

PHYSIOTHERAPY SERVICES TO HIP FRACTURE UNIT

What we do

The Senior Physiotherapist on the Hip Fracture Unit has a specialist interest in this area. The Physiotherapist is skilled in the assessment, treatment and management of patients who have sustained a fractured hip.

The focus is on a multidisciplinary approach with close links to the Consultants, nursing staff, Occupational Therapists and community teams.

Assessment of physical abilities with identification of a suitable individualised treatment plan is provided to each patient.

Aims of treatment

- To provide timely assessment of physical function and pain following surgery as per national standard guidelines.
- To improve mobility by increasing joint range, muscle strength, stamina and teaching of adaptive practice to facilitate independence.
- To utilise complementary pain relief treatment, when appropriate, by using various physical modalities.
- To provide assessment and provision of appropriate aids and appliances to facilitate independence.
- To provide assessment and appropriate treatment of impairment of balance, abnormal muscle tone and abnormal movement patterns with advice on prevention of falls.
- To assess and treat older people with acute respiratory illnesses particularly following anaesthetic.
- To improve general function especially specific to patient's activities of daily living and their home environment.

Where we are

Ward 25, York Hospital