After two months on site the security team at Scarborough Hospital is making a positive impact on day-to-day hospital life for both staff and patients.

The team provide a 24/7 presence, helping to ensure the safety of staff, patients and visitors, as well as protect the hospital from vandalism, nuisance and disruptive behaviour or theft.

As well as daily site patrols around the hospital and grounds at Scarborough and Bridlington, the team are providing support to staff at peripheral sites. They assist in supporting the safeguarding team in the implementation of care plans and providing support to the wards and departments in the management of some disruptive and aggressive patients.

Colin Weatherill, Health and Safety Manager at Scarborough Hospital, explained: “The safety of our staff, patients and visitors, as well as our buildings and the important equipment that is housed in them, is taken incredibly seriously by the Trust. The welcome addition of the security team is providing assurance to staff, patients and visitors that they are in a safe environment.

“Over the past two months there have been many positive comments from staff with regards to the security team and the assistance they have given.”

The security team can be contacted via the security control room on ext 7721241.
CREATING a state-of-the-art security control room at York has enabled the Trust to extend its security cover to the Scarborough site.

There are currently 130 cameras recording images from the York Hospital main site and satellite units around the city. The control room staff monitor up to 32 cameras across the estate at any one time, operating 24 hours a day 365 days a year, and currently providing a focal point for all security telephone and radio communications.

A full review of CCTV coverage for the Scarborough and Bridlington sites is underway.

The team is looking to stream CCTV images from there back to the control room at York to support the ground security team.

Arthur Tomkins, Head of Security and Car Parking said: “There is a lot more going on behind the scenes than people would imagine. We have static cameras trained on high activity areas such as A&E, and vulnerable security areas like the car parks. Staff safety issues, traffic flow and general activity in the corridors are also monitored and recorded. “We’ve been really pleased with all the positive feedback about the difference the security team have made in Scarborough.”

New Surgical HOB for Scarborough

A NEW High Observation Bay (HOB) otherwise known as a Surgical Level One Facility has opened on Maple Ward at Scarborough Hospital.

This dedicated six-bedded unit will serve as an intermediary observation area for surgical patients, accommodating patients who require more frequent observations and clinical interventions.

Patients may include those undergoing major general surgery, as well as those patients who may need closer observation and those ‘stepping down’ from a higher level of care.

David Thorpe, Matron for Critical Care, explained: “This is a very exciting venture for the hospital. We have invested both in nurses and equipment to improve the care of our patients, with the opening of a high observation bay and surgical level one facility. “A high observation bay has a higher nursing ratio than on a normal ward. It will benefit patients who require a higher intensity of care than can be provided on a general ward but do not require high dependency or intensive care support.”

“We would like to thank the Critical Care Network for their support, advice and capital investment.”

Second Care homes education session takes place

FOLLOWING on from a successful event held last year, another education session for care homes has taken place.

Over 50 people attended the event held at the Downe Arms in Scarborough.

Attendees included staff from nursing and residential homes, representatives from Scarborough CCG, Social Services, Skills for Care, and the SHA.

Nursing staff, including Matrons and Specialist Nurses, undertook a series of talks and presentations on a variety of topics. Signs and symptoms for the deteriorating patient were highlighted, as well as minor injuries, patient safety, information sharing, dementia care, diabetes, urology, respiratory conditions and heart failure.

Peter Bowker explained: “There was excellent feedback from attendees in this second of a series of planned sessions which aimed to improve communication and education sharing between the hospital and local care homes.”
Pledge to make a change on the 13th

A new national event for NHS staff, NHS Change Day, is being launched on 13 March with the aim of becoming the single largest improvement event in the NHS to date.

To mark the event the Trust’s director team have made a joint commitment to make a pledge each month for the next year. Mike Proctor, Deputy Chief Executive, has made the first pledge. He will visit clinical and non-clinical areas to understand better how staff are managing to provide care to our patients and service users. This will be done every day over a two week period starting on 25 February. Staff Matters will report back on Mike’s experiences next month, and each of the directors will feature their pledges and experiences over the next 12 months.

The Trust’s Improvement Team will also be manning stalls on both the York and Scarborough sites on the day, providing staff with the opportunity to make a pledge on the Trust’s ‘Change Day Pledge Wall’.

Anyone unable to visit one of the stands on the day can sign up on the NHS Change Day website. People can get together and make a pledge with friends and colleagues if they prefer, or even the whole department.

The event is designed to bring together the collective energy, creativity and ideas of thousands of NHS staff, in all areas of work and right across the country, can demonstrate how one simple action or new idea can make a difference and improve care for patients, their families and their carers.

