PHYSIOTHERAPY SERVICES TO
HIP FRACTURE UNIT

What we do

The Senior Physiotherapist on the Hip Fracture Unit has a specialist interest in
this area. The Physiotherapist is skilled in the assessment, treatment and
management of patients who have sustained a fractured hip.

The focus is on a multidisciplinary approach with close links to the Consultants,
nursing staff, Occupational Therapists and community teams.

Assessment of physical abilities with identification of a suitable individualised
treatment plan is provided to each patient.

Aims of treatment

- To provide timely assessment of physical function and pain following
  surgery as per national standard guidelines.

- To improve mobility by increasing joint range, muscle strength, stamina
  and teaching of adaptive practice to facilitate independence.

- To utilise complementary pain relief treatment, when appropriate, by using
  various physical modalities.

- To provide assessment and provision of appropriate aids and appliances
  to facilitate independence.

- To provide assessment and appropriate treatment of impairment of
  balance, abnormal muscle tone and abnormal movement patterns with
  advice on prevention of falls.

- To assess and treat older people with acute respiratory illnesses
  particularly following anaesthetic.

- To improve general function especially specific to patient’s activities of
  daily living and their home environment.

Where we are

Ward 25, York Hospital