



York and Scarborough  
Teaching Hospitals  
NHS Foundation Trust

# Instructions For Cleaning Your Ear Mould

Information for patients, relatives and carers

① For more information, please contact:

York Hospital Audiology Department

Telephone: 01904 726741

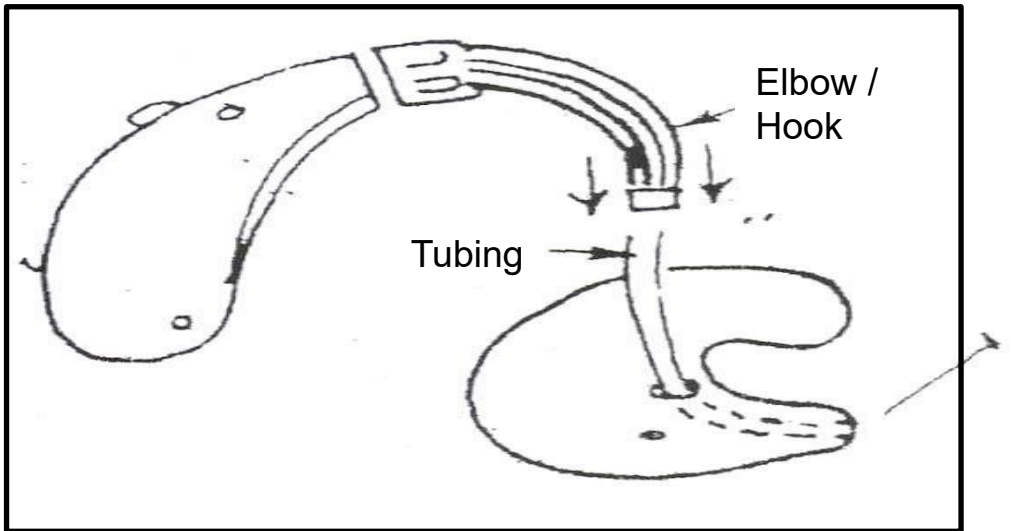
Email: [yhs-tr.hearingaid.repairs@nhs.net](mailto:yhs-tr.hearingaid.repairs@nhs.net)

<b>Contents</b>	<b>Page</b>
Instructions for cleaning your ear mould .....	3
How to retube your ear mould .....	5
Tell us what you think of this leaflet .....	7
Teaching, training and research.....	7
Patient Advice and Liaison Service (PALS).....	7
Leaflets in alternative languages or formats .....	8

# Instructions for cleaning your ear mould

The ear mould of your hearing aid should be cleaned weekly.

1. Detach the ear mould from the hearing aid, as shown in diagram A, Pull the tubing away from the elbow/ hook which is on the hearing aid.

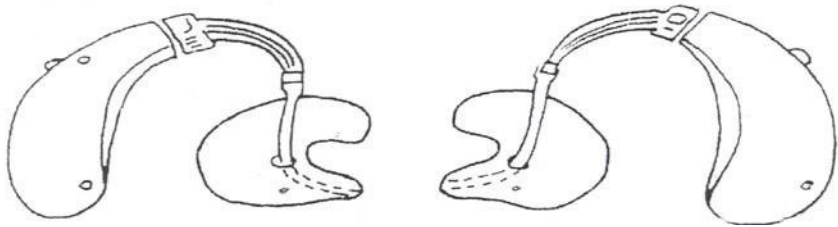


2. **Do not pull the tubing out of the mould.**
3. Wash the mould in warm soapy water.  
A nailbrush, pin, or cleaning wire may be used to help remove wax from the tubing and vent hole.

4. Rinse the ear mould in clean water, shake the excess water out and leave in a warm dry place over night.

**Do not place on a radiator** as the mould will melt. Also do not blow through the tube as your breath has moisture in which will stay in the tubing.

5. The ear mould should be re-attached to the hearing aid with the curve of the mould matching the curve of the aid (see diagram below)

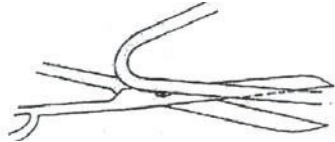


6. **Please note:** The hearing aid itself should never come in contact with water. To clean it you should use a baby wipe and a dry cloth. Make sure the battery drawer is closed.

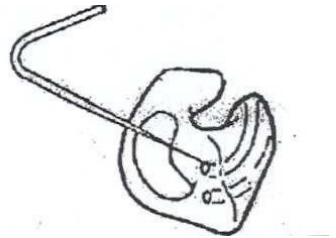
# How to retube your ear mould

Your Ear mould should be retubed every four to six months.

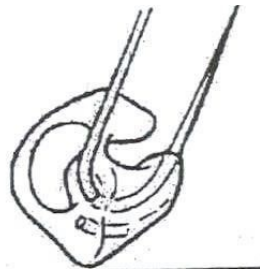
1. Pull the old tubing out of the mould and keep it. Taper the last inch of the new tubing.



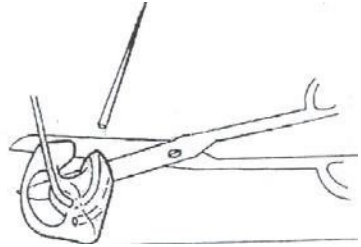
2. Thread the tapered end through from the outside of the mould.



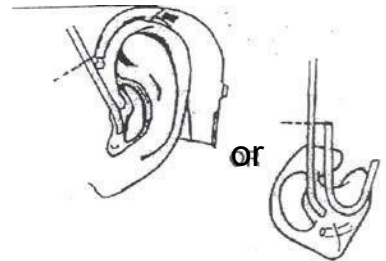
3. Pull the tubing through the mould until the tapered end has passed right through the mould. The tubing should now be at a right angle, with the tubing flat against the outside of the mould.



4. Cut off the tapered end as close to the mould as possible.

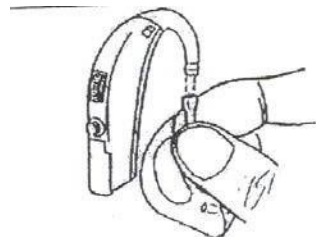


5. To adjust the tubing to the right length, place the mould in your ear and the hearing aid over the top of your ear. Ask somebody to make a mark where the tubing and end of the hook / elbow meet.



Cut the tubing at this point. Another method is to hold the old piece of tubing against the new piece of tubing and cut it to the same length.

6. Squeeze the top of the tubing and wiggle it on over the end of the elbow / hook.



## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

Audiology Department, York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726741 or email [yhs-tr.hearingaid.repairs@nhs.net](mailto:yhs-tr.hearingaid.repairs@nhs.net).

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.patientexperienceteam@nhs.net](mailto:yhs-tr.patientexperienceteam@nhs.net).

An answer phone is available out of hours.

# Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

[www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

Owner	Stacey Gurnell, Audiologist
Date first issued	September 2018
Review Date	January 2028
Version	2 (issued January 2025)
Approved by	H&N DGMG (Directorate Governance Management Group)
Document Reference	PIL1283 v2
© 2025 York and Scarborough Teaching Hospitals NHS Foundation Trust.	
All Rights reserved.	