Did you know...
York Teaching Hospital Charity supports all hospitals and community services run by York Teaching Hospital NHS Foundation Trust.

Registered Charity Number: 1054527
Dear Friends and Supporters,

Welcome to our Autumn/Winter newsletter, we hope you enjoy reading it and finding out about some of the inspiring stories behind our supporters.

We always strive to improve patient experience in our hospitals and community but we need your help. It doesn’t take much to make a huge difference to our patients and their families.

You can choose to fundraise for or donate to a specific department or to support all the work of the charity with your donations being used where the need is greatest.

We’ve been overwhelmed with the support we’ve received so far for our Dementia Appeal and the money raised is already helping patients every day in our hospitals. We still have a lot more we can do to help patients and you can read more about how you can get involved inside.

To make a donation you can complete the donation form on the back of this newsletter or contact us directly to chat further about how to donate.

Many thanks for your continued support,
The Fundraising Team

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Keep in touch for up to date news.
Connect with us online:

- YorkTeachingHospitalCharity
- @YorkTHCharity
- YorkTeachingHospitalCharity
- YorkTeachingHospitalCharity

or visit www.york.nhs.uk/fundraising

Get in touch with the Team

Call us: 01904 724521
Email us: charity.fundraising@york.nhs.uk
Write to us: York Teaching Hospital Charity, Fundraising and Volunteering Hub, Main Entrance, York Hospital, Wigginton Road, York, YO31 8HE

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York Teaching Hospital Charity, caring for your local hospitals from York to the Yorkshire Coast.

Donations to York Teaching Hospital Charity help us to fund the extras to improve your healthcare facilities, above and beyond the NHS, making patients feel better. We support our staff to make the hospital experience the best it can be for all who visit and stay with us.

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Design & Print: www.adverse.co.uk
This year, our supporters helped us to fund a Dementia Activity Room on Ward 37 at York Hospital to help improve the overall wellbeing of patients with dementia by encouraging mobility and to give patients the opportunity to engage in conversation. The room is decorated in the style of an old-fashioned tea room with china tea sets, a record player, old pictures of York and reminiscence items for patients to look at.

Emma George, Assistant Director of Nursing, said “Everyone needs a sense of purpose and to enjoy themselves during the day. The activity room offers an informal setting for people who are affected by memory problems to exchange experiences, receive practical and emotional support and undertake engaging and stimulating activities.”

Patients living with dementia have a calm and quiet space to spend time in while being treated in York Hospital

Liver diseases can be diagnosed without delay

Mr Kenneth George Edward Plumb has kindly donated to enable the purchase of a portable Fibroscan for the Hepatology department after receiving treatment from the team. Kenneth came with his family to hear first-hand from consultant Dr Millson about the equipment and how it is already improving the diagnosis process for patients.

Dr Millson said “The liver team provide clinics all over the region from Selby to Scarborough and everywhere in between. In the past, patients seen in these clinics had to travel to York to have a fibroscan, sometimes several weeks after their initial appointment. Now we have the portable equipment, we can perform this critical investigation during the patient’s clinic appointment. In many cases this means that a decision on their treatment can be made there and then, without delay!”

Thanks to the Charity Fundraising Team and our supporters, patients on the Children’s Ward at York Hospital have use of an interactive Sensory Room.

Thanks to The Nikki Waterhouse Trust, a new interactive Sensory Room is now in use to help calm anxious children and aid communication, provide therapy and play for children of all ages.

A donation of £15,000 was gifted after a successful application was made by York Teaching Hospital Charity to the Trust earlier this year. The Hospital’s play team and clinical staff led on the design to ensure it could benefit the maximum number of children of all ages with a range of medical conditions. It was supplied and installed by a local North Yorkshire company Apollo Creative who specialise in this type of facility.

The Nikki Waterhouse Trust was set up by friends and colleagues from Hunters Estate Agents in memory of Nicole Waterhouse who was sadly taken in tragic circumstances in 2013. Nikki loved children and so the trust in her name aims to support children and their families in times of need.

