



Awards success

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For the communities of
York, Selby, Hambleton
and district

YorkTalk

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Trust stars recognised



The hospital's celebration of achievement award winners for 2010 were announced at the annual presentation ceremony at York St John University in June.

Judging panels selected the winners from a large number of nominations received across a range of categories including excellence in teamwork (clinical and non-clinical), service, innovations, unsung hero and volunteer of the year.

Professor Alan Maynard, who retired as the Trust's chairman in March 2010, was presented with a lifetime

Congratulations to the winners!

EXCELLENCE IN TEAMWORK (CLINICAL)

Winner:
Musculoskeletal outpatients physiotherapy team

EXCELLENCE IN TEAM WORK (NON-CLINICAL)

Winner:
Health records team

UNsung HERO

Winner:
Amy Cockerill - receptionist, Hull York Medical School

SERVICE AWARD

Winner:
Debbie Wardle and Carolyn Bedford - cancer clinical nurse specialists

VOLUNTEER OF THE YEAR

Winner:
Gwen Berwick - wards 11 & 14 (HELP dementia project)

INNOVATIONS AWARD

Winner:
Jacqui Lund - ward 23

CHAIRMAN'S AWARD-EFFICIENCY

Winner:
Operational HR team and occupational health (managing sickness and maximising attendance project)

CHIEF EXECUTIVE'S AWARD

Winner: Systems and network services

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Hospital acts fast to reduce falls and pressure ulcers

YORK TEACHING Hospital NHS Foundation Trust is the first hospital in the country to adopt a new programme to dramatically reduce the numbers of falls and pressure ulcers.

Working closely with the Department of Health, the Trust has introduced two care packages on the wards that have been proven to reduce the numbers of falls and pressure ulcers. The packages include detailed assessment and monitoring for patients deemed at risk of falls and ulcers, and also ensure that they have the appropriate equipment available, for example specialist mattresses, cushions and chairs.

The new methodology encourages ward teams to rapidly adopt and spread best practice in pressure ulcer and falls reduction throughout the organisation over a three month period.

Falls are nationally the most reported patient safety incident and occur in all adult clinical areas. They occur at an average frequency of 4.8 per 1,000 bed days in acute hos-

pitals and are estimated to cost the NHS £15 million every year. The Trust aims to reduce falls by 20 per cent by January 2011.

Pressure ulcers are common and can be devastating to patients, yet many are avoidable. They also place an enormous financial burden on the Trust. Costs vary depending on the severity of the ulcer, ranging from just £1k to £24k, with nursing time accounting for 90 per cent of these costs. The Trust aims to reduce this by 50 per cent by January 2011.

Michelle Carrington, Assistant Chief Nurse, said:

“We know the cost of falls and pressure ulcers, not only to our Trust, but to the patients we look after. The time to focus is now, and fast! Nurses and midwives are closest to our patients on a daily basis and are therefore central to achieving real improvements. Their support and enthusiasm is vital to the success of this initiative and will make our hospital safer for all of our patients.”

York rated among top 40 hospitals

YORK HOSPITAL has been recognised as one of the CHKS 40 Top Hospitals 2010.

The awards are based on the evaluation of 21 performance areas covering safety, clinical effectiveness, health outcomes, efficiency, patient experience and quality of care.

The winners were announced at an awards ceremony in London hosted by CHKS, who provide healthcare intelligence and quality improvement services. The hospital's chief executive Patrick Crowley said: “We are thrilled that for the eighth consecutive year we have appeared in this list of top hospitals. This is a real reflection of the hard work and dedication of all of our staff.”

James Coles, Director of Research at CHKS, said: “We are delighted that York Hospitals NHS Foundation Trust is one of our 40 Top Hospitals for 2010. These awards recognise outstanding performance in 21 areas which we believe are critical to delivering good patient care.”



Chief Executive Patrick Crowley, Chief Nurse Libby McManus, and former Chairman Alan Maynard receive the CHKS 40 Top Hospitals award from Jason Harries, Managing Director, CHKS.

Join us for our open day

WOULD YOU like to get to know your hospital better? Have you wondered what goes on behind the scenes or felt unsure about visiting? Then here is a great opportunity to come along and find out more...!

This year's open day will be the biggest yet, and as Foundation Trust members, we hope many of you will take this opportunity to meet your governors and see first-hand some of the services we provide in York and the surrounding area.

There will be over 60 stalls, which this year have been grouped into four themes:

- Improving quality and safety
- Improving our effectiveness, capacity and capability
- Developing stronger citizenship through our work with partners and the broader community
- Improving our facilities and protecting the environment

This year's stalls include pharmacy, midwifery, cardiac rehabilitation, physiotherapy, ophthalmology, Hull York Medical School, orthopaedics, Alzheimers Society and Yorkshire Ambulance Service to name but a few.

Presentations will be taking place throughout the afternoon in the chapel, topics include: Think Glucose! (Care for inpatients with diabetes), the bowel cancer screening programme, how the NHS works, and more tea vicar? with the hospital chaplaincy team.

The Trust's Annual General Meeting will also take place in the chapel at 5:30pm.

Other departments will be opening their doors to offer behind the scenes tours and interactive demonstrations, including dermatology, head and neck, the day unit, the bereavement suite and the estates department.

This event is open to everyone to attend.

This year's event is being delivered in partnership with Kier and Balfour Beatty Engineering Services. You can visit them at stand 15 at the event, or listen to their presentation at 4:10pm in the chapel.

Make sure you have the date in your diary!
Tuesday 14 September 2010, 2:00pm - 7:00pm
The York Hospital, Wigginton Road, York.



Scenes from the 2009 open day at York Hospital.

Join us and make a difference

It's easy to become a member of the Trust:

- Call the members' helpline: 0870 7030151
- Email the membership office: york@nhs-membership.co.uk
- Join online: www.yorkhospitals.nhs.uk