Ductal Carcinoma in Situ (DCIS)

Follow-up information for patients

For more information, please contact:

The Imaging Breast Unit
The York Hospital
Wigginton Road, York, YO31 8HE
Tel: 01904 725592

The Breast Team Scarborough
Scarborough Hospital,
Woodlands Drive,
Scarborough, YO12 6QL
Tel: 01723 342689

Caring with pride
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Follow-Up, Mammograms and Breast Screening

Following initial treatment you will be invited to have ‘follow-up’ by having regular breast x-rays (mammograms). If you have had a mastectomy, a mammogram will be done on your other breast. After a lumpectomy or wide local excision (breast conserving surgery) you will have a mammogram on both breasts.

The time between mammograms is around one year and this will occur for five years. If you are less than 50 years old, your surgeon will arrange continuing mammograms until you reach the NHS breast screening age.

Currently women of 50 years and over will be invited for a mammogram by the National Breast Screening Programme every three years up until the age of 73.

After the age of 73 years, you are encouraged to request a mammogram through the National Breast Screening Programme by contacting the local screening office on 01904 725592.
Mammography is currently the most reliable way of detecting a breast cancer early but, like other screening tests, it is not perfect. Whether you have had breast conserving surgery or a mastectomy (with or without breast reconstruction) it is important to remain breast aware.

This means knowing how your breast(s) look and feel. If you notice any changes that are not normal for you, contact your GP or the Breast Care Nurses.

The Radiologist will check the mammogram for any changes. Occasionally slight changes may be seen and you may be asked to attend for further tests on another day. This may be so further mammograms can be taken from a different angle or of a particular part of the breast. This helps the Radiologist decide if more tests are needed.
How Will I Get my Results?

Following your mammogram you will be notified by letter from your consultant.

After Follow-Up

After you have been discharged from mammographic follow-up your GP will be the main contact for you to get any breast problems or concerns checked quickly. If your GP thinks you need to be seen again in the breast clinic they will refer you.

Remember

Remain breast aware - do not hesitate to contact your GP or the Breast Care Nurse if you notice any changes.

As you are being followed-up for a period of five years, it is important that you let us know if you have any health changes. You can contact the Breast Nurses or The Breast Imaging Unit on 01904 725592.
Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact The Breast Care Nursing Team, The York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726775.

Teaching, Training and Research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.
Listening in order to improve • Always doing what we can to be helpful
Providing care together in York, Scarborough, Bridlington, Malton, Selby and Easingwold communities

Please telephone or email if you require this information in a different language or format

If you require 本資訊是以不同的語言或版式提供，請致電或寫電郵
Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail
Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

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Braille  Audio e.g. CD
Large print  Electronic

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