

Second Stage Breast Screening

Information for patients, relatives and carers

North Yorkshire Breast Screening Service

① For more information, please contact:

North Yorkshire Breast Screening

Magnolia Centre

York Hospital, Wigginton Road, York, YO31 8HE

Telephone: 01904 725590 or 01904 725591

Second stage screening:

Your questions answered

You recently had a mammogram as part of the National Breast Screening Programme and have now been asked to come for a second visit. This appointment is in the Breast Imaging Unit in York Hospital. The leaflet explains why we sometimes ask people to come back for further screening.

Why have I been asked to come for a second visit?

About one in every 20 women who attend for breast screening is asked to come back for a second visit. This appointment is for more detailed tests.

Most women who are called back will not have any problems and these further tests will enable us to confirm a normal result.

Where is the Breast Imaging Unit?

The Breast Imaging Unit is in the Magnolia Centre at York Hospital. See the separate enclosed map.

What can I expect to happen during my visit?

When you arrive at the unit, the receptionist will show you where to wait. A health care professional will explain the process to you.

If you would like to bring a friend or relative with you, please feel free to do so. Please bring a list of any medications that you are currently taking.

You will see a consultant radiologist or a consultant radiographer who will look at your x-rays and carry out further tests as appropriate.

You will be asked to undress to the waist when you are having your tests so it is a good idea to wear a separate top, which can easily be removed.

When all your tests are completed, you will see the Specialist Nurse to discuss the results.

How long will I be at the clinic?

We advise you to allow up to four hours for your visit. How long you are in the clinic will depend on the number of tests you need to have done.

What tests will be done?

Each woman is different so it is not possible to say which tests you will have. You may have one or a combination of the following tests.

Further mammograms

More x-rays may be taken from a different angle or just one part of the breast to help the radiologist decide if more tests are needed.

Tomosynthesis

Digital breast tomosynthesis makes a three-dimensional (3D) image of the breast. During digital tomosynthesis you are positioned as for an ordinary mammogram, but the machine makes multiple images to create a 3D image.

Contrast-enhanced Spectral Mammography (CESM)

CESM is a type of mammogram which aims to highlight an area within the breast by using an x-ray dye (contrast medium) which is injected into the vein before the mammogram is performed. CESM will give more information about a breast condition.

Ultrasound Examination

Some women will have an ultrasound examination. This test uses sound waves instead of x-rays to produce another picture of the inside of your breast.

Clinical Examination

This means having a close and careful look at your breasts and feeling for any changes.

Biopsy

Some women will need a further test to take a tissue sample from the breast using local anaesthetic. This is called a biopsy. If this is needed, the test can be carried out whilst you are in clinic, but the results will not be available on the same day. We will discuss with you when your results will be available and how you will receive them.

If you are taking any medication to thin your blood (e.g., Warfarin, Apixaban, Dabigatran or Rivaroxaban) it would be helpful if you could check your INR within the 48hours before your clinic appointment in case you need a biopsy.

Remember

Most