

YorkTalk

For the communities of
York, Selby, Hambleton
and district

March 2009

Issue 7

Innovative project teaches youngsters about diabetes

YOUNG people from across the city took part in an award-winning pioneering science and youth arts project at York Hospital in February. The initiative, called Biomation, involves young people, a number of whom have diabetes. The project aims to raise awareness and educate young people about diabetes through film, animation and music technology. The youngsters produce a DVD to help educate other young people and are supported throughout the initiative by professional media artists and clinicians from the children's diabetes team. Biomation is a partnership between Arts Action York who are the community arts team for the City of York Council's Arts and Culture Service and York NHS Art and Environment group. Biomation is funded by

the Wellcome Trust Pulse Awards which provides funding for arts projects that engage with biomedical science, encourage debate about issues raised by scientific developments and interact imaginatively with children and young people.

The 2009 project follows the success of the first Biomation project, which took place in 2007.

Biomation has already worked with young people with Aspergers Syndrome and has achieved international acclaim, winning the prestigious "Best International Animation" category at the Scottish Mental Health Arts and Film Festival.

Over the next few months Biomation will also be working with young people with arthritis and will be embarking on an educational project within schools across the city of York. Dr Dominic Smith from York Hospitals NHS Foundation Trust said: "The children's diabetes team have said they are delighted that the project workshop is taking place."



Young people get involved in the Biomation project at York Hospital.
Picture: Jim Poyner Photography

The previous films showed a fascinating view of how diabetes affects young people.

The young people quickly developed technical skills in producing the animation. Their creative ideas helped convey a complex message with great clarity. The project was very enjoyable for all involved."

For more information go to www.biomation.org.uk

Accessibility
IF YOU would like to receive YorkTalk in a more accessible format, for example in a larger print size, please contact the chairman and chief executive's office, York Hospitals NHS Foundation Trust, Wigginton Road, York, YO31 8HE

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York care respect honesty partnership



New Finance Director appointed

ANDREW Bertram joined the trust as finance director in January. He has previously held a number of roles at the trust, joining in 1991 as a finance trainee as part of the NHS graduate management training scheme. On qualifying as an accountant, he became finance manager for anaesthetics, before going on to become directorate manager for medicine, then moving to join the senior finance team. He left York four years ago to join Harrogate and District NHS Foundation Trust as their deputy finance director. He said: "I am genuinely delighted to be back at York hospital, and I look forward to working with both old and new colleagues to face the challenges ahead."

Members' Council update

THE latest Members' Council meeting was held in York Hospital in January. The meetings are open to all members of York Hospitals NHS Foundation Trust and other members of the public. Those attending were given a presentation by Pam Turpin (public governor for Hambleton) who has been involved in a recent national report into end of life care. Her study involved visiting several people in different areas around the country, and covered six key areas: service provision and integration, preferred place of care and to die, relationships, dignity and respect, information and communication, access to support for carers, and other support needs. Attendees were also given updates on infection control, performance and finance.

Celebration of achievement awards

TO RECOGNISE the fantastic work done by staff and volunteers, York Hospitals NHS Foundation Trust has launched its celebration of achievement awards. Staff, volunteers, carers and patients are encouraged to nominate those people who make a difference. The deadline for entries is 27 March 2009. Finalists in each category will be invited to an awards event on 4 June 2009 at York St John University where NHS chief executive David Nicholson will present awards to the winners of each category. You can download a

nomination form from the hospital's website, or pick up a form from the hospital. You can post completed forms to the recruitment

Categories...

