York Teaching Hospital NHS **NHS Foundation Trust**

Home Birth Support Drop in Sessions

An opportunity to:

- Meet local Community Midwives
- Gain information about York Maternity Services
- Meet other mums hoping to birth at home
- Discussion about planned Home Birth

Sessions are held: Strawberry Room at Hob Moor Children's Centre YO24 4PS

3pm - 4.30pm

First Friday in the month

Maternity Unit at Malton Hospital

Couples



welcome to attend, for further information please contact **your Midwife**