Gordon Cooney, Programme Director for Service Development and Improvement for the Trust, said: “The NHS is a massive organisation - 1.7 million staff delivering care to a population of 62 million people within a budget of £116 billion. “Changing the way things are done in a system this large and complex can be a challenging and often slow process – however, we know that small changes can make a big difference to service delivery.

“NHS Change Day is our opportunity as individuals, to change something that we do ourselves that will improve the service we provide to patients and colleagues.

“York Trust is an organisation committed to continual improvement in the way that we do things and invests heavily in improving care for patients. We support NHS Change Day and encourage all of our staff to make their own pledge.”

Watch out for further details in the coming weeks from The Improvement Team.

For further information and to make your Pledges directly you can also visit www.changemodel.nhs.uk/changeday or Follow @NHSChangeDay

Matters March 2013

Scarborough cardiologist retires

DR ROBERT CLARK, Cardiologist at Scarborough Hospital, has retired after 27 years at the hospital. Dr Clark was responsible for a number of “firsts” during his time at Scarborough.

He was the first person to do an echocardiogram and pacemaker implant in cardiology at the hospital. He has also been chair of the ‘Heart to Heart’ group since 1986.

Jan Tebb, Dr Clark’s Secretary, said: “His love for his vocation has been infectious and he has instilled his love of cardiology in all who work with him. “He is renowned for his calming influence in times of emergencies, and is always able to put patients at ease as well as mobilising staff quickly and efficiently. “The cardiology service we have here at Scarborough today is Dr. Clark’s legacy and we hope we can continue to build on his reputation.”

Friends and Family Test

THE national Friends and Family Test will come into effect from 1 April 2013.

All adult inpatients and those attending emergency departments (with a few exceptions) will be given the opportunity to answer a simple question: “How likely are you to recommend our ward/A&E department to friends and family if they needed similar care or treatment?”

We are preparing for the introduction of the test, and in order to test how the survey will work in practice we are introducing it in a small number of areas ahead of the implementation date. The wards where we will trial the test are Holly and Graham wards in Scarborough Hospital, and wards 23 and 33 in York Hospital, along with both emergency departments.

The Friends and Family Test is an opportunity to help understand and improve the patient experience, and complements what we already do in relation to finding out, and acting upon, what our patients think about us.

Results will be published monthly and will be made available to the public down to ward level. We will use the findings to help improve areas where patients report issues.

For further information contact Wendy Brown, Lead Nurse for Patient Experience.
Charity update

Free Star Ball
Tickets to be won

York Teaching Hospital Charity is giving all staff the chance to win one of five pairs of tickets worth £110 for the Star Ball on Saturday 15 June at the National Railway Museum.

Raffle tickets are just £2 each and are available from the Fundraising Office at York Hospital, General Office at Scarborough Hospital and receptions at other York Trust Hospitals.

The five winners will be drawn at random on Thursday 2 May 2013. The winners will be contacted directly and announced on our facebook and twitter pages.

For more information on the Star Ball please see our facebook page or call Maya Richardson on 01723 236210 or email maya.richardson@york.nhs.uk.

The York Rotary Dragon Boat Challenge

If you are looking for a new challenge this year then here is the ideal challenge for you! The charity is looking for daredevils to take part in York’s annual Dragon Boat Challenge.

York Rotary Club will hold its annual Dragon Boat Challenge on the Ouse on Sunday 14 July 2013, starting at 10am.

The challenge will take place over a 250 metre stretch of the River Ouse between Scarborough and Lendal Bridges. Each crew consists of 16 paddlers and a drummer selected from a nominated team of up to 20, including reserves. Each team participates in three preliminary rounds and the eight teams with the fastest times in the preliminary rounds take part in the Grand Final.

The charity is keen to hear from anyone who is interested in being a crew member as soon as possible.

Each team member needs to raise £100 sponsorship to take part with one third going to York Rotary Club’s designated charity and two thirds coming to the Star Appeal.

If you would like to be a crew member please contact Lucy Lowthian on 01904 721737 or email lucy.watson@york.nhs.uk.

Come Dine With Me challenge launched

INVITE a group of friends or colleagues over for an evening of food and entertainment while raising money.

Create a mouth watering menu, provide the perfect atmosphere and in return ask them to score your efforts and make a donation to your chosen hospital or ward.

The score you are given is the value of donation they make, so if they score you 8/10 they donate £8. Meaning if you are an excellent host with amazing skills, you could raise a potential £30!

And you could raise more as a group if you all take a turn at hosting an evening, making it a real competition.

