



York Teaching Hospital  
NHS Foundation Trust

# The Breast Multi-Disciplinary Team (MDT)

Information for patients, relatives and carers

The Breast MDT members meet every Monday at 13.30hrs and on Thursday at 08.15hrs in York.

① For more information, please contact:

The Breast Care Nursing Team  
Tel: 01904 726775

The York Hospital  
Wigginton Road, York, YO31 8HE

# **MDT**

The Team members specialise in the care and management of breast cancers. All patients are discussed at MDT and the team will agree an individual treatment plan.

Following the meeting, you will be seen in the clinic or ward by a consultant. Your individual treatment plan will be discussed with you and your family. You will be offered a summary of the plan if you would like one.

All patients are offered a named Key Worker (sometimes called a breast care nurse) who will be responsible for co-ordinating care.

## **The Team members are:**

### **Consultant Breast Surgeon**

A Doctor who diagnoses breast conditions and performs breast surgery including reconstruction.

### **Consultant Breast Oncologist**

A Doctor who prescribes drug treatments and radiotherapy for breast cancers.

### **Breast Clinician**

A Doctor who diagnoses conditions of the breast including cancer.

### **Consultant Breast Radiologist**

A Doctor who interprets breast images; mammograms, MRI and Ultrasound and takes tissue samples.

### **Consultant Breast Radiographer**

Interprets breast imaging; mammograms, Ultrasound and takes tissue samples.

### **Breast Radiographer**

### **Breast Ultrasonographer**

### **Advanced Practice Radiographer**

Specialists in breast imaging.

### **Consultant Pathologist**

A Doctor who analyses breast tissue.

## **Lymphoedema Physiotherapy Specialist**

A Physiotherapist who manages arm swelling.

## **Specialist Breast Care Nurse**

A Specialist Nurse that provides information support and help making decisions.

## **Consultant Cancer Psychologist**

A Clinical Psychologist who provides psychological treatment for people affected by cancer.

## **Research Team**

A team that co-ordinates clinical trials and collect data.

## **Palliative Care Team**

Supports the management of symptoms and improves the quality of life for patients.

## **Breast Nurse Practitioner**

Assesses and supports diagnosis, follow-up and ongoing needs.

## **Surgical Care Nurse Practitioner**

Assists with diagnostic and surgical procedures.

## **MDT Lead**

Directs co-ordinated patient care.

## **MDT Co-ordinator**

Team administrator.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk).

An answer phone is available out of hours.

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact The Breast Care Nursing Team, The York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726775.

## Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

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或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: [access@york.nhs.uk](mailto:access@york.nhs.uk)

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|--------------------|--------------------------|
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