More than 250 people attended the Trust’s big night of the year, the Celebration of Achievement Awards, where the wonderful work of staff and volunteers was given special recognition.

The evening was hosted by Chief Executive Patrick Crowley at a glittering event held at York Racecourse on 17 July.

Patrick said: “The event is a highlight in the calendar. Not only for the occasion and sense of fun and celebration, but also because in rewarding the efforts of individuals it gives us the opportunity to reflect on our efforts, and to recognise the contributions everyone makes, every day in the NHS.

“The evening was filled with truly inspirational stories of patient care and innovation and gave everyone a small insight into the diversity of skills, expertise and contributions that people make every day in our Trust.”

The 2015 Awards Ceremony will take place in Scarborough on 16 July 2015. A nomination form is available on Staff Room via the Staff Benefits quick link button. All nominations received will be saved and put forward for judging next year.

If you require any further information, please contact a member of the Recognition Team on 7726491 or 7724096 or e-mail the team on recognition@york.nhs.uk.

Lucy Brown, Head of Communications: lucy.k.brown@york.nhs.uk

Rebecca Aspin, Communications Manager: rebecca.aspin@york.nhs.uk

Elaine Vinter, Media and Communications Officer: elaine.vinter@york.nhs.uk
**Cancer Care Centre’s new library service**

The Cancer Care Centre has launched a lending library to support patients and families who use the centre. Thanks to a local donation the team have been able to purchase a small stock of books and a bookshelf.

Jane Archer, Cancer Care Centre Manager, explained: “These books have been specially chosen as part of the ‘Mood Busting Books’ programme, a national promotion of uplifting titles, including novels, poetry and non-fiction.

“Many of the books are of an uplifting or humorous nature and we are pleased to be able to offer them to our visitors. For example some people may wish to read for a short time whilst their loved one undergoes lengthy chemotherapy. They also provide an uplifting read for in-patients during their stay with us too.

“Some titles have been specifically selected to help with patients’ wellbeing and are of a more practical nature. We hope staff will spread the word to patients and families that this is an additional service we offer in the Cancer Care Centre if they feel reading would help them through their cancer journey.”

The scheme runs in conjunction with Arts Council England, the Reading Agency and Macmillan Cancer Support. Further books will be purchased under the ‘Books on Prescription’ scheme currently being rolled out in local libraries, if it proves useful for visitors.

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**Linda connects spirituality with healthcare**

LINDA PEARSON, a Healthcare Assistant from Selby Hospital has recently spoken at a national conference about the importance of spirituality in reflective practice for people working in healthcare.

A former lecturer and trained nurse, Linda is passionate about sharing her ideas for discussion around the ways nurses can use creativity to help understand their own lives and tensions. She took a two year part time experiential course in Personal and Spiritual Development at St Bede’s Pastoral Centre in York and wanted to share the tools and processes she learned in creative reflection for professional and personal development.

Linda explained: “Nursing in the current NHS can be extremely challenging, and I think we need as many ways of building our resilience and our sense that we too matter. I talked through ideas I had experienced through the personal and spiritual development course – learning to slow down, using things like drawing and using the labyrinth, creative writing, drawing the shape of our lives. Each person will have preferences and discover the tools that work for them. The purpose is to ‘know thyself’ rather than bottle things up.

“Spirituality to me isn’t about something added on to care, or to do with people who are religious, or who are dying. Rather it is about life itself –and how much we feel we belong and are a part of life.”

Linda’s presentation, ‘The use of creative reflection on self – important for nursing practice and spiritual care?’ was delivered at the Third International Conference of the British Association for the Study of Spirituality.

Anyone wishing to view the presentation can contact linda.pearson@york.nhs.uk who will be happy to share her work.

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**How was your day today?**

Welcome back for those of you who have been away on holiday. What’s it like being back at work?

Our first ever Staff Friends and Family Test survey has revealed that 80 percent of staff (who responded) said they would recommend the Trust as a place to receive care or treatment and 75 percent would recommend the Trust as a place to work.

Worryingly, seven percent of respondents said they would not recommend the Trust as a place to receive care or treatment and 12 percent would not recommend it as a place to work.

Zinna Ritz, HR Manager, said: “We are about to launch the second survey and we hope that this time around, more staff will take the time to complete the survey – we were disappointed that the response rate was only 8 percent!

“It is important that as many staff as possible complete the survey so we can improve our services. Positive or negative we want to know what you think.

