

# Sensory Processing – Our Service Offer

Information for Parents, Teachers and Carers



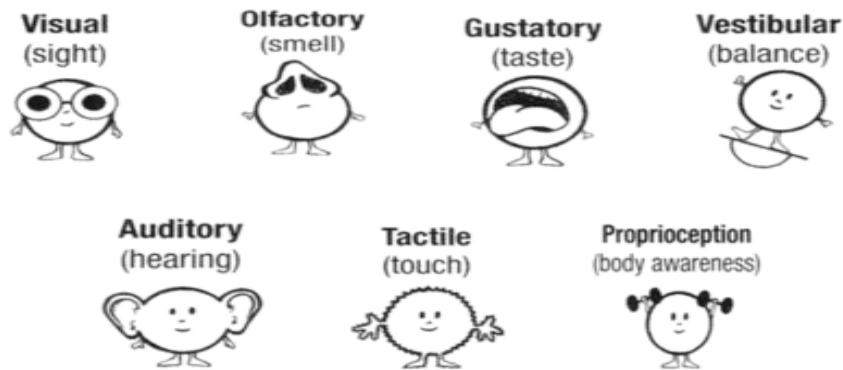
For more information, please contact Occupational Therapy on:

**For York and Selby Area:** 01904 726599

**For Scarborough, Whitby and Ryedale Area:** 01723 342357

## What is Sensory Processing?

Throughout our everyday activities our brain is provided with information from our 7 senses.



Our brain receives this information, processes it, and uses what we require to **function** and remain appropriately calm and alert.

In those with sensory processing differences, the brain is unable to clearly register and process this information which impacts on **functional ability**. The brain may place too much or too little importance on the information causing a person to receive too much or too little of that sensation.

We all have some sensory processing differences that are often our quirks such as not liking certain textures of foods, needing to cut labels out of clothes, heightened sense of smell or not liking busy and noisy environments. However, it is the level of these problems and the impact that they have on our ability to **function** with essential everyday tasks or activities that determines a sensory processing difficulty.

### Our Service Offer

Our Occupational Therapy team will accept referrals that detail barriers to function including everyday tasks and activities. At the session with the Occupational Therapist we will discuss the difficulties with sensory processing the child is facing. Our service offers advice and recommendations only. It is very much a team based approach and draws upon the partnership between parents, the child, and school staff.

## **Tell us what you think**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

**For York and Selby Area:** 01904 724366

**For Scarborough, Whitby and Ryedale Area:** 01723 342472

## **Teaching, Training and Research**

Our Trust is committed to teaching, training and research to support the development of staff and improve health and healthcare in our community. Staff or students in training may attend consultations for this purpose. You can opt-out if you do not want trainees to attend. Staff may also ask you to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

Patients, relatives and carers sometimes need to turn to someone for help, advice or support. Our PALS team is here for you. PALS can be contacted on 01904 726262, or via email at [pals@york.nhs.uk](mailto:pals@york.nhs.uk). An answer phone is available out of hours.

## **About us**

Providing care together in York, Scarborough, Bridlington, Whitby, Malton, Selby and Easingwold.

## **Caring with Pride**

Our ultimate objective is to be trusted to deliver safe, effective and sustainable healthcare within our communities.

## **Our Values**

- Caring about we do
- Respecting and valuing each other
- Listening in order to improve
- Always doing what we can to be helpful

Please telephone or email if you require this information in a different language or format

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