has been a Non-executive Director at York Hospital for four years, has extensive management and operational experience in a variety of business organisations and markets, including regulated environments. He is a former partner at strategy consultants Booz Allen Hamilton, and previously worked for the Shell Oil Company. He lives in York, where he runs a landscape gardening business, and is married with two children.

Alan Rose said: "I feel privileged to be given this opportunity to serve our local community and to follow the strong leadership provided by our current Chairman, Professor Maynard. The Trust's mission is to deliver safe effective healthcare to our community, and I look forward to working alongside the governors, board of directors and staff to continue this focus. In support of this, we wish as a Foundation Trust to engage more strongly with the local community in York and beyond."

Alan Maynard has spent his career deeply involved in the theory and practice of the funding and delivery of health care, and was awarded an OBE in the 2009 New Year Honours for services to the NHS.

He has been Chairman of York Hospital since 1997 and involved in NHS management in York since 1983. He also works at the University of York where he was Founding Director of the Centre for Health Economics, and is currently Professor of Health Economics in the Department of Health Sciences and the Hull-York Medical School.

Alan Maynard said: "I have greatly enjoyed working with so many wonderful colleagues in York Hospital for the last 27 years. During the 12 years I have been Chairman it has been very rewarding to see so many significant developments that have improved patient services for the York population. The challenges of the next few years will be considerable with everyone having to work even harder and smarter to meet increasing demands for care. Many thanks to all involved in the hospital for their support. Keep up the good work please!"

There have been some other recent changes to the Board of Directors. Dr Alastair Turnbull will take up the post of Medical Director in February 2010 following the decision by Dr Ian Woods to stand down at the end of his term. Alastair (pictured right) has been a consultant in York since 1994, and has worked in the NHS for 30 years. He is an active clinical Gastroenterologist, Endoscopist and General Physician. He held the post of Clinical Director (Medicine) for six years and has a special interest in patient safety.



Mike Sweet, a former governor of the Trust, joined as Non-executive Director on 1 February 2010. In Unilever's Personal Products Division he held senior positions in planning and logistics. The acquisition of his business unit by an international logistics company resulted in board level experience in operational management, customer relations and business development.

Latterly, Mike (pictured right) has concentrated his energies on logistics consultancy, the investigation of complaints involving children for a number of Social Service departments in Yorkshire, and for the past five years he has been a Non-executive Director of NHS North Yorkshire and York.



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Elected to represent you

THE ELECTIONS to decide who will represent members of the Foundation Trust on the Council of Governors ended on 28 January 2010.

Elections were held to choose governors for the public City of York constituency, public Hambleton District constituency, and the staff constituencies. The results are as follows:

Hambleton District:

- Jane Dalton
- Diana Appleby

City of York:

- Helen Mackman
- Paul Baines
- James Porteous
- Bob Towner
- Eddie Benson
- Stefan Ruff
- Helen Butterworth
- Sian Wiseman

Staff:

- Alison MacDonald (nursing and midwifery)
- Anne Penny (nursing and midwifery)
- Mandy McGale (non-clinical)
- Martin Skelton (clinical professional)

The patient/carer constituency and the consultant/medical staff constituency were uncontested and therefore an election did not take place, and there were insufficient nominations from members in the public Selby District constituency to run an election.

The new term of office for governors will begin on 1 April 2010. The Trust wishes to thank Pam Turpin, Win Blackburn, Linda Hatton and Stephen Lewis as public governors and Gill Cashmore, Michael Sweet and Sian Wiseman as outgoing appointed governors from partner organisations for their contributions. We are pleased that Sian will continue as a governor after being elected in the public City of York constituency.

There remains one vacancy for a public governor in Selby, and in March we will once again invite members in the Selby District to put themselves forward for election. If you're interested in standing as a governor, come and meet us at the Selby Town Council meeting on Monday 29 March at 7pm when Patrick Crowley (Chief Executive) and Alan Rose (Chair elect), will present an update on the work of the Trust. There will also be the opportunity to meet the current Selby Governors.

Details of all the governors and their terms of office will be in the next edition of YorkTalk.

Cancer care thank you

A BIG thank you to everyone who attended the Christmas raffle in the Cancer Care Centre on 16 December.

There was an impromptu acoustic performance from local band Huge's lead singer Big Ian, with the whole centre singing and joining in!

The aim of these events is not only to raise money but to raise the profile of the centre and let staff, patients, families and carers know that the centre is here and that all are welcome.

Each time an event is organised the team try to raise more money than the last event for the Cancer Care Charitable Fund, this time raising a fantastic £1021!

Thank you to everyone who continues to support the centre, look out for more events in 2010!

HYMS Experimental Medicine Unit (EMU)

The HYMS EMU is operated by York Hospitals NHS Foundation Trust as a Hull York Medical School NHS partner, funded by the National Institute for Health Research as a Clinical Research Facility.

Opened in 2009, HYMS EMU provides experienced research nurses, out-patient facilities, and laboratory and office space for researchers.

Early phase research relies on healthy volunteers who want to help with the development of new treatments. EMU is currently running a trial for Professor Charles Lacey, Consultant in genitourinary Medicine. For information on this trial please contact the unit or visit www.hivresearch.org.uk.

If you'd like to register as a volunteer or find out more about these trials please phone (01904) 721893 or send an email to emu@york.nhs.uk.

What is The NHS Constitution?

THE NHS Constitution brings together for the first time in one place, what staff, patients and public can expect from the NHS.

It explains that by working together we can make the very best of finite resources to improve our health and wellbeing, to keep mentally and physically well, to get better when we are ill and when we cannot recover to stay as well as we can to the end of our lives.

