

Working with children with eating and drinking difficulties

Supporting children who are picky eaters or avoidant/restrictive feeders

Overview and aims:

This training session will include:

- Learning about the difference between fussy or picky eaters and an aversive/restrictive food intake disorder
- Awareness of potential difficulties in making a diagnosis
- Learning about typical behaviours of children who are picky eaters and those who are restrictive eaters
- Learning some strategies that can be helpful for all these children
- Awareness of food texture and which children may be at risk of delayed chewing skills
- Learning about desensitisation and sensory food play and which children might benefit from this

Target audience

Staff working in mainstream nurseries and schools and special schools who are supporting children who are fussy or picky eaters and would like to learn more about setting small steps to encourage intake of a wider range of foods.

Trainer - Pippa Hutton, Advanced Clinical Specialist - Dysphagia. Speech and Language Therapist .

Date - Wednesday 7th June 2017, 2pm to 3.30pm.

Venue - WBL, Post Grad Centre, Scarborough Hospital

Cost - £36 per participant.

For more
information or to book a
place please email Gill Clarke at
childrenstherapytraining@york.nhs.uk
or tel 01904 724915