We will supply you with scorecards and donation envelopes, so all you have to do is think of the menu.

If you would like to receive your free ‘Come Dine with Me’ pack, please email charity.fundraising@york.nhs.uk or call 01723 236210.

Scarborough Hospital receives £2,000 donation

FORMER patient Patricia Wheeler has generously donated £2000 to Scarborough Hospital’s charitable fund for the benefit of the hospital’s surgical patients and staff.

Scarborough Consultant Surgeon Karl Mainprize, who had treated Patricia, received the cheque on behalf of the charitable fund.

Patricia said: “Karl was able to change my life. He took me from being housebound to not having to worry about going out at all.

“My daily life has been transformed and for that I am so grateful. I always said that if I ever came into money, Karl’s work would benefit.”

More information

For more charity information or to support an appeal, please contact Lucy Lowthian (née Watson) on 01904 721737 or email lucy.lowthian@york.nhs.uk
Mega lungs help raise awareness

Event urges people to ‘love their lungs’

A pair of 12ft-high inflatable lungs were on show in the foyer of York Hospital recently to promote healthy lungs and offer free lung health checks and advice to help people ‘Love your Lungs’.

The event was organised by the lung cancer specialist team at York Hospital in partnership with the Roy Castle Lung Cancer Foundation.

Alison Moore, Lung care Coordinator, said: “Having the Mega Lungs for the day was a fantastic way to raise awareness of lung diseases such as lung cancer and other chronic lung conditions - COPD and sleep apnoea. We had a steady stream of people all day, of all ages, and quite a bit of interest from people wanting to give up smoking.”

The smoking cessation team was on hand to offer advice and information on stopping smoking and specialist lung teams carried out lung function tests. The Lung cancer team highlighted the common signs and symptoms to improve early diagnosis of the UK’s most commonly diagnosed cancer.

From left: Jo Love, Sarah Berwick, Alison Moore and Alison Hyde

SIGNS OF LUNG CANCER
- A cough that doesn’t go away after two or three weeks
- Worsening or change to long standing cough
- Repeated chest infections
- Coughing up blood
- Unexplained persistent breathlessness
- Unexplained persistent tiredness
- Unexplained persistent weight loss
- Persistent chest and/or shoulder pain

Cardio respiratory unit at Scarborough

IT IS over six years since the Medical Diagnostic Unit at Scarborough Hospital changed its name to the Cardio-Respiratory Department however many staff are still referring to the department as the MDU on medical records and internal documents.

Amanda Mullin, Deputy Directorate Manager for Elderly and General Medicine, explained: “As well as referring to the department as the MDU on medical notes we are also aware that on an almost daily basis staff are directing patients who should be at the Cardio-Respiratory Department to the Respiratory Department.”

Patients asking for the Cardio-Respiratory Department at Scarborough Hospital should be directed to the second floor of the North Building.

York Pharmacy improvements

STAFF and visitors at York Hospital may have noticed work being carried out near to the hospital pharmacy area which has resulted in a temporary pharmacy reception being created near Neurosciences.

The move has been necessary to accommodate the second phase of the capital scheme that sees major improvements to the pharmacy department. This includes the installation of a pharmaceutical dispensing robot which will free up pharmacy staff time to spend more time in clinical areas.

The changes have been clearly signposted and it is hoped that disruptions will be kept to a minimum until its completion in June.

Be a good neighbour

FOLLOWING concerns from local residents, staff from Scarborough Hospital who park off site on the residential roads surrounding the hospital, are reminded to be good neighbours and to always consider the impact on local residents when parking their cars.

Please be considerate when parking off site, avoiding driveways, parking on verges, and ensure that traffic can pass safely.

Cake bake

THE OUTPATIENTS Department at Scarborough Hospital is holding a cake and tombola stall on 13 March 2013 during Vascular Awareness Week.

The stall will be held on the main corridor leading to the Outpatients Department. If you would like to donate any gifts for the tombola or are willing to bake buns or cakes please contact Joanne King, Staff Nurse in Outpatients on extension 2119.
FOCUS ON... Maternity
Funding to improve labour facilities at York

As part of the Department of Health’s Improving Birthing Environments Capital Fund Awards a bid was submitted to make improvements at both York and Scarborough Hospitals. Patrick Crowley, Chief Executive, said: “I am delighted to announce that we have been awarded £417,000 for refurbishment of the labour ward at York Hospital, which will include the creation of an additional pool room to increase the accessibility of a water birth for women on the ward, and three additional en suite birthing rooms. “These developments will help us in promoting patient choice and enhancing privacy and dignity. I would like to thank the team for putting the bid together and enabling us to take advantage of this opportunity. “This project will begin as soon as possible and will be completed in the next few months. “Unfortunately, our bid to develop a bereavement suite on the labour ward at Scarborough was unsuccessful however we will be looking at alternative ways to fund this important project.”