The constitution outlines patients' rights around access to health services; quality of care and environment; nationally approved treatments, drugs and programmes; respect, consent and confidentiality; involvement in your healthcare and in the NHS; informed choice; and complaint and redress. It also contains pledges that the NHS is committed to achieve. Pledges go above and beyond legal rights. This means that pledges are not legally

binding but represent a commitment by the NHS to provide high quality services.

The constitution also outlines the things that patients and the public can do to help the NHS work more effectively and to ensure that resources are used responsibly, for example, making a contribution to their own health and well-being, treating NHS staff and other patients with respect, and keeping appointments, or cancelling within reasonable time.

The Trust is committed to the principles outlined in the constitution, which build on the work we have done in developing 'Our commitment to you: 2010-13', which will be published over the coming months. This document takes on board the views of our staff and governors, and outlines our values and priorities providing a basis for setting out what you can expect from us and what we expect from both our staff and patients.

..dates for your diary...dates for your diary...dates for your diary..

16 March 2010 (16:15-18:00)

Council of Governors public meeting
Postgraduate lecture theatre, York Hospital

17 March 2010 (12:30-13:30)

YorkTalk presentation: Recent advances in haematological malignancy
Postgraduate lecture theatre, York Hospital

29 March 2010 (19:00)

Selby Town Council public meeting: York Hospital's chief executive and chair-elect will be attending to meet Selby's foundation trust members (Selby Town Hall)

14 April 2010 (16:00-18:00)

Council of Governors public meeting
Skell 7, University of York St John

9 June 2010 (16:00-18:00)

Council of Governors public meeting
Skell 7, University of York St John

17 June 2010 (13:00-16:30)

Members' event: cancer services (invite only)
Postgraduate lecture theatre, York Hospital

23 June 2010 (12:30-13:30)

YorkTalk presentation (topic tbc)
Postgraduate lecture theatre, York Hospital

(please note dates and times are subject to change)

14 July 2010 (16:00-18:00)

Council of Governors public meeting
York Hospital Social Club, White Cross Road

5 August 2010 (13:00-16:30)

Members' event: care of the elderly services
Postgraduate lecture theatre, York Hospital

18 August 2010 (12:30-13:30)

YorkTalk Presentation: topic tbc
Postgraduate lecture theatre, York Hospital

8 September 2010 (16:00-18:00)

Council of Governors public meeting
Skell 7, University of York St John

14 September 2010 (time tbc)

Open event and Annual General Meeting
York Hospital

22 September 2010 (12:30-13:30)

YorkTalk presentation: topic tbc
Postgraduate lecture theatre, York Hospital

13 October 2010 (16:00-18:00)

Council of Governors public meeting
York Hospital Social Club, White Cross Road

8 December 2010 (16:00-18:00)

Council of Governors public meeting
Skell 7, University of York St John

Multi-storey car park progress

PHASE TWO of the scheme to build a multi-storey car park at York Hospital is well underway.

Phase three of scheme will see the change of traffic flow onto the site, with both the main entrance and exit from the site being via the roundabout on Wigginton Road. The current entrance will be closed.

Also during phase three, a number of spaces will be lost from the main visitor car park to enable a new 'blue light' route for ambulances to access the emergency department. The spaces

that are lost will be re-provided in two locations. Some will be in the triangular car parking area by the south entrance. The rest will be provided in the 'Red A' parking area (currently consultant parking outside the hospital's main entrance). This will also be parking for blue badge holders.

Both of these changes will remain in place until the multi-storey car park is completed in early 2011.

Traffic disruption is expected throughout the project, so we ask that where possible you allow more time when coming to the hospital and that you are patient while the work is underway. The situation will be subject to change, so we recommend you keep up to date with what is happening. A display will be available in the hospital's main entrance detailing the phases of the build including visual plans showing the areas affected.



LEFT: Artist's impression of the work taking place during phase three of the car park project and the areas affected.

Healthcare at Home pharmacy opens

THE NEW dispensing pharmacy at York Hospital opened on 8 February 2010, provided in partnership with Healthcare at Home Limited.

The new pharmacy, which is located in the hospital's main entrance, will focus on supporting outpatients and emergency department patients who need medicines to take away following their consultation.

At a later stage the new pharmacy may be able to dispense regular GP prescriptions for patients, staff and visitors (subject to an NHS contract being granted). Over the counter, non prescription medicines will also be available to staff and the public.

This will free up the York Hospital Pharmacy team to concentrate on more complex work in which the team has specialist expertise, for example, providing advice and information to healthcare professionals on the uses and choice of medicines, managing clinical trials, and preparing special injections.

Healthcare at Home will use their own staff to run the new pharmacy, but will work very closely with the Trust to ensure an excellent service is provided to patients.

The pharmacy (pictured right) has excellent facilities, including consulting rooms, and a state of the art dispensing 'robot' which will help shorten waiting times and make these more consistent even when staff go on holiday or fall sick.

Martin Phillips, Chief Pharmacist at York Hospitals NHS Foundation Trust, said: "The Trust looks forward to the launch of this great innovation. We have designed the service to give tremendous added value to patients, staff, and visitors, and are delighted that all of this is being achieved at no extra cost.

"The Government White Paper on pharmacy services recommended partnership with commercial organisations for dispensing services, and with the support of our colleagues at Healthcare At Home we have



steamed ahead with exactly such a venture. All the necessary safeguards are in place, and we are confident that this will be a success."

The new pharmacy is open from 08.30 until 20:00 Monday to Friday, and 09:00 until 14:00 on Saturday. The aim longer term is to open until midnight Monday to Saturday and to open on Sundays.