Implantable Bone Conduction Hearing Aids

Information and advice for candidates

ℹ For more information, please contact:

**Audiology Department**

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Our Values: Caring about what we do • Respecting and valuing each other

Caring with Pride: Our ultimate objective is to be trusted to deliver
Listening in order to improve • Always doing what we can to be helpful

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This leaflet is intended to explain a little about implantable bone conduction hearing aids and the steps involved in the assessment, fitting and aftercare.
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What is an Implantable Bone Conduction Hearing Aid?

Often referred to as a ‘Bone Anchored Hearing Aid’, a traditional implantable bone conduction hearing aid is similar to other hearing aids but instead of being inserted into the ear canal or held behind the ear, it is fixed to an implant in the skull.

It comes in three parts:

- A small titanium screw (1)
- An external abutment (2)
- A sound processor (3)

This can be trialled on a headband or softband prior to having one fitted.

If your inner ear hearing function is very good you may be suitable for a magnetic system which avoids having an abutment protruding through the skin. This can be discussed with your Audiologist.
Who is a candidate for an Implantable Bone Conduction Hearing Aid?

Suitability depends on your type of hearing loss and whether an ENT Consultant has recommended it as the best course of management.

Conductive or mixed hearing loss

Ideally they are suited to patients with a conductive or mixed hearing loss; including those with ear canal atresia (where the canal has not developed), chronic ear infections or very narrow canals. The aid allows the sound to bypass the ear canal and middle ear as it works by conducting the sound by vibration, through the bone of the skull, to the inner ear.

Single-sided Deafness (SSD)

This type of hearing loss can be due to several causes such as trauma, a tumour on the hearing nerve or some people are born with hearing just on one side. When the implantable bone conduction hearing aid is placed on the deaf side, it picks up the sound and transmits it through the bone of the skull to the inner ear on the hearing side. The good ear still hears sound through air conduction as it normally would, but now it also receives sound direct to the cochlear from the deaf side. This means that people with SSD, using an implantable bone conduction hearing aid, become more aware of the surrounding sound, including people talking to them when they are positioned on their deaf side.
Assessment appointment

Once you have been referred to be assessed for an implantable bone conduction hearing aid you will be sent an appointment that will take approximately 45 minutes.

You may be asked some questions about any problems you experience regarding your hearing and you may also have further hearing tests which help determine how much benefit you would get from an implantable bone conduction hearing aid.

There may also be a questionnaire to complete to help us evaluate the benefit you would be likely to get from an implantable bone conduction hearing aid.

Information will be given about:

- How the implantable bone conduction hearing aid works
- How it is fitted
- The surgery that is required
- Cleaning and maintenance techniques that will be needed
- The advantages/disadvantages of having an implantable bone conduction hearing aid
You will also be shown the types of aids which are available and given the opportunity to trial one for a short period on a headband in clinic and where possible take it home to trial for a week. This trial is important as it can give you an indication of what the aid would sound like once it is fitted. We will also give you a home trial log book to complete to record your experiences with the implantable bone conduction hearing aid.

If after the trial you feel you would be interested in proceeding with the operation then a further appointment is made to see the Consultant to discuss surgery in detail.

If you decide against it a report is sent to your GP and they may see you again to discuss other options.

Are there any risks from surgery?

Healing time following surgery is usually around seven days. The risks associated with surgery are low; however, the following may occur:

- Pain and irritation around the abutment (around 10 - 17 in 100 people)
- Infection and bleeding (around 11 in 100 people)
- Numbness (around 22 in 100 people)
- Skin overgrowth (less than 5 in 100 people)

(Johansson et al, 2014)
Following Surgery: Fitting of the aid

The abutment (see figure 1) will be secure enough to attach the hearing aid approximately four to six weeks after surgery in adults and approximately eight to ten weeks in children.

You will be sent an appointment which takes 45 minutes to have the aid fitted and adjusted to suit personal requirements. Use of the aid will be discussed and you will be shown how to work and maintain it as well as being given some written instructions.

A follow up appointment will be arranged for approximately two months for any fine tuning that is required. Following this you are able to contact the department regarding further appointments if you are having any problems or require further support.

Reference
Contacts for Implantable Bone Conduction Hearing Aid Queries

Christy Davidson
Senior Audiologist (Adults) 01904 726741

Stacey Gurnell
Senior Audiologist (Paediatrics) 01904 725454

Or email hearingaidrepairs@york.nhs.uk and leave a message for one of us to get back to you.

Useful Information

Cochlear
Manufacturer of Hearing Aids and Implants. www.cochlear.com/uk

Cochlear also produce an App for smart phones which is free to download from the App Store or Android Market. It was created to provide information and assistance to implantable bone conduction hearing aid recipients.

Oticon Medical
Manufacturer of Hearing Aids and Implants. www.oticonmedical.com

Action on Hearing Loss
www.actiononhearingloss.org.uk
Tell us what you think

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact the Audiology Department, The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726741 or email hearingaidrepairs@york.nhs.uk.

Teaching, Training and Research

Our Trust is committed to teaching, training and research to support the development of staff and improve health and healthcare in our community. Staff or students in training may attend consultations for this purpose. You can opt-out if you do not want trainees to attend. Staff may also ask you to be involved in our research.

Patient Advice and Liaison Service (PALS)

Patients, relatives and carers sometimes need to turn to someone for help, advice or support. Our PALS team is here for you.

PALS can be contacted on 01904 726262, or via email at pals@york.nhs.uk.

An answer phone is available out of hours.
Providing care together
in York, Scarborough, Bridlington, Whitby, Malton, Selby and Easingwold

Please telephone or email if you require this information in a different language or format

如果你要求本資訊是以不同的語言或版式提供，請致電或寫電郵

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Braille Audio e.g. CD
Large print Electronic

Owner Christy Davidson, Senior Audiologist
Date first issued November 2016
Review Date October 2018
Version 1 (issued November 2016)
Approved by Kate Iley, Head of Audiology
Document Reference PIL 933 v1

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