“We recognise that the number of responses may have been hindered by the requirement to enter your employee number, so this time around this is not required.”

Information gathered from this first survey has been fed back to directorates. The second Staff Friends and Family Test opens on 1 September for three weeks. The survey is available online at https://sas.capitasurveys.co.uk/YTHFFT/ via the homepage of Staff Room.

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**Staff Matters August 2014**

Cancer Care Centre’s new library service
Scarlborough Hospital makes national news as friends give birth, on the same day, again!

Mums at the double

Two mums who became friends after having their sons in Scarborough Hospital on the same day have given birth to daughters two years on – on the same day.

Scarborough Mums Michelle Noble and Claire Ottoway, were stunned when they found out they were both due to have a Caesarian on July 30.

Midwives made sure that the mums had beds next to each other – just like they did first time round when Michelle gave birth to Henry and Claire had Ben two and a half years ago.

Both mums have praised the care they received at Scarborough Hospital - including everyone who looked after them from the midwives to the anaesthetist.

Michelle said: “They made sure we could be next to each other and nothing was too much trouble. They were fantastic.”

Claire continued: “The midwives said they’d never heard of anything like this happening before and that it must be a one in a million chance. They even commented that the girls look alike.”

Karen Aston-Martin, Labour Ward Manager, at Scarborough Hospital, said: “This was certainly a first for us and it was really lovely to be part of their special time. It is great to have such a nice story and positive comments about our hospital and midwives in the national press.”

Story and photograph courtesy of the Scarborough News.

Kathy Underwood

WE ARE deeply saddened to report the news that Kathy Underwood passed away in July.

Kathy worked at Scarborough Hospital for 12 years, starting in the Radiology Department and then moving to the Postgraduate Centre, where she worked as an Administrator for the past seven years.

Kathy will be greatly missed by all who knew her and worked with her.

Volunteers award

CONGRATULATIONS to our cardiac rehabilitation volunteers who were recognised at this year’s annual York Cares ‘Golden Moments’ awards ceremony.

The event was attended by over 100 volunteers, community partners and key city stakeholders to celebrate volunteering. The Lord Mayor of York, Councillor Ian Gillies, presented their Golden Moments award recognising the significant contribution they make to patient care in York and Selby.

Melanie Liley, Directorate Manager for Therapy Services, said: “This team are valuable and passionate ambassadors for the role that cardiac rehabilitation plays in improving the quality of life and outcomes for our patients. Each volunteer is unique in the strengths they bring to our team and this award is a great acknowledgement of their selfless commitment and hard work.”

Two September events set to highlight new legislation

TWO conferences will be held in September to highlight the provisions of the Mental Capacity Act 2005. It is aimed at Senior Clinicians, Directorate Managers and deputies.

The events have been organised by the CCGs, NHS England and the Trust’s Safeguarding Adults Team.

‘Valuing every voice, respecting every right’ will be presented by Alexander Ruck Keene, a leading expert in the field of mental capacity. It provides an excellent opportunity for senior clinicians, GPs and directors to review the provisions of the Mental Capacity Act 2005 and their professional and clinical leadership responsibilities.

The first event will be on Tuesday 30 September at the Royal York Hotel. Both events start at 4.30pm until 7.30pm followed by a buffet supper.

Please contact the Safeguarding Adults Team as soon as possible to reserve a place on ext 7724526 or 7726296.
Carers emergency card

If you meet someone who is carrying a Carers Emergency Card then they are an unpaid carer and someone depends on them for help.

Carers carry the card with them at all times. If the carer has an emergency and you find the card please ring the emergency number so that staff at ‘Be Independent’ (formerly Warden Call Service) can look up the carer’s emergency contact details and make sure the person they care for is properly supported. ‘Be Independent’ provides the 24 hour, seven days a week emergency response service.

An emergency is a sudden, unplanned and temporary situation where the carer is not able to provide the care they usually provide, and the carer is prevented from making temporary arrangements themselves.

For example, if a carer is suddenly taken ill and is brought into hospital without being able to make arrangements then this would count as an emergency.

For more information contact York Carers Centre on 01904 715490, email card@yorkcarerscentre.co.uk or visit www.yorkcarerscentre.co.uk

York Carers Centre offers a range of support and activities for unpaid carers of all ages who live, or care for someone who lives, in York. Carers can get free confidential advice and information on a range of issues including benefits, employment, training, and carers’ rights. Support can be given over the phone, at home or at the Centre.

