Breast Care Specialist Nursing Service

Information for patients with breast cancer

For more information, please contact:
Breast Care Specialist Nurses
Telephone: 01904 726775

The York Hospital
Wigginton Road, York, YO31 8HE

Scarborough Hospital
Woodlands Drive, Scarborough, YO12 6QL

Caring with pride
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Introduction

You have been given this leaflet to provide you with information about the Breast Care Specialist Nursing Service, how to contact them, and how they can help you. We hope you find this leaflet useful but if you have any further questions please feel free to ask.
Who are the Breast Care Specialist Nurses?

We are Specialist Nurses based at Scarborough and York Hospitals, and may also be known as your ‘Key Worker’. We have specialist knowledge for patients with breast cancer. We will be available throughout your care from diagnosis onwards.

The breast clinical nurse specialists (CNS) are nurses who specialise in breast cancer, we work as part of the multidisciplinary team, alongside other healthcare professionals. We provide information about your diagnosis, treatment options, specialist support, and information to you, your family, and carers throughout your cancer treatment and follow up care. We provide a link and point of contact for you and your family and are your designated key worker.

We offer contact either in person, via our telephone service, text, or email.

We aim to offer a bespoke service for our patients and their carer(s) and we do encourage you to contact us to allow us to address your needs.

Who is the service for?

The service is available for anyone who has been diagnosed with breast cancer and their carer(s) too.
What you can expect from your breast care team; our commitment to you.

We will:

- Provide you with information, support, and advice about your illness and treatment.

- Provide you with a full explanation about the aims of treatment, the benefits, possible side effects, and potential alternatives.

- Act as a contact for you and your carers within the hospital throughout your treatment and care.

- Give you advice on managing symptoms you may have as a result of your illness.

- Help you identify sources of practical help.

- Liaise with and work collaboratively with other people who may be involved with your care. This may be the hospital doctors, your GP, district nurse, or community Macmillan nurse.

- Offer a sensitive and complete breast prosthesis (artificial shape) fitting service where appropriate.

We are happy to discuss any issues with nominated relatives or carers, but we must gain permission to do so from you the patient beforehand.
How do I contact the Specialist Nurses?

You can phone, email, or text us:

Telephone: 01904 726775
Email: breastcarenursessupport@york.nhs.uk
Text: 07584 641644

You can reach us between the following hours:
8.00am – 5.30pm, Monday – Thursday and
8.00am – 5.00pm, Friday.

If we are not in the office, there is a voicemail facility for you to leave a message.

If you have an urgent problem outside these hours please contact your GP or district nurse.

If you have recently been discharged from hospital you can contact the ward you were on.

Scarborough Hospital:
We run a weekly nurse-led clinic at Scarborough Hospital and can arrange for some of your follow up to take place at Scarborough if preferred.
Useful Addresses

Macmillan Support Line       Telephone: 0808 808 0000
www.macmillan.org.uk

Macmillan is a UK charity, which supports people living with cancer and their carers. They are a valuable source of information and advice. In some cases, they may be able to help financially.

Breast Cancer Care          Telephone: 0808 800 6000
www.breastcancercare.org.uk

5-13 Great Suffolk Street
London, SE1 0NS

Breast Cancer Care is a national charity providing information and support on breast cancer to patients, their family, and friends.

The Cancer Care Centre York  Telephone: 01904 721166
Cancer Care Service Scarborough  01723 342606

The York Hospital, Wigginton Road, York, YO31 8HE
Monday – Friday, 9am – 4.30pm

Offering Complementary Therapies, a range of support groups, benefits advice, SASY (Silks & Scarves in York), and information. Feel free to call in for a drink and a chat. The service is available for patients, families, and carers.
Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact the Breast Care Nurse Team, The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726775 or 01723 236120 or email breastcarenursessupport@york.nhs.uk.

Teaching, training, and research

Our Trust is committed to teaching, training, and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk.

An answer phone is available out of hours.
Providing care together in York, Scarborough, Bridlington, Malton, Selby and Easingwold communities

Please telephone or email if you require this information in a different language or format

01904 725566
email: access@york.nhs.uk

Braille

Audio e.g. CD

Large print

Electronic

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