Baby-friendly recognition from UNICEF

THE TRUST has successfully been accredited with Stage 2 of the UNICEF Baby Friendly Initiative, signalling improvements in baby friendly care at both Scarborough and York Hospitals.

The Baby Friendly Initiative, set up by UNICEF and the World Health Organisation, is a global programme which provides a practical and effective way for health services to improve the care provided for all mothers and babies.

In the UK, the initiative works with health professionals to ensure that mothers and babies receive high-quality support to enable successful breastfeeding. The Certificate of Commitment recognises that a health care facility is dedicated to implementing recognised best practice standards.

Accreditation takes place in stages. York Hospital was awarded Stage 1 in March 2011 and Scarborough Hospital received Stage 1 recognition in June 2011.

As part of the rigorous assessment process for Stage 2 assessors from UNICEF visited both Scarborough and York Hospitals at the end of January to question staff from the Maternity Units and Special Care Baby Units about their breastfeeding knowledge.

Steve Hogarth, Head of Midwifery, explained: “This is a tremendous achievement for the whole organisation. “We are committed to supporting mothers to breastfeed and to equip staff with the skills, knowledge and support to do this. Stage 2 accreditation from the UNICEF UK Baby Friendly Initiative reinforces this, demonstrating that we are giving mothers from across North and North East Yorkshire the best possible experience with regards to breastfeeding, helping give babies the best start in life.”
“ I would like to thank all of our midwives for their hard work and dedication, especially Morag White and Jacqui Mortimer our Infant Feeding Coordinators, who have worked tremendously hard to get us ready for the assessment.”

Below: Maternity Support Worker, Ann Kelly and Infant Feeding Coordinator Jacqui Mortimer.
MLU staff collect RCM finalist award for pioneering work

Congratulations to staff from the Midwifery-Led Unit (MLU) at Scarborough Hospital who attended the Royal College of Midwives (RCM) Awards in London to collect a finalist’s award for ‘Promoting Normal Birth’. The award was for their pioneering work in using sterile water injections.

Wendy Beagles, Manager of the MLU said: “We felt very honoured and privileged to be short listed this year. The team are very motivated around maintaining normality in the unit as a whole and the outcomes from the use of sterile water for our women have been very positive so far.

“Sterile water injection therapy is in its infancy in the UK, with ourselves and Newcastle maternity unit pioneering it, however it is used widely in Australia, America, Canada, New Zealand and Scandinavia.

“Our training has been cascaded throughout Yorkshire and we have travelled to Northern Ireland to train staff in January. We have also been invited to host a table top discussion for the Local Supervising Authority (LSA) conference alongside running study sessions across the country.

“As MLU Manager I would like to thank our midwives for their dedication and hard work in embracing the use of sterile water injections and for the leadership and support from our Matron, Freya Oliver, and Head of Midwifery Steve Hogarth for driving this very exciting project forward on our behalf.”

Boost for Malton maternity services

A TOTAL refurbishment of the first floor maternity unit at Malton Hospital, which offers midwifery services for women across an area of approximately 250 square miles, has begun. Work is expected to take eight weeks, with the refurbished unit opening in mid March. The project is being funded by North Yorkshire and York PCT at a cost of £248,000.

Midwife Lynda Fairclough, who leads on the midwifery service for Malton, said: “Maternity services are very much alive in Ryedale. This modernisation programme will enable the team to deliver maternity care in safe, modern, fit for the future premises, and will benefit on average 500 women and their families from Ryedale each year.”

Two new antenatal clinic rooms are being created as well as improved waiting area facilities and children’s play area. In addition there will be a new day room offering comfortable surroundings where parent education, postnatal drop-in clinics, baby feeding support and newborn hearing screening will be available.

Lynda continued: “The new colour scheme and furnishings have been chosen by the women who have been accessing the service with contributions from staff. We feel privileged to receive this investment in the future of our maternity service and look forward to sharing it with the Ryedale community.”

Rebecca Lord, Capital Planning Manager for the Trust, said: “The project will provide a significant improvement in the quality of the healthcare environment for staff and patients with new fixtures and fittings throughout – including new ceilings, lighting, doors, floor coverings, furniture, equipment and modern and welcoming decor. The delivery of safe, effective and efficient midwifery care is of the utmost importance right across the Trust and key to this is the investment in the maternity unit refurbishment in Malton.”