At the opening John Waterhouse, charity Trustee commented, “Nikki loved children and had a great sense of fun, we are delighted that the room is completed and already proving very popular with patients and staff. This is a great use of the money raised by the Trust in Nikki’s memory.”

New parents will be able to keep in touch with their babies in SCBU

BabyView is new technology which means parents and new mums who are unable to move from their bed after giving birth or remain in Scarborough Hospital will soon be able to see their baby being cared for by the specialist team in York whenever they like. A screen in the incubator gives parents a close up view of their baby when they log in and means they can keep in touch.

When York Mum Becky Jamieson gave birth last year, her son Leo weighed just 1 lb 2oz and needed specialist neonatal care. He was transferred to Bradford Hospital but Becky was so ill herself she was unable to go and remained in York Hospital for a further nine days. In the time that they were separated, Becky had first-hand experience of the equipment and is delighted that more local mums will benefit.

Becky said “I was so unwell that I had little idea of what was happening for a few days. I was unsure what to expect, but when I dialled in, I was live with Leo and he was being tended to by the nurses. They explained what they were doing and how Leo was getting on which was just wonderful, it made me feel at ease. One day I dialled in and there was my husband Mark visiting which was a nice surprise for the both of us.”

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Help us raise £200,000

We launched our Dementia Appeal back in March 2017 and have been overwhelmed by the support so far from our hospitals and local communities. Staff on our Elderly Wards have been huge advocates holding coffee mornings, bake sales, plant stalls encouraging patients and relatives to get involved and even jumping out of planes!

So far, more than £75,000 has been raised and this has enabled us invest in specialist dementia training for our staff and volunteers, we have been able to buy activity packs and reminiscence items for the volunteers to use with patients on the wards. We have lots more purchases planned over the next weeks and months to help support patients living with dementia during their stay in our hospitals.

Margaret Ferguson is a Dementia Activity Volunteer at York Hospital and she spends a few hours every Thursday on Ward 37 with patients who are living with dementia. Thanks to our supporters, we have been able to fund lots of resources for Margaret to use including board games, reminiscent CDs and scrapbooks.

Margaret said “The materials are invaluable and I am so grateful to everyone who has donated so far. They enable us to bring a smile to the faces of the patients who really appreciate the chance to participate in interesting activities, giving them a break from feeling that they are in hospital. The items are designed to enable older people with cognitive impairment to maximise their strengths and draw on their past experiences and memories. It is wonderful to see patients to relax, gain confidence, socialise and have fun. We do the activities either in groups or individuals and try to create new activities so that there is something for all the diverse range of patients on the ward.”

Stuart Bleything, Deputy Charge Nurse on Ward 37 explains how much patients respond to music and activities on the ward.

“Music is a language which everyone responds to. No matter who the person is or how confused or distressed they may be, the sound of the music can soothe and comfort them. It can stir memories and emotion and make the ward a much less scary place to be.”

Support in the community

York Teaching Hospital Charity have been chosen as one of four charities which The Proudfoot Group will be supporting over the course of a year. The Dementia Appeal will receive a percentage of all the carrier bag sales throughout the year for use at Scarborough Hospital. The Proudfoot Group is a family run independent supermarket chain with five stores in Scarborough the surrounding area.

Marks & Spencer Outlet, York – Charity of the Year

Earlier in the year, we were thrilled that M&S Outlet in York had chosen to support our Dementia Appeal through various fundraising activities. Customers can donate at the tills and members of staff have lots of fundraising activities planned including fancy dress days and tombolas.

We still need your help

- Donate using the form over the page at any of our hospitals or online
- Text DAPP17 £10 to 70070 to donate
- Put Your Kettle On! Host a coffee morning or bake sale for family or friends
- Ask your local pub, fish & chip shop or newsagents if they will take one of our collection tubs on the counter
- Get sponsored to be out of your comfort zone – run, hike, jump out of a plane or go silent on social media
- Volunteer at one of our bucket collections
- Visit our website for more information and appeal updates www.york.nhs.uk/dementiaappeal

Donate now: www.york.nhs.uk/donate

Together we can change lives
Friends of Our Hospitals

Did you know? Each of our hospitals is supported by their own League of Friends Charity. These are independent charities that work to support their local communities through either providing volunteers or helping to fund equipment for staff and patients.

