

Introduction to Coaching



Course Description

This is a one day experimental coaching skills course to give a greater understanding of coaching, the processes and what coaching involves.

Who Should Attend?

- Anyone who wishes to develop their coaching skills
- Anyone who would like to gain a greater understanding into coaching and the coaching processes
- **This course is open to applicants of any staff banding**

Course Objectives

- To have an understanding of the benefits of using coaching skills when working with staff that they supervise or line manage
- To have the opportunity to practice basic coaching skills; active listening, powerful questions, etc
- Have a structure in which to use these skills.

Course Date (9.00am - 4.30pm)

- **Monday 24th
February 2014**

*Classroom S33 Post Grad
Centre – Scarborough*

****Please note – this venue
is subject to change****

Course Booking:

York Acute/Community: Complete a Fast Track Learning Leave Form and return to CLAD.York@york.nhs.uk

Scarborough Acute: Complete a Study Leave Form and return to CLAD.Scarborough@york.nhs.uk

SWR Community: Complete a Fast Track Learning Leave Form and return to CLAD.Scarborough@york.nhs.uk