The maternity team at Malton hospital currently staff the unit seven days a week from 8:30 to 16:30 where antenatal care includes clinics and day assessment services, parent education and postnatal drop-in clinics. The team also provides outreach antenatal/postnatal services and an on-call home birth service.
The Department of Health has launched a health campaign to help smokers quit by giving out free Quit kits until the end of March. The Quit kit is a box of practical tools and advice developed with experts, smokers and ex-smokers, which has helped thousands of smokers quit successfully.

A display has been set up in the main entrance of both York and Scarborough Hospitals with practical advice and signposting available for staff and visitors of where to go for help in the community. As part of this campaign smokers are encouraged to collect a Free Quit Kit to help support their quit attempt.

Quit kits are available free of charge through participating pharmacies including Healthcare at Home pharmacy, York Hospital. To find your nearest stockist or pharmacy in the Scarborough area please visit www.nhs.uk/smokefree.

Support service for staff
Free and confidential stop smoking support service with one-to-one appointments are available at York Hospital on Mondays from 2pm – 5pm with Jill Ross, Specialist Stop Smoking Advisor. You can phone North Yorkshire NHS Stop Smoking Service on 0300 303 1603 to find out more and to book. You are four times more likely to quit successfully with NHS treatment and support than going it alone. Give yourself the best chance of going smokefree for good. To find out about other NHS stop smoking services in the York and Scarborough areas call 0300 303 1603.

Yvonne is this month’s star performer
CONGRATULATIONS to Yvonne Moran, Administration Coordinator at York Hospital who is the Star Award winner for January. Yvonne was praised for demonstrating commitment to her role and the individuals she supports and in particular for her ‘Herculean’ efforts to get a ward opened in response to operational pressures. Tenacity and resilience were the words use to describe her qualities and she was further praised for her flexibility in agreeing to work over and above her agreed job description in response to service need.

Runners up included Mia Bower and Nicola Allan from ward 14 at York Hospital who paid for a taxi from their own money so that a lady could travel from Bridlington to York to be with her sick husband on the ward.

A special mention goes to Chef Alan Rosbottom at Scarborough Hospital who came into work at 2am especially to cook the Christmas turkeys when the large oven was out of commission. Alan made sure everything was cooked for the special Christmas menus without any disruption. Well done everyone.

Get your Quit Kit
The Department of Health has launched a health campaign to help smokers quit by giving out free Quit kits until the end of March. The Quit kit is a box of practical tools and advice developed with experts, smokers and ex-smokers, which has helped thousands of smokers quit successfully.

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The car’s the star in this year’s staff lottery

THE STAFF benefits team are urging people to join the lottery scheme now to be in with the chance to win a fabulous SEAT Mii car. The lottery costs only £2 a ticket each month but application forms must be received by 7 May for a chance to win the car.

Since becoming a larger Trust there has been an increase in income which means that the prizes from January 2013 for the Staff Lottery have increased. Monthly cash prizes now total £3,125 with extra special monthly prizes.

Teena Wiseman, Staff Benefits Development Manager, said: “Income from the lottery is also spent on many benefits for staff such as the Gift Box Scheme, the Wellbeing Zone online wellbeing resource, subsidised gym memberships, and discount in the staff shop. We also help provide sports grants, non vocational grants, terminal illness grants, subsidised therapies, podiatry, and the Corporate Global Challenge which encourages staff wellbeing.

“We’d love as many people as possible to be in with a chance of winning a car and the bonus is that more income means more prizes plus an active increase in subsidised benefits. The car draw will take place at the Benefits and Wellbeing event on 19 June but in the meantime the Seat Mii car will be on display in York and Scarborough Hospitals from April onwards, so come along and see what could be yours!”

Application forms are available on Staff Room and in the centre page of the Staff Benefits Handbook.
How long have you worked in the NHS? Are you entitled to a long service award?

EACH year, as part of the Trust’s reward programme, events are held to recognise and celebrate those individuals who have achieved 25 or 40 years’ service in the NHS. Employees who are eligible are invited to bring a guest to join the Chairman and Corporate Directors at a special evening where a three course dinner is served before the presentation of a recognition gift.

This year events will be held in York in July and Scarborough in October and so far a number of people have qualified to be invited to these events.

Are you eligible to join them? Check out the full criteria:

You must have worked in the NHS for either 25 or 40 years with ten of those years being continuous with York Teaching Hospital NHS Foundation Trust. Anyone who has transferred to the Trust in recent years from Community Services or Scarborough Trust will have their previous service taken into account, however only staff who are celebrating their 25 or 40 years anniversary will be eligible.