York Hospital’s Got Talent – touring exhibition

THROUOGHOUT May and June, the Arts in York Hospital asked staff of York Hospital Trust, ‘Have you got a talent or hobby that you’re proud of?’ as part of their ‘Your Hospital’s got Talent’ project.

The entries submitted have been outstanding, showing the great and diverse range of talents and hobbies that our staff enjoy outside of work.

An exhibition of these talents is currently on display in York Hospital, along the Junction 7 corridor (access from main corridor). This exhibition will move to Scarborough Hospital on Tuesday 2 September.

Kat Hetherington, Art and Design Development Manager, said: “We hope you get a chance to go along and have a look, you might be surprised to see a colleague or friend with an amazing talent you never knew they had. It was overwhelming to see such a diverse range of interesting talents and we would like to say thank you for taking the time to be a part of it, and for your support, we hope you enjoy seeing and reading about your colleagues talents as much as we have.”

The exhibition features knitters, photographers, cake makers, artists and includes a rug maker, dancer, wedding planner and a variety of sports and leisure enthusiasts.

To see the entries online, please visit: www.yorkhospitals.nhs.uk/talententries

If you missed out on submitting your talent this year, but would like to next year, please email your contact details to Jess Sharp, Art and Design Project Coordinator. Jessica.sharp@york.nhs.uk

Sanjay Gupta, Jess Sharp, Sue Benson and Radovan Bolcar are featured in the exhibition

Investment for York Hospital cycle store

AS PART of the Trust’s sustainable travel strategy a popular cycle storage area at York Hospital has recently been refurbished.

The central cycle store next to the Cancer Care Centre has seen the cycle store and canopy extended to increase the number of cycles that can be parked in the area. It also provides cover over all of the cycle parking.

Jen Bennison, Assistant Capital Planning Manager, explained: “These improvements are part of a larger project to improve the cycle storage facilities at York Hospital in response to an audit of the current facilities. “Funding received from York City Council has enabled these improvements and, when further funds allow, additional improvements to cycle storage will be made across the site.”
Good News from the Library

Staff are being given access to a further 1000 full text journals following an upgrade to the regional subscription to MEDLINE by the library. MEDLINE Complete will give Trust staff full text coverage for many key journals such as the British Journal of Surgery, Drug and Therapeutics Bulletin, and Journal of Hospital Medicine.

Jocelyn Matthews, Senior Librarian, said: “We are pleased to see that people are benefiting daily from the extra journals now available to us. Our users are also now getting many more full text links when they ask us for a literature search.”

The database Uptodate has also recently introduced some new enhancements to the search and user interface. It is available on the Staffroom home page on any Trust PC or from home with an OpenAthens account.

Jocelyn added: “UpToDate is an authoritative and respected source of clinical evidence and statistics show that it is being used more and more within the Trust. The new interface makes it easier to see and select the different aspects of and references to your topic. Searching has never been easier!”

If you would like more information on UpToDate, a demonstration or training in how to make best use of this resource then please contact Margaret Scarce (772 6718) or Jan Godwin (771 6242).

New training equipment for York Community

COMMUNITY staff in York are set to benefit from new equipment which will create wider opportunities for education, training and development in the community.

It follows a successful funding bid by the Trust’s Clinical Development Team Leader Marion Khan. Marion approached the Yorkshire and Humber Clinical Skills Network, which shares good practice and expertise throughout the region, for help in purchasing the equipment which will support the delivery of locality training for community colleagues.

Marion said: “We’re delighted with the funding and have been able to buy two laptop computers, two projectors and two table-top screens. It means that it will be much easier for community staff to develop their clinical skills and knowledge via e-learning, CD facilitated teaching sessions, independent study and networked programmes.”

The equipment was presented to Annette Wilkes, Community Services Manager, on behalf of the Community Professional Nursing Forum.

Student Nurse to have essay published

An inspiring essay by 21 year old Student Nurse Sophie Ratcliffe has attracted the attention of Nursing Standard and is due to be published in an upcoming issue.

In it Sophie writes about her personal philosophy of nursing and how she plans to uphold it throughout her nursing career.

Sophie is currently in her last year of a nursing degree and is due to qualify as a nurse in October. Nursing Standard noticed her for the quality of her written work while studying at the University of York. The journal is also looking at publishing her dissertation which is a service improvement project exploring improving the accuracy of fluid balances charts by getting patients involved in the task.

