

## **C2Hear**

Information for patients, relatives and carers

### **C2Hear Online is a partnership between:**

- [Nottingham University Hospitals NHS Trust](#)
- [University of Nottingham](#)

Please click on the website link to find some helpful videos.  
Please be aware that your hearing aid may be slightly different to the one shown.

[https://www.youtube.com/channel/UC\\_CO85ih5H68q5YSxMziidw](https://www.youtube.com/channel/UC_CO85ih5H68q5YSxMziidw)

### **What is C2Hear?**

- An evidence-based set of 10 interactive multimedia videos (or reusable learning objects, RLOs).
- Addresses practical and psychosocial issues about hearing aids and communication.
- Developed with hearing aid users and audiologists.
- At the end of each RLO there is a self-evaluation quiz to show what has been learned.

### **What are the benefits of C2Hear?**

- Better knowledge of hearing aids and communication.
- Better hearing aid handling skills.
- Greater use of hearing aids for people who don't wear their hearing aids all of the time.
- Improved confidence and reassurance in using hearing aids and communicating.
- [Rated highly useful by hearing aid users and audiologists.](#)
- Benefits shown in a [high-quality research study \(HEAR IT\).](#)

# Here is a sample of video clips that you can access



Getting to know your hearing aids



Communication tactics



How to insert hearing aids devices



Tips for using the phone



What to expect when wearing hearing aids



Hearing aid care

## Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Audiology Department, The York Hospital, Wigginton Road, York, YO31 8HE, telephone 01904 726741 or email [hearingaidrepairs@york.nhs.uk](mailto:hearingaidrepairs@york.nhs.uk).

## Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk). An answer phone is available out of hours.

## Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供 , 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

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