If you need clarification or think you are eligible for a long service award, please contact Helen Greenley, Events Co-ordinator on 01094 726491 or e-mail Helen.greenley@york.nhs.uk

In order for your application to be considered for the 2013 event it must be submitted to the events team no later than 31 March 2013.

Applications received after this date will be considered for the 2014 event

Hope to see you there!

Renal consultant gains BDA honour

A CONSULTANT Renal Physician at York Hospital has been given a prestigious award by the British Dietetic Association (BDA).

Dr Colin Jones was awarded the 2012 Honorary Associate award after being nominated for having ‘shown himself to be a leader in the field of renal nutrition’ during his 14 years as a consultant renal physician at York Hospital.

Renal Dietician, Louise Wells, said: “The BDA Honorary Associate award is a national award given every year specifically to people who are not dietitians but who have shown a commitment to advancing the knowledge of nutrition and supporting the work of dietitians.”

“He is highly respected for his work in renal nutrition, by both renal dietetic and renal medical colleagues.”

On receiving the award Dr Jones said: “It has been my privilege to work with a superb team of dietitians in York and I am greatly honoured to receive this acknowledgement of my work in the field of nutrition in patients with kidney disease. Thank you.”

New service for veterans

HUMBER NHS Foundation Trust is hosting a conference in York to launch a new outreach service for veterans.

The service will be hosted by Humber and run in partnership with Leeds and York Partnership NHS Foundation Trust and Sheffield Health and Social Care NHS Foundation Trust.

Dr Jennie Ormerod, consultant clinical psychologist at Humber, explained:

“The Veterans Outreach Service employs specialist veterans’ mental health outreach therapists covering Yorkshire and the Humber. The therapists are unique in that they are sensitive to military culture. We aim to provide triage and thorough assessment to refer veterans onto the most appropriate service to meet their needs. We also hope to support military veterans’ families.”

The conference to launch this exciting new project will be of interest to anyone whose work may bring them into contact with veterans with mental health issues or with serving personnel who may be moving back to civilian life. It will be held at the Royal York Hotel, York on 7 March 2013 from 9am to 4pm.

For more information email veteransoutreachservice@humber.nhs.uk, ring 01482 617954 or go to www.humber.nhs.uk/services/traumatic-stress-service for more information.

Internet focus group

HEALTH professionals who use the internet to find health research information are being invited to join a focus group to support research being carried out by the Centre for Reviews and Dissemination (CRD) at the University of York.

Nurses, clinicians and allied health professionals are invited to attend to talk about their experience, practice and preferences when accessing health research on the internet.

The focus groups will be held in the Learning and Research Centre at York Hospital, on the following dates:

- Nurses: 1:00pm - 2:30pm, Thursday 14 March
- Clinicians: 12:30pm – 2:00pm, Tuesday 19 March
- Allied Health Professionals: 12:30pm – 2:00pm, Tuesday 26 March

If you would like to find out more or to book a place, please contact Alison Booth at CRD on 01904 321048, or by email: Alison.Booth@york.ac.uk

Please give your confirmed response one week before the session you would like to attend.
Great news for Trust’s Finance Team

Well done to the finance team who have won three honours in the Healthcare Financial Management Association (HMFA) Yorkshire and The Humber Branch Awards 2013.

Finance Professional of the Year Award - Sharron Murray, Deputy Chief Internal Auditor
Sharron was nominated by the PCT Audit Committee Chair for her exceptional support to the local CCGs in developing their governance agenda. Sharron has given her time freely and with enthusiasm and been responsible for providing literature, facilitating workshops, undertaking research and ensuring the new organisations had robust governance and assurance processes in place to support their authorisation process.

Finance Professional has proved a real ambassador for the North Yorkshire Audit Service (and the Trust) and has personally and organisationally built strong links with our new local CCGs.

Efficiency and Innovation Award - The York Trust’s Efficiency Programme
The latest iteration of the approach to Efficiency Delivery at York was put forward to be considered by the judges for the Efficiency and Innovation Award. The nomination recognised that the success of our Efficiency Programme links to a culture of strong financial management coupled with a clinically-led Directorate Structure. The programme has demonstrated an ability to adapt to the necessary strengthening of the relationship between efficiency, quality of service and clinical safety. This has been further enhanced by the establishment of the Corporate Efficiency Team and continued and relentless focus on clinical engagement.