Excellence in team work
Clinical - For the clinical team who have demonstrated excellent practice in developing a team approach to improving patient services

Innovations award
The team or individual who has demonstrated creativity and flair in solving problems and meeting challenges in innovative ways

Non-clinical - For the non-clinical team who have demonstrated excellence in improving customer/patient service

Customer care award
For an individual or team, nominated by customers (patients, carers and staff) who has made an outstanding contribution in providing excellent customer care

Unsung hero
For an individual who consistently makes an outstanding contribution and goes that extra mile to provide the best service possible

Chairman's award - infection control
The individual or team who has made an innovative contribution to the Organisation's infection control strategy

Volunteer of the year
The volunteer, voted for by staff and patients, who has made an outstanding contribution to the patient experience or service delivery

Hospital radio celebrates 45 years on air

YORK Hospital Radio celebrated its 45th year of broadcasting in January. The station broadcast its first programme on 26 January 1964, and marked its birthday with music from all the years of the station's lifetime. Patrick Crowley, chief executive of York Hospitals NHS Foundation Trust, said: "I would like to congratulate all those associated with York Hospital Radio on reaching this milestone and thank them for their important role in the life of the hospital.

"There are many factors which contribute to a positive hospital experience and I'm pleased that York Hospital Radio and its team of volunteers continue to play their part in improving patients' time with us." The station is staffed by volunteers, and relies on fundraising and donations to keep it on the air. For more information or to become a member of York Hospital Radio phone 01904 628800 or log on to www.yorkhospitalradio.com



IN THIS issue of GovernorTalk we meet the eight public governors for the City of York, and look at some of the work they have been doing to represent the foundation trust's members.

Helen Mackman (top left) has become a member of the Members' Council Remuneration Committee and chairs the Membership Engagement Committee. She is a member of the trust's art and Environment group and is on a group that is reviewing the trust's constitution. She is one of five members of the Bereavement suite team, supported by the Kings Fund, to develop a centralised dedicated service within the hospital for the bereaved and their families, in a space which is well designed and sensitive to their needs.



Win Blackburn (second from top on the left) has a particular interest in medicine for the elderly. She has met with consultants and matrons to gain further



information on the service and feed back any observations. Paul Baines (bottom right) is also a member of the hospital's Remuneration Committee and has volunteered to participate in strategy reviews. He instigated governor involvement in a computerised patient experience tracker system, which is soon to be introduced.

The other City of York governors (Bob Towner, third from top on the left, Stephen Lewis, bottom left, Linda Hatton, top right, Stefan Ruff, second from top on the right, and James Porteous, third from top on right) have also been involved in a number of activities including attending various sub-committees of the Members' Council, helping with membership recruitment and supporting the trust's open day.

A full list of governors is on page 4.



Engaging our membership

THE TRUST has been involved in several projects aimed at involving our current membership and increasing the number of members. We are working in partnership with Tadcaster Grammar School to help encourage young people to take an interest in the hospital and share their views with us about how the hospital can improve. Several joint projects are proposed, including helping the students to prepare for employment, art and music in the hospital, and raising awareness of health issues. We hope that this will give us the foundation to work with other groups of young people within our community.

We have also continued to attend ward committee meetings to talk about how a foundation trust works and the benefits of becoming a member.

Wednesday 30 September 2009 will be the date of the next open day at York Hospital. Following the success of last year's event, we will be inviting the public to learn more about who we are and what we do. We hope to offer interactive display stands, 'behind the scenes' tours of selected hospital departments and a range of presentations about the work of the trust. The trust's Annual General Meeting will follow.

Dates for your diary...

23 March

YorkTalk presentation: cardiology
12:30-1:30
Postgraduate lecture theatre, York Hospital

6 May

Members' Council meeting
(time and venue tbc)

June

YorkTalk presentation: Care Quality Commission
Postgraduate lecture theatre, York Hospital
(date and time tbc)

1 July

Members' Council meeting
(time and venue tbc)

2 September

Members' Council meeting
(time and venue tbc)

30 September

Open day and AGM
York Hospital

[more dates in future editions...](#)

