The hospital’s celebration of achievement award winners for 2010 were announced at the annual presentation ceremony at York St John University in June.

Judging panels selected the winners from a large number of nominations received across a range of categories including excellence in teamwork (clinical and non-clinical), service, innovations, unsung hero and volunteer of the year.

Professor Alan Maynard, who retired as the Trust’s chairman in March 2010, was presented with a lifetime achievement award.

Congratulations to the winners!

**EXCELLENCE IN TEAMWORK (CLINICAL)**
Winner:
Musculoskeletal outpatients physiotherapy team

**EXCELLENCE IN TEAMWORK (NON-CLINICAL)**
Winner:
Health records team

**UNSUNG HERO**
Winner:
Amy Cockerill - receptionist, Hull York Medical School

**SERVICE AWARD**
Winner:
Debbie Wardle and Carolyn Bedford - cancer clinical nurse specialists

**VOLUNTEER OF THE YEAR**
Winner:
Gwen Berwick - wards 11 & 14 (HELP dementia project)

**INNOVATIONS AWARD**
Winner:
Jacqui Lund - ward 23

**CHAIRMAN’S AWARD-EFFICIENCY**
Winner:
Operational HR team and occupational health (managing sickness and maximising attendance project)

**CHIEF EXECUTIVE’S AWARD**
Winner: Systems and network services
PROFESSOR Dianne Willcocks has been appointed as a non-executive director on the hospital’s Board of Directors.

Dianne is a leadership consultant who served as Vice Chancellor of York St John University for 11 years, retiring in April 2010. She has had previous university appointments at Sheffield Hallam University and the University of North London.

Dianne brings 30 years’ experience of change management and modernisation in higher education, and is a passionate advocate for socially inclusive public services.

In York she is trustee designate of the Joseph Rowntree Foundation and chairs the York Theatre Royal Board. Her research background is in social gerontology. She serves on various committees and boards at regional and national level.

Professor Willcocks said: “York Teaching Hospital NHS Foundation Trust lies at the heart of community wellbeing for the people of York and North Yorkshire. I look forward to helping secure safe, speedy and high quality services that meet our future ambition.”

THE BEREAVEMENT services team moved into their new suite on 2 August.

The bereavement suite provides a space where relatives and loved ones of patients who have passed away can receive the support they need during a time that can be very painful.

The area encompasses admin accommodation for the bereavement services team and City of York registrars, a waiting area, counselling room and a courtyard garden providing a much needed quiet, meditative and beautiful space in which to grieve.

The project has been supported by The King’s Fund as part of the Enhancing the Healing Environment (EHE) programme.

A wide range of charitable organisations have contributed towards the funding of the project including Trust charitable funds, the Friends of York Hospital, York Against Cancer and the York Round Table alongside private individuals and numerous York businesses.
Hospital acts fast to reduce falls and pressure ulcers

YORK TEACHING Hospital NHS Foundation Trust is the first hospital in the country to adopt a new programme to dramatically reduce the numbers of falls and pressure ulcers.

Working closely with the Department of Health, the Trust has introduced two care packages on the wards that have been proven to reduce the numbers of falls and pressure ulcers. The packages include detailed assessment and monitoring for patients deemed at risk of falls and ulcers, and also ensure that they have the appropriate equipment available, for example specialist mattresses, cushions and chairs.

The new methodology encourages ward teams to rapidly adopt and spread best practice in pressure ulcer and falls reduction throughout the organisation over a three month period.

Falls are nationally the most reported patient safety incident and occur in all adult clinical areas. They occur at an average frequency of 4.8 per 1,000 bed days in acute hospitals and are estimated to cost the NHS £15 million every year. The Trust aims to reduce falls by 20 per cent by January 2011.

Pressure ulcers are common and can be devastating to patients, yet many are avoidable. They also place an enormous financial burden on the Trust. Costs vary depending on the severity of the ulcer, ranging from just £1k to £24k, with nursing time accounting for 90 per cent of these costs. The Trust aims to reduce this by 50 per cent by January 2011.

Michelle Carrington, Assistant Chief Nurse, said:

“We know the cost of falls and pressure ulcers, not only to our Trust, but to the patients we look after. The time to focus is now, and fast! Nurses and midwives are closest to our patients on a daily basis and are therefore central to achieving real improvements. Their support and enthusiasm is vital to the success of this initiative and will make our hospital safer for all of our patients.”

York rated among top 40 hospitals

YORK HOSPITAL has been recognised as one of the CHKS 40 Top Hospitals 2010.

The awards are based on the evaluation of 21 performance areas covering safety, clinical effectiveness, health outcomes, efficiency, patient experience and quality of care.

The winners were announced at an awards ceremony in London hosted by CHKS, who provide healthcare intelligence and quality improvement services. The hospital’s chief executive Patrick Crowley said: “We are thrilled that for the eighth consecutive year we have appeared in this list of top hospitals. This is a real reflection of the hard work and dedication of all of our staff.”

James Coles, Director of Research at CHKS, said: “We are delighted that York Hospitals NHS Foundation Trust is one of our 40 Top Hospitals for 2010. These awards recognise outstanding performance in 21 areas which we believe are critical to delivering good patient care.”

Chief Executive Patrick Crowley, Chief Nurse Libby McManus, and former Chairman Alan Maynard receive the CHKS 40 Top Hospitals award from Jason Harries, Managing Director, CHKS.
Join us for our open day

WOULD YOU like to get to know your hospital better? Have you wondered what goes on behind the scenes or felt unsure about visiting? Then here is a great opportunity to come along and find out more...!

This year’s open day will be the biggest yet, and as Foundation Trust members, we hope many of you will take this opportunity to meet your governors and see first-hand some of the services we provide in York and the surrounding area.

There will be over 60 stalls, which this year have been grouped into four themes:

● Improving quality and safety
● Improving our effectiveness, capacity and capability
● Developing stronger citizenship through our work with partners and the broader community
● Improving our facilities and protecting the environment

This year’s stalls include pharmacy, midwifery, cardiac rehabilitation, physiotherapy, ophthalmology, Hull York Medical School, orthopaedics, Alzheimers Society and Yorkshire Ambulance Service to name but a few.

Presentations will be taking place throughout the afternoon in the chapel, topics include: Think Glucose! (Care for inpatients with diabetes), the bowel cancer screening programme, how the NHS works, and more tea vicar? with the hospital chaplaincy team.

The Trust’s Annual General Meeting will also take place in the chapel at 5:30pm.

Other departments will be opening their doors to offer behind the scenes tours and interactive demonstrations, including dermatology, head and neck, the day unit, the bereavement suite and the estates department.

This event is open to everyone to attend.

This year’s event is being delivered in partnership with Kier and Balfour Beatty Engineering Services. You can visit them at stand 15 at the event, or listen to their presentation at 4:10pm in the chapel.

Make sure you have the date in your diary!

Tuesday 14 September 2010, 2:00pm - 7:00pm
The York Hospital, Wigginton Road, York.