Finance Team of the Year Award - Financial Services Team
This award was for the Trust’s Financial Services team in recognition of the work they undertook to deliver a single Financial Services team following the acquisition of Scarborough Trust on 1 July 2012.

Specifically the nomination recognised the effort and commitment to integrate York and Scarborough’s separate finance functions into a single team providing accounts payable and receivable, cash management and banking, charitable funds administration and the complete integration of two separate financial ledgers.

This nomination recognised the significance of the task, the personal impact on individuals from integrating services into one office and the shear commitment of all involved to ensure that the wider Trust noticed no service impact.

Feedback from the judges was that they were unanimous in making this award to York.

Scarborough Professor elected President of Forum

IN FEBRUARY, Professor John MacFie, Consultant General Surgeon at Scarborough Hospital, was elected Chairman and President of the Surgical Forum of Great Britain and Ireland.

The Surgical Forum, formerly known as the Senate of Surgery, comprises the Presidents of the four Royal Colleges of Surgeons and the Presidents of the ten SAC-defined surgical specialties. Its function is to provide a unified voice for surgery and to deliberate on matters common to all surgical specialties and all surgical colleges.

Professor MacFie commented: “I am very proud to have been appointed to this position. I hope that in this new post I will have the opportunity to bring prominence to York Teaching Hospital NHS Foundation Trust.”

New portable equipment - thanks to Friends

THIS month members of the Bridlington Hospital League of Friends paid a visit to Bridlington Hospital to see the two new pieces of equipment which they have bought thanks to their fundraising efforts.

The Friends have recently purchased a portable bladder scanner, which cost £8,000, and a set of portable steps for the physio gym, costing £800 which are used by the Therapy Team to help rehabilitate patients following surgery or a stroke.

Hilary Woodward, Matron, said: “On behalf of the Trust I would like to thank the League of Friends for their continued support of Bridlington Hospital.”

Therapy staff at Bridlington Hospital with the Portable Physio steps

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Hilary Woodward, Matron, said: “On behalf of the Trust I would like to thank the League of Friends for their continued support of Bridlington Hospital.”
Refurb for blood transfusion lab

Extensive refurbishments made to the Blood Transfusion Laboratory at York Hospital have seen a completely new layout, enabling samples to be processed more efficiently.

Vital upgrades to benching and infrastructure were made and the refurbished laboratory has had two new blood grouping analysers installed that will increase capacity and reduce turnaround times.

The laboratory refurbishment was included in a recent procurement for the Transfusion Laboratory. The aim was to assist with the workload flow and integration of new analysers and back up systems. An in-house solution was chosen for more inclusive flexible planning and understanding of continuity of a vital patient service.

Considerable logistical challenges were overcome to allow the essential and extensive refurbishment works to proceed over the Christmas and New Year period. The refurbishment and contingencies were carefully planned in advance by senior biomedical scientists from the transfusion department and the project was managed by Peter Ullott, Building Services Manager. Work started in earnest in early December when a makeshift laboratory was created in a vacated store room in the pathology department. This in itself was a major undertaking as electrical and IT infrastructure needed to be installed or upgraded, and crucial temperature monitoring equipment transferred from the transfusion laboratory. Staff and equipment moved into the temporary accommodation just before Christmas allowing refurbishment works to be undertaken in January. External contractors were used to supply and fit new floor covering and benches, but the upgrade of plumbing, lighting, IT and electrical infrastructure was undertaken by an in-house Estates team.

Head Biomedical Scientist Chris Smith said: “We want to thank everyone involved in the project, especially the Estates team, for delivering a fantastic new facility on time and to a very high standard. Staff in the blood transfusion department should also take great credit for seamlessly maintaining services during a period of considerable change and disruption.”

Gym donates treadmills to hospital

Physiotherapy patients at York Hospital will soon be up and running with the help of two extra treadmills donated by Energise Gym based at Cornlands Road.

The machines have been donated as a result of Energise updating their equipment and will be used within the main physiotherapy gymnasium. They will assist in the rehabilitation of patients who have lower limb conditions including arthritis, and patients with sporting injuries.

Physiotherapist, Mike Lee, said: “It’s fantastic to have two new modern treadmills for our group rehabilitation sessions. We work in partnership with Energise as they run classes that many of our patients attend so it’s great to provide patients with the same high tech equipment. It also means that we are making the most of our joint resources so it’s much more cost effective.”

Energise manager, Paul Bickle, said: “Many of the hospital’s patients attend our community classes and inclusive facilities to improve their conditions, so we are in regular contact with the physiotherapy department about our classes and facilities. This is where we got the idea to provide some of the same modern equipment for the hospital. Our joint mission is to encourage people to become healthier and prevent them developing chronic conditions.”

