

Physiotherapy Vestibular Rehabilitation

The physiotherapy balance and vestibular rehabilitation service is based in the Balance Centre , Head and Neck Department , York Teaching Hospital.

The physiotherapists working in the Balance Centre provide specialised clinical assessment and management of patients with vestibular disorders . The physiotherapists are involved in the one stop balance clinic working alongside audiologists and ENT consultants to provide comprehensive patient assessment and management.

The physiotherapists have extensive experience in vestibular rehabilitation techniques for patients with vestibular disorders and in the management of benign paroxysmal positional vertigo.