Sophie said: “I have really enjoyed studying at the University of York and have had some really good nursing placements. I’ve always felt supported by having lovely supportive mentors which I believe is so important when you’re a student nurse.”

Sophie’s placements at the Trust have included Johnson Ward at Bridlington Hospital, Whitby Hospital with the District Nursing Team, Cherry ward, Holly ward, Maple ward and she is currently on her last placement on the Intensive Care Unit at Scarborough Hospital.

Sophie continued: “I have really loved and enjoyed being a part of the ICU team for three months. When I qualify I am hoping to get a job within the Trust and eventually I would love to be a Tissue Viability Nurse as this is something that I have always enjoyed since I started my training as a nurse.”

Sophie’s essay reflects on her nursing education and the ideals she has set for herself by valuing the need for patient empowerment and individualised-patient care. She concludes: “I hope that the values I currently hold will never diminish and in fact will develop and strengthen through reflecting before, in and on my practice.”
Celebration of Achievement Awards 2014

Congratulations to all our finalists and nominees who received well deserved recognition for their outstanding achievements and their contribution to the Trust.

Living our Values - Presented by Sue Holden, Director of Corporate Development and sponsored by Grant Thornton UK LLP

Winner – Cathy Booth, Advanced Nurse Practitioner within the Orthopaedic Clinic at York Hospital. Described as bright and enthusiastic, kind and efficient, Cathy was nominated for her excellent service to patients in the arthroplasty follow-up clinic and nurse led fracture clinic. She is praised for working at a level well above that expected of her grade to ensure trauma patients are correctly diagnosed and treated.

Runners up –
- Gemma Cuss, Directorate Manager for Head and Neck and Ophthalmology
- Arthur Brown, Image Support Worker at York Hospital

Unsung Hero - Presented by Brian Golding, Director of Facilities and Estates and sponsored by Saville Audio Visual

Winner - Matthew Marks, Staff Nurse in ITU at Scarborough Hospital. Nominated by a patient’s partner for his care and compassion nursing a patient through the last few hours of his life following a road accident. Matthew was praised for going the extra mile in making sure his patient was comfortable until the very end and given the utmost dignity and respect, and his kindness to the family at a difficult and life changing time.

Runners up –
- Julia Houlden, Ward Housekeeper on the Ann Wright Ward at Scarborough Hospital
- Angela Bowling, Breast Imaging Unit Assistant at York Hospital

Good Citizenship - Presented by Dianne Willcocks, Non Executive Director and sponsored by G H Smith & Son

Winner - Alex Bagnell, Staff Nurse on Abbey Ward at Whitby Hospital. Whilst off duty with her family on Whitby beach, Alex saw someone in difficulty in the sea. Along with another member of the public Alex went into the sea and brought a lady to shore who was blue and not breathing. Alex’s prompt action in giving CPR saved the lady’s life and she showed great courage in using her professional skills in an unfamiliar and stressful environment to assist a member of the public in an emergency situation.

Runners up –
- Paul and Matthew Chappell, Systems and Networks, York Hospital
- Tracy Murray, Support Worker Radiology, York Hospital

Volunteer of the Year - Presented by Dianne Willcocks, Non Executive Director and sponsored by the Royal York Hotel

Winner - Diana Thomson, volunteer dining companion, Ward 37, York Hospital. Diana was nominated for her work in assisting patients with dementia at mealtimes. She is praised for assisting patients without disempowering them and helping mealtimes become a pleasant and inclusive experience. Diana understands the patients needs and never rushes them, giving them time to enjoy their meal whilst engaging with them throughout and always treats patients with great dignity and respect.

Runners up
- Robert De La Warr, volunteer Clinic Liaison Officer in the Head and Neck Outpatients Department at York Hospital
- Henry Brogan, volunteer within the cardiac therapies rehabilitation team at York Hospital
Enhancing Systems and Services - Presented by Gordon Cooney, Programme Director, Service Development and Improvement and sponsored by Let’s Connect

Winner - Ina James, Team Leader, Stroke Physiotherapy, York Hospital.

Ina has developed and implemented a new support discharge service for stroke patients. This service provides an enhanced service for patients, helping them towards earlier discharge from the hospital stroke rehabilitation unit to a rehabilitation service delivered in the patients’ own home. Ina’s belief in the project inspired those around her and, by filling a significant gap in the Stroke Service pathway for Stroke Patients in York, has considerably improved patient experience.