Local art on show

A STUNNING image of Selby Abbey has been presented to the New Selby War Memorial Hospital to be enjoyed by patients and visitors.

Local art group, Thorpe Willoughby Art Class, designed a project to produce a group painting reflecting the members’ pride in their home town of Selby. Having decided to create an image of the iconic Selby Abbey they selected a photograph from a series taken by Peter Sorrell, a member of Selby Camera Club.

The photo was scaled up in size and then cut into twelve sections for students to work on using acrylic paint. When completed the pieces were fitted together to produce a unique image of the Abbey.

Julie Corbally, Site Coordinator for Selby War Memorial Hospital, said: “We would like to thank the members of Thorpe Willoughby Art Class for this beautiful painting which we are very happy to display in the main waiting area for the benefit and enjoyment of all our visitors and staff.”

Remembering

A SERVICE of love, thanksgiving and remembrance has been organised by York’s still birth and neonatal death charity, SANDS, and York Teaching Hospital NHS Foundation Trust.

It will be held on Mothering Sunday (10 March) at York Hospital’s Chapel and is open to anyone affected by the loss of a baby.

The service starts at 10.30am followed by refreshments in the Bereavement Suite situated on the hospital’s main corridor between junctions 6 and 7.
QUALIFICATIONS IN DECONTAMINATION

TWO members of staff from Sterile Services at Scarborough Hospital have successfully completed the Institute of Decontamination Sciences technical certificate gaining distinctions for their coursework along the way.

The national qualification provides learning in all aspects of the instrument decontamination process including equipment testing, instrument inspection and sterilisation. It is an 18 month course where candidates receive tutorials, practical training and undertake written assignments and other course work culminating in the award.

The successful staff, Angie Hopkins and Aimee Davies who are both experienced technicians, said they found the course very useful in gaining further knowledge and skills in decontamination. The blend of onsite practical and classroom based training had been an advantage in completing their studies.

David Biggins, Trust Medical Device Decontamination Manager, said: “Both staff worked extremely hard to achieve their award and this was borne out in their excellent coursework grades and exam marks.”

A further two staff are due to complete the course in November of this year.

Pharmacy’s festive fund-raising

YORK’S pharmacy department took advantage of the Christmas season to raise £435 for the Cancer Care Centre.

Staff paid a small fee to wear their novelty Christmas jumpers to work and further funds were raised at the office Christmas party where a quiz and raffle were held.

Elaine Barker, Senior Pharmacy Technician, said: “We thought Christmas would be the ideal time to do a bit of fundraising and we wanted to show our appreciation to the Cancer Care Centre where three of our colleagues have received a lot of help in the past few years.”

Sarah Piper, Directorate Manager, said “This is fantastic news. It means that we will be able to purchase four new portable DVD players for patients to use in chemotherapy pre-assessment and for those who want to watch a DVD during long treatments.”

Some of the pharmacy team with Sarah Piper and Claire Thompson from the Cancer Care Centre

TESTING TIME

YorSexualHealth, North Yorkshire’s Sexual Health Hub, was out and about in Scarborough on Valentine’s Day to remind young people aged 15-24 to get screened for Chlamydia – the most common sexually transmitted infection in the country.

On 14 February the Chlamydia Screening Team visited Scarborough Sixth Form College to encourage students to be safe if they have sex.

During the week, focus groups and questionnaires were also undertaken by a street team of young people from youth marketing agency Force-7 who were finding out exactly what 15 to 24 year olds are getting up to in Scarborough and what they know about Chlamydia and where they can get tested.

The results from these focus groups will go towards developing a new social media and advertising campaign aimed at targeting young people.

For more information about Chlamydia Screening and Sexual Health Services in North Yorkshire visit www.yorsexualhealth.co.uk

REGIONAL FOCUS

A NEW regional group representing medical device educators and trainers has been formed in Yorkshire by staff from the Trust. The National Association of Medical Device Educators and Trainers (NAMDET) Yorkshire branch was formed with Keith Underwood, Lead Medical Devices Training Coordinator as Chair and Wendy Marshall, Training Coordinator as Secretary.

The aim is to improve relations with other areas outside the hospital regarding medical devices, and also to open up opportunities of sharing good practice around the region.

The next meeting will be held on 11 March at York Hospital. For more information about the group, or for advice or information on Medical Device Training, contact Keith Underwood on 01723 342633 or Wendy Marshall on 01904 726292.