Insulin prescribing in hospital – Best Practice

Approximately 1 in 5 inpatients across York and Scarborough acute sites have diabetes. The insulin prescribing best practice guidelines below will aid in ensuring they are receiving safe, effective care.

- Confirm the patients identity and check for allergies
- Confirm the insulin type, dose and timing
- Prescribe the insulin as its brand name on the insulin prescription chart
- Establish what device the patient uses and indicate by circling the correct abbreviation on the chart. *This is important to avoid pharmacy supplying an unfamiliar device to the patient, resulting in incorrect administration of insulin*
- Sign and print your name, date the prescription and write your bleep number

Prescribe 20% glucose on the front of the insulin chart

Indicate that the patient has an insulin prescription chart on the regular drug chart.

For any advice regarding insulin prescribing contact the diabetes team York: Ext 6091/5793 and Scarborough: Ext: 2803/2804.