Introduction to Coaching

Course Description
This is a one day experimental coaching skills course to give a greater understanding of coaching, the processes and what coaching involves.

Who Should Attend?
- Anyone who wishes to develop their coaching skills
- Anyone who would like to gain a greater understanding into coaching and the coaching processes
- This course is open to applicants of any staff banding

Course Date
(9.00am - 4.30pm)
- Monday 24th February 2014

Course Objectives
- To have an understanding of the benefits of using coaching skills when working with staff that they supervise or line manage
- To have the opportunity to practice basic coaching skills; active listening, powerful questions, etc
- Have a structure in which to use these skills.

Course Booking:
York Acute/Community: Complete a Fast Track Learning Leave Form and return to CLAD.York@york.nhs.uk
Scarborough Acute: Complete a Study Leave Form and return to CLAD.Scarborough@york.nhs.uk
SWR Community: Complete a Fast Track Learning Leave Form and return to CLAD.Scarborough@york.nhs.uk

Classroom S33 Post Grad Centre—Scarborough
*Please note—this venue is subject to change*