

# John's Campaign

For the right of people with dementia to be supported by their carers

① For more information, please contact:  
Patient Advice and Liaison Service (PALS)  
01904 726262  
[pals@york.nhs.uk](mailto:pals@york.nhs.uk)



**John's Campaign**

for the right to stay with people  
with dementia in hospital



York Teaching Hospital NHS Foundation Trust supports this national campaign. It aims to help family or friends caring for a loved one with dementia to continue to provide care and support whilst they are in hospital.

### **About John's Campaign**

John's Campaign was founded, after the death of Dr John Gerrard in November 2014, by his daughter Nicci Gerrard.

You can find out more about the campaign by visiting:  
[www.johnscampaign.org.uk](http://www.johnscampaign.org.uk)

We recognise the importance of working in partnership with carers, respecting the knowledge and skills they bring. If a carer is willing, able and wants to continue to support a loved one in hospital, we will do our best to enable this to happen.

We offer flexible visiting hours for carers of people with dementia. Carers may provide support such as washing, dressing, eating, socialising or taking medication.

We will support you to stay with the person with dementia throughout their hospital admission, but it is important that you also look after yourself. Our aim is to build a trusting relationship with carers, so you are also able to spend time away from the ward.

We ask carers to recognise the needs of all patients in the ward. Carers may be asked to leave the bedside at the request of a nurse or doctor, if another patient is about to receive care or treatment and requires privacy. Please make it easy for other patients to rest when necessary by keeping noise to a minimum.

If you have any questions or concerns about your loved one's care please ask to speak to the nurse in charge of the ward. We will always listen and try to help. If you are still having problems you can also speak to the matron, or a member of our Patient Advice and Liaison Service (PALS) on 01904 726262 or at [pals@york.nhs.uk](mailto:pals@york.nhs.uk)

## **This Is About Me**

We encourage all patients with dementia, together with their carers, to complete the 'This Is About Me' document as soon as possible after admission. This tells our staff about their needs, preferences, likes, dislikes and interests.

It enables our staff to see the person as an individual and deliver care that is right for them. It can also help to provide continuity and avoid problems with care or communication.

## **Forget-Me-Not Symbol**

We offer the forget-me-not symbol above a patient's bed to indicate to all staff that they have dementia. This should prompt staff to look for the 'This Is About Me' document and to proactively engage with any carers. We will ask for consent before using the symbol.

## **Support for carers**

These local organisations provide support for carers:

### **York Carers Centre**

01904 715490

[enquiries@yorkcarerscentre.co.uk](mailto:enquiries@yorkcarerscentre.co.uk)

**York Carers Forum**

yorkcarersforum@tiscali.co.uk

**Selby & District Carers Count**

0300 012 0415

selbydistrict@carerscount.org.uk

**Support for Carers (Scarborough and Filey)**

01723 364808

supportforcarers@tiscali.co.uk

**Scarborough and Ryedale Carers Resource**

01723 850155

staff@carersresource.net

**Carers Centre Hambleton & Richmondshire**

01609 780872

info@hrcarers.org.uk

**Alzheimer's Society (York/Scarborough)**

01904 567701 or 01723 500958

york2@alzheimers.org.uk or

scarborough@alzheimers.org.uk

**Carers' Resource Harrogate**

01423 500555

www.carersresource.org

## **Help us improve this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact our Patient Advice and Liaison Service (PALS), The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726262 or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk)

## **Teaching, Training and Research**

Our Trust is committed to teaching, training and research to support the development of staff and improve health and healthcare in our community. Staff or students in training may attend consultations for this purpose. You can opt-out if you do not want trainees to attend. Staff may also ask you to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email at [pals@york.nhs.uk](mailto:pals@york.nhs.uk)

An answer phone is available out of hours.

Please telephone or email if you require this information in a different language or format

如果你要求本資訊是以不同的語言或版式提供，請致電或寫電郵

Jeżeli niniejsze informacje potrzebne są w innym języku lub formie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz



**01904 725566**

email: [access@york.nhs.uk](mailto:access@york.nhs.uk)



Braille



Audio e.g.  
CD



Large print



Electronic

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