Efficiency Award - Presented by Andrew Bertram, Finance Director and sponsored by Ernst & Young

Winner - Selby Community Midwives.

The Selby Community Midwives have changed the way in which post natal women and their babies are seen following discharge from hospital. New clinics have been set up which allow clients to come to the midwife rather than be seen at home giving the midwife more time with each client. It has also cut midwives’ travelling costs and time. The team were praised for embracing the clinics, helping to identify and solve problems and ensure that they are sustainable and easy to access.

Runners up – Joanne Storey, Tissue Viability Assistant Equipment, York Hospital Sue Kelly, Sister, and the team from York outpatient department

Excellence in Patient Experience - Presented by Mike Proctor, Deputy Chief Executive and sponsored by Wellbeing People

Winners - Nicola Cowley, Steve Wasawo, Lynn Ellis, Graham Hatfield and Janet Mason

This multi-disciplinary team worked to accommodate a young patient with severe learning disabilities and a profound fear of hospitals, doctors and nurses. Together they developed a plan that ensured that the patient was operated on, his phobias were taken into consideration, his dental problems addresses and his ongoing pain was resolved. The team were praised for their patience and family centred approach.

Runners up
Freya Oliver, Matron, Maternity department, Scarborough Hospital
Staff from Ann Wright Ward, Scarborough Hospital

Patient Safety Award - Presented by Alastair Turnbull, Clinical Director and sponsored by GAMMA Healthcare

Winner - Ed Smith, Consultant in the Emergency Department, Scarborough Hospital.

Ed has led the way for the organisation in the care of patients with sepsis. He has introduced an evidence care bundle which screens patients for sepsis and provides guidance for introducing a protocolised approach to managing severe sepsis and therefore reducing deterioration. Ed provides clinical leadership for sepsis and has trained all medical and nursing as well as paramedic colleagues in the identification and management of sepsis.

Runners up –
Monika Fitz, CT2 doctor working in Renal Medicine and now working in Cardiology at York Hospital.
Liz Ross is the Head of Midwifery and the CNST team.
Celebrating Achievement

The Patients Award - Presented by Sue Rushbrook, Director of Systems and Network Services and sponsored by Stoneacre Ford

Winner - Vicky Pursey, Specialist Rehabilitation Physiotherapist at York Hospital.

Vicky was nominated by patient Christine Williams, who had to have her legs amputated in January 2013. From the start Vicky helped Christine accept her situation and adapt to a different way of life and provided incredible support to her family. With Vicky’s encouragement, Christine now has prosthetic legs and is able to walk most of the time without aids. Vicky is praised for helping Christine put her life back together and has given her and her family hope for the future.

Runners up – Coronary Care Unit Team, York Hospital
Mr Dibyendu Bandyopdhyay, General Surgeon, York Hospital

Governor’s Award - Presented by Terry Atherton, Governor

Jacqui Mortimer, Midwife, Scarborough and Whitby.
A midwife for many years, Jacqui has touched many lives in her career. In 2010 Jacqui became Infant Feeding Coordinator making huge steps in breastfeeding within the Trust. Scarborough Hospital has achieved stage 2 accreditation of the UNICEF baby friendly initiative due to the hard work, passion and determination of Jacqui. From the everyday support which can change the life of a mother and child, to the UNICEF accreditation for an entire hospital, Jacqui is the glue that holds everything together.

Runners up –
Gillian Hedley, Staff Nurse, maternity unit at Malton Hospital.
Palliative Care Audit Team - Community Nurse Karen Boyes, Community Nurse Barbara Jameson and Admin Support Susan Clark.

The Nursing Leadership Award went to Sue Boulton, Sister, Ann Wright Ward at Scarborough Hospital.

The Chairman’s Award was presented to Neil Wilson, Assistant Director of Planning and Strategy, York Hospital.

The Chief Executive Awards were presented to Consultant Jonny Thow, HYMS and Diabetes, York Hospital and to the Bridlington Orthopaedic Service Team.

The Lifetime Achiever Award went to Sheila Wilson, Head of Corporate Finance, York Hospital.
Event promotes benefits of breastfeeding

Midwives, Health Visitors and peers supporters from across the Trust were out and about earlier this month to raise awareness of breastfeeding in public as part of a national awareness week.

Events included a ‘Big Latch On’ in Scarborough, an awareness raising stand in Mothercare at Clifton Moor in York, a picnic by Treasure Chest in the Museum Gardens York and the announcement that a new ‘Nurture’ breastfeeding support group will commence in Tang Hall, York in September.

