John’s Campaign
For the right of people with dementia to be supported by their carers

For more information, please contact:
Patient Advice and Liaison Service (PALS)
01904 726262
pals@york.nhs.uk

John’s Campaign
for the right to stay with people with dementia in hospital

Caring with pride
Caring about what we do ● Respecting and valuing each other
York Teaching Hospital NHS Foundation Trust supports this national campaign. It aims to help family or friends caring for a loved one with dementia to continue to provide care and support whilst they are in hospital.

### About John’s Campaign

John’s Campaign was founded, after the death of Dr John Gerrard in November 2014, by his daughter Nicci Gerrard.

You can find out more about the campaign by visiting: www.johnscampaign.org.uk
We recognise the importance of working in partnership with carers, respecting the knowledge and skills they bring. If a carer is willing, able and wants to continue to support a loved one in hospital, we will do our best to enable this to happen.

We offer flexible visiting hours for carers of people with dementia. Carers may provide support such as washing, dressing, eating, socialising or taking medication.

We will support you to stay with the person with dementia throughout their hospital admission, but it is important that you also look after yourself. Our aim is to build a trusting relationship with carers, so you are also able to spend time away from the ward.

We ask carers to recognise the needs of all patients in the ward. Carers may be asked to leave the bedside at the request of a nurse or doctor, if another patient is about to receive care or treatment and requires privacy. Please make it easy for other patients to rest when necessary by keeping noise to a minimum.

If you have any questions or concerns about your loved one’s care please ask to speak to the nurse in charge of the ward. We will always listen and try to help. If you are still having problems you can also speak to the matron, or a member of our Patient Advice and Liaison Service (PALS) on 01904 726262 or at pals@york.nhs.uk
This Is About Me

We encourage all patients with dementia, together with their carers, to complete the ‘This Is About Me’ document as soon as possible after admission. This tells our staff about their needs, preferences, likes, dislikes and interests.

It enables our staff to see the person as an individual and deliver care that is right for them. It can also help to provide continuity and avoid problems with care or communication.

Forget-Me-Not Symbol

We offer the forget-me-not symbol above a patient’s bed to indicate to all staff that they have dementia. This should prompt staff to look for the ‘This Is About Me’ document and to proactively engage with any carers. We will ask for consent before using the symbol.

Support for carers

These local organisations provide support for carers:

York Carers Centre
01904 715490
enquiries@yorkcarerscentre.co.uk
York Carers Forum
yorkcarersforum@tiscali.co.uk

Selby & District Carers Count
0300 012 0415
selbydistrict@carerscount.org.uk

Support for Carers (Scarborough and Filey)
01723 364808
supportforcarers@tiscali.co.uk

Scarborough and Ryedale Carers Resource
01723 850155
staff@carersresource.net

Carers Centre Hambleton & Richmondshire
01609 780872
info@hrcarers.org.uk

Alzheimer’s Society (York/Scarborough)
01904 567701 or 01723 500958
york2@alzheimers.org.uk or scarborough@alzheimers.org.uk

Carers’ Resource Harrogate
01423 500555
www.carersresource.org
Help us improve this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact our Patient Advice and Liaison Service (PALS), The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726262 or email pals@york.nhs.uk.

Teaching, training, and research

Our Trust is committed to teaching, training, and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.
Providing care together in York, Scarborough, Bridlington, Malton, Selby and Easingwold communities

Please telephone or email if you require this information in a different language or format

如果你要求本資訊以不同的語言或版式提供，請致電或發電郵
Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail
Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

01904 725566
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Braille  Audio e.g. CD
Large print  Electronic

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