APPOINTED GOVERNORS	
NHS Yorkshire and York: 3 seats	
Mr Michael Sweet, non-executive director	
General Practitioner—tbc	
Gill Cashmore, chief officer, Selby AVS	
City of York Council : 3 seats	
Cllr Madeleine Kirk	
Cllr Sandy Fraser	
Cllr Sian Wiseman	
North Yorkshire County Council: 2 seats	
Cllr Elizabeth Casling	
Cllr Caroline Patmore	
University of York Medical School: 1 seat	
Professor Ian Greer	
Voluntary Sector: 1 seat	
Mr Mike Moran, Chairman, York CVS	
NOMINATED GOVERNORS	
Patient and Public Governors: 17 seats	
Patient/ Carer	Geoffrey Rennie
	Jane Farquharson
	Brian Thompson
	Jennifer Moreton
Public: City of York	James Porteous
	Linda Hatton
	Paul Baines
	Bob Towner
	Stephen Lewis
	Stefan Ruff
	Helen Mackman
	Winifred Blackburn
Public: Selby District Council	Nevil Parkinson
	Patrick McGowan
	Vacant
Public: Hambleton District Council	Pam Turpin
	Jane Dalton
Staff governors: 5 seats	
Staff: medical	Lee Bond, consultant haematologist
Staff: nursing	Anne Penny, bed manager
	Kate Harper, deputy chief nurse
Staff: non-clinical	Mandy McGale, head of patient flow
Staff: clinical professional	Martin Skelton, senior biomedical scientist

Health Secretary opens occupational health centre

The right honourable Secretary of State for Health Alan Johnson MP officially opened York Hospital's new Centre for Occupational Health and Wellbeing on 15 January 2009. The centre houses York Hospital's occupational health service and has been designated an innovation site by NHS Plus, a Department of Health funded project dedicated to increasing the provision and quality of health and wellbeing services, particularly to smaller businesses. The centre at York is the first of NHS Plus innovation sites to open, providing high quality occupational health services to NHS staff and non-NHS clients. The latter includes organisations in the public and private sector, including more than 90 smaller businesses. Designed to be a 'one-stop shop', York's Centre for Occupational Health and Wellbeing works with private sector providers to deliver physiotherapy and psychotherapy services on top of its own occupational health and counselling services to over 14,000 employees from local businesses in addition to NHS staff at the hospital. The new centre was selected specifically because of its proximity to potential small business clients and is raising awareness of the benefits, to both staff and employers, of health and

wellbeing services.

Andrew Gilbey, assistant director of occupational health for York Hospitals NHS Foundation Trust, said: "The benefits of promoting good health at work - to both employees and employers - are well recognised. By offering a one-stop shop of health and wellbeing support for smaller businesses and other employers, our centre can help both staff and employers." Dr Kit Harling, Director of NHS Plus, said: "At NHS Plus, we invest in good health at work and are pleased to have supported the development of this innovative centre at York. Good health at work is good for everyone and, in today's environment, providing greater access to health and wellbeing services for NHS staff and businesses in the community is even more important." The Centre for Occupational Health and Wellbeing at York Hospitals NHS Foundation Trust is one of 11 demonstration sites around England funded to deliver innovative improvements to NHS occupational health services and improve access to smaller businesses. The centre at York was made possible through £1.38m of NHS Plus and Department of Health funding, plus an investment of £190k from York Hospitals NHS Foundation Trust.

Hospital chairman awarded OBE

The trust's chairman Professor Alan Maynard received an OBE in the New Years Honours for services to the NHS.

Patrick Crowley, chief executive, said: "I have known Alan for 16 years and have yet to meet anyone with greater enthusiasm for "healthcare" and its development. As Chair of our Foundation Trust he can be challenging and occasionally controversial but those who know him recognise this is always well motivated and driven by the interests of the hospital and our community, the needs of our staff and above all else the benefits we can provide to all our patients. I have no doubt such an honour is long overdue and thoroughly deserved."

Professor Maynard has been chair of York Hospital since 1997, and a board member for 25 years.

Join us

It's easy to become a member of the trust:

- Contact the members' helpline 0870 7030151
- Email the membership office at york@nhs-membership.co.uk

Got a story for YorkTalk?

Contact the communications service manager, York Hospitals NHS Foundation Trust, York Hospital, Wigginton Road, York, YO31 8HE:

- Telephone: (01904) 721417
- E-mail: enquiries@york.nhs.uk