Lynn Fitzharris, Breastfeeding lead for the City of York Health Visiting Team, explained: “Here in York we are continuing to promote breastfeeding through the Nurture Breastfeeding Support groups, which offer continued support to mums with breastfeeding problems.

“We were delighted to use the awareness week to announce that we will be setting up a new Nurture group at the Avenues Children’s Centre in Tang Hall, York starting on 2 September.”

Race for Life Runners support breastfeeding

CONGRATULATIONS to Midwife Jacqui Mortimer and the Breastfriends Peer supporters who recently ran the Race for Life to raise awareness of the part that breastfeeding plays in breast cancer prevention.

Copyright data collection – your help is needed

THE TRUST has been selected by the Copyright Licensing Agency Ltd (CLA) to be the subject of a data gathering exercise of copyright copying. The exercise is being carried out as part of the Licence Agreement between the NHS and the CLA between 11 August and 19 September.

The purpose is to identify what is being copied (from print publications or digital sources i.e. subscriptions) and in what volume so that the licence fee may be shared appropriately between authors, visual creators and publishers of CLA licensed materials. It is not an audit to assess whether employees are infringing copyright law.

There are three exercises being carried out in the next few weeks - a data collection of photocopying, scanning and copying from digital sources, and a very small number of Trust staff will be asked to answer a simple questionnaire.

The photocopying will apply to all staff and all photocopying machines. Each time you photocopy from copyright works (books, journals, periodicals or magazines), you should:

- Make an extra, single copy of the ‘identifier’ page(s) (ISBN or title page of book or front cover and the first page of article in journal)
- Attach a data sticker to the ‘identifier’ page(s) - these will be located in pouches in a yellow CLA data collection box adjacent to the photocopiers.
- Record on the sticker the number of pages copied per item, and number of copies of each page
- Place the completed record in the survey data collection box.

Scanning and copying from digital sources will only affect a small number of nominated individual representatives from the different services and directorates.

Staff being asked to participate in this exercise will be asked to keep a personal log of their copying or digital reuse and will be contacted individually.

Please contact Fiona Jamieson on ext 7725045 for further information.

A printable Q&A sheet can be downloaded from Staff Room.

Applying for Fellowships – free events

The National Institute for Health Researchers (NIHR) is holding two free events for researchers, clinicians and allied health professionals interested in research fellowships.

The events are aimed at staff who want to know more about how to apply to NIHR or MRC fellowships, or how to make the transition from allied health professions into clinical academic research.

Damon Foster, Research and Development Manager, explained: “The workshops will give an understanding of what opportunities a fellowship can offer and show you how to develop a competitive application.

You can also get to meet existing fellows and hear the experiences as well as learning tips for what fellowship panels are looking for in applications.”

The first event, the Clinical Academic Training fellowship for Allied Health Professionals (AHPs) will be held in Sheffield on 18 September 2014.

The second event will be held in York on 24 April 2015. For more information or to book a place see the news story on Staff Room.
Congratulations to Sarah Crossland, Ward Clerk on Kent Ward at Bridlington Hospital on receiving May’s Star Award for her hard work, support and input into the transfer of orthopaedic services from Scarborough to Bridlington Hospital.

Sarah was praised for being ‘always first to arrive on the ward often before her shift officially begins. She greets the patients and their relatives with a welcoming smile putting them at ease, answering any questions, preparing a drink and recognising that the relatives are often more nervous than the patient.’

Runners up were Advanced Nurse Practitioner in Trauma and Orthopaedics Cathy Booth and Kirsty Whetstone a HCA on Ward 23.

Join us at Staff Benefits and Wellbeing Days

THE STAFF Benefits and Wellbeing Team are hoping to make staff more aware of the health and wellbeing benefits, discounted offers and salary sacrifice schemes available through the Trust with two interactive Staff Benefits and Wellbeing Fairs to be held at York and Scarborough Hospitals.

The events will take place on Friday 19 September outside the main entrance at Scarborough Hospital and Wednesday 15 October in the newly designed restaurant in York Hospital. Both will feature lots of interactive stalls where staff can find out more about the benefits available.

Every staff member who attends will be handed a goody bag with a free bottle of water, a pen, and a free entry in to a prize draw to win fabulous prizes donated by local companies.