Friends of York Hospital
Scarborough Hospital League of Friends
Friends of Bridlington Hospital
Malton, Norton & District Hospital League of Friends
League of Friends of Selby War Memorial Hospital
Friends of St Monica’s Hospital, Easingwold

Focus on...

Friends of York Hospital

Friends of York Hospitals (FOYH) have over 100 volunteers that help in its work to make life in York Hospital more comfortable and relaxed for patients and their relatives.

Volunteers find the experience rewarding, enjoying the interactions with patients and relatives. Roles include singing to and with patients to boost morale, manning the mobile newspaper and library trolley, providing refreshments and guiding people through the hospital. The talking and reading volunteers provide friendly, supportive one-to-one conversation with reading and communication practice for patients recovering from strokes and other conditions.

If you would like more information about becoming a volunteer please go to www.foyh.org.uk, email friendsofyorkhospitals@york.nhs.uk or ring Andy White on 01904 726762.

Yorkshire Three Peaks

SAT 30 JUNE 2018

Take on the challenge
3 peaks, 12 hours, 24 miles & 5,000 feet of climb
£25 registration fee, register as a team or an individual
www.york.nhs.uk/threepeakschallenge
01904 724521 charity.fundraising@york.nhs.uk

Registered Charity No. 1054527

Be part of our team
Donate now: www.york.nhs.uk/donate
Fundraising Wall of Fame

Thank you to The Mended Drum pub who held a beer festival and raised £761 for St Monica’s Hospital in Easingwold.

Congratulations to Nicola and Simon Whiteley who won the award after raising more than £7,000 for the Special Care Baby Unit at Scarborough Hospital.

Thank you to the York Round Table who held a beer festival and raised £7,500 for the Children’s Ward at York Hospital.

Well done and thank you to everyone who took part in a skydive for our Dementia Appeal!

Thank you to the Rotary Club of Scarborough for donating £500 towards our Dementia Appeal.

Thank you to everyone who took part in the Great North Run and helped raise thousands of pounds for our hospitals!

Congratulations to Nicola and Simon Whiteley who won the award after raising more than £7,000 for the Special Care Baby Unit at Scarborough Hospital.

Thank you to our ‘Charity Supporter of the Year’ finalists at the York Teaching Hospital NHS FT awards, Katie Dean and Andrew Addison.

Get in touch by emailing charity.fundraising@york.nhs.uk
Thank you for your support, together we can make a huge difference.

First Name:  
Surname:  
Home Address:  
Postcode:  
Email:  
Telephone:  

I would like to donate £  

to support York Teaching Hospital Charity

☐ Cheque: Payable to York Teaching Hospital Charity

☐ Credit or Debit Card: Please phone 01904 724521 for secure payment


Please advise us of your bank transfer beforehand so we know it’s from you!

We’d love to keep in touch

Please let us know if you would like to hear about where money raised is helping in our hospitals and future fundraising events and campaigns. ☐ By Post ☐ By Email ☐ By Phone

Please let us know if you would like to hear from us about volunteering opportunities when they arise. ☐ By Post ☐ By Email ☐ By Phone

You can read our full data protection policy on our website at www.york.nhs.uk/fundraising

Increase your donation by 25p for every £1 you donate!

☐ I want to Gift Aid my above donation and any donations I make in the future or have made in the past 4 years to York Teaching Hospital Charity.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Please return your form by post or in person to:
York Teaching Hospital Charity, Fundraising & Volunteering Hub, York Hospital, Wigginton Road, York, YO31 8HE

I understand that York Teaching Hospital Charity will use the funds in the way that is most appropriate for the need of York Teaching Hospital NHS Foundation Trust, in line with our charitable aims and I cannot request purchase of specific items.