Stalls on the day include:

- Products from the Home Technology Scheme
- Financial Awareness - will writing, moving home and family law
- Health Cash plans - Simply Health and BHSF
- Massage and therapies
- Childcare voucher scheme
- Local car dealerships
- Health Clubs and local fitness programmes
- Cyclescheme and what’s available through your local cycle shops
- Free Online Wellness Zone website and App
- Occupational health and wellbeing services
- Posture checks and spinal health information
- Representatives from local retailers and discounts
- Plus many more…

We look forward to meeting you, so please come along and find out about the benefits we provide!

How much is your Total Reward Package worth?

HAVE you ever wondered what the total value of your reward and staff benefits package as a Trust employee is worth? From the end of August you will be able to access your personalised Total Reward Statement (TRS) and find out. It outlines the full value of all the benefits that you receive as an employee, including your salary, pension and savings made through voluntary benefits, such as the buying and selling annual leave scheme.

Look out for the leaflet attached to your August payslip which will provide you with information on how to access your statement via Government Gateway.

In the meantime, further information about Total Reward Statements can also be found at http://www.nhsbsa.nhs.uk/TRS.aspx or in our TRS Frequently Asked Questions fact sheet on the Staff Benefits pages via the pink Quick Link button on Staff Room.

You can also contact the HR Corporate Team on 01904 725833 for further information.
STAFF BENEFITS AND WELLBEING

Learning Hub goes live

Learning Hub, the Trust’s new online learning management system, was launched on 18 August giving staff access to their own training profiles and records with a direct link on Staff Room. These include statutory and mandatory training and, for some staff, IT training.

All statutory and mandatory eLearning and classroom courses can be booked and completed via Learning Hub. This means that there is no longer any need for people to access the National Learning Management System for these courses.

Anne Devaney, Deputy Director of Applied Learning and Research, explained: “Everyone will have their own tailored job profile with a personal list of required training. Clicking on the ‘My Required Learning’ button on the front screen of Learning Hub will automatically let you know when your training is due and give you time to complete it before it becomes overdue. This will be recorded on the system so reports can be generated for managers to review.

“All managers and link advisors (who promote statutory and mandatory training) will have an area set up on the system which will allow them to view their team’s statutory and mandatory compliance, training histories and future bookings. It will also give managers the ability to book their staff onto training courses. If you are a manager and have not yet heard from CLaD please be patient - there are a lot of managers out there!”

Some staff may find that new learning modules may show up in their profile due to national changes. All staff will have a six month catch up period from 18 August to mid February 2015 to bring their training up to date. Improvements have been made to simplify statutory and mandatory training with a minimum Trust requirement of training every three years. Staff are encouraged to access courses more regularly for topics such as fire and basic life support and more frequent training opportunities will be made available to staff in high risk areas.

There is also a new option for staff to self-declare their competence in some subjects which will update records for a further three years providing they pass a knowledge assessment. In addition staff who have specialist knowledge within an area can self-declare their competence with their line manager’s approval, for example an Infection Prevention and Control Nurse could self-declare their competence in Infection Prevention and Control but not Basic Life Support.

Awareness sessions

- Postgraduate Lecture Theatre, 2nd Floor Admin Block, York Hospital
  - Monday 18 August 10am - 11pm
  - Monday 18 August 11.30am – 12.30pm
  - Tuesday 19 August 1pm-2pm
  - Friday 5 September 9am - 10am
  - Friday 12 September 10.30am – 11.30am
  - Wednesday 17 September 10am - 11pm

- Lecture Theatre, Postgraduate Medical Centre, Scarborough Hospital
  - Tuesday 19 August, 10.30am to 11.30am
  - Thursday 21 August, 10.30am to 11.30am
  - Tuesday 26 August, 10.30am to 11.30am
  - Thursday 28 August, 1.30pm to 2.30pm

Facilitated sessions

- Facilitated sessions where staff can undertake their statutory and mandatory eLearning are also available, places are limited so please book in advance:

  - Rosedale Training Room, Groves Chapel, York Hospital
    - Friday 22 August 9-11am
    - Friday 29 August 9-11am
    - Friday 5 September 9-11am
    - Friday 12 September 9-11am

  - S29, Postgraduate Medical Centre, Scarborough Hospital
    - Friday 29 August 10am-12noon

- Library Computer Room, Postgraduate Medical Centre, Scarborough Hospital
  - Tuesday 2 September 1pm-3pm

Open Day to take place in Scarborough

THS year’s Open Day takes place at Scarborough Hospital on 18 September where public, patients and staff will be able to learn more about their local hospital and services. The event starts at 2.30pm and everyone is welcome to meet staff and to see how the hospital works.

Patrick Crowley, Chief Executive, said: “Open Days are a fantastic way for the public to learn more about their local hospital and the Trust as a whole. It’s important for people to attend to meet staff in order to gain a deeper understanding of the role they play in delivering outstanding healthcare”.

The Open Day includes tours to go behind the scenes of Maple Ward, Facilities and Sterile Services as well as the opportunity to speak to professionals about careers in the NHS and to find out more about volunteering opportunities. The traditional ‘More Tea Vicar’ drop-in session will be taking place at the Chapel, and visitors will receive a free goody bag with the chance to win an iPad.

People can find out more about the work of infection prevention, pharmacy, Macmillan services, Arts in Hospital, Yorkshire Ambulance Service, child health, laboratories, and recruitment at a variety of information stands. A new feature of Open Day will give people the opportunity to ask Trust Directors a question. A private area will be available where staff and members of the public will be able to ask questions or discuss any concerns.

The Trust’s Annual General Meeting takes place at 5pm and is open to all.

For more information visit Staff Room or go to www.york.nhs.uk/openday

Continued…
Fundraising

More information
The Fundraising Manager is currently on maternity leave. For more information or to support an appeal please contact Claire Smith or Maya Richardson, Community Fundraisers on 772 1737 or 771 6210.

Clothes swap in time for new season

Need a new Autumn wardrobe? Look no further, come along to our Clothes Swap event on Thursday 11 Sept at Scarborough RUFC.

The idea of a clothes swap is to bring clothes you no longer use and exchange them for new to you clothes that you will use. We ask each person to bring a minimum of five items and they can be exchanged for five further items.

What you need to do:
- Entry is £3 per person- tickets can be bought by calling 01723 236210 or emailing charity.fundraising@york.nhs.uk
- Bring a minimum of five items of clothing with you in good condition. No swimwear, underwear, socks, tights or nightwear.
- Place your items on a hanger and hang on appropriate rack.
- Browse the clothing items available
- Collect five new items to you. More can be purchased for £1
- Please bring clothes to be displayed between 6:30pm and 7:30pm, browsing will be from 7:30pm to 7:50pm and then clothes can be selected from 7:50pm.

More than five items can be brought and exchanged, you will be given a ticket on arrival noted with the number of items you have bought and what you can take away with you. When you exceed the number of items you brought you will be asked to pay £1 per item.

Any clothes remaining at the end of the evening will be donated to the Hospital League of Friends Shop on Hanover Road.

Upcoming events

Wednesday 20 August - Cake stall in the north entrance of Scarborough Hospital run by the Haworth Unit from 10am to 1pm.

Saturday 30 August - Duchfest, 11am till late at The Duchess Pub, Scarborough. Live music, BBQ, bouncy castle, face-painting, games and more.

Sunday 31 August - Cricket T20 competition and family day at Scalby Cricket field with BBQ, Asian cuisine, stalls, games and cheerleaders from 12 noon.

Saturday 6 Sept - 80’s Disco Night at York Hospital Social Club. Tickets £5 in advance available from the Fundraising Office at York Hospital.

Sunday 7 Sept - Afternoon cream tea and miniature train rides at Staintondale, Scarborough. From 2pm to 5pm.

Staff Christmas Party date

GATHER your work colleagues and take away the stress of organising the staff Christmas night out by booking your place at the hospital party.

It takes place on Friday 5 Dec at the Royal Hotel, Scarborough from 7pm.

Tickets are £26 per person and include a festive three course dinner and live entertainment.

Book your place today for just a £10 deposit.

All profits go to the Snowdrop Appeal.

Appeal update

Drum roll …

the appeal is now up to a fantastic £96,000!

Thanks to all our supporters for their generosity so far.

Space management survey

OVER the coming weeks members of the Estates and Finance team will undertake a survey of all of the Trust’s sites in order to build up a full picture of occupancy arrangements. This will give us accurate and up-to-date information on how our buildings and sites are being occupied, used and managed.

All areas, both clinical and non-clinical, will be surveyed. We will endeavour to inform Directorates and Departments of the planned visits beforehand.

When your department is visited co-operation would be greatly appreciated. The visits will not be intrusive or take up much of your time.

If you have any enquiries please contact Tony Burns, Building Services Manager (Special Projects) at tony.burns@york.nhs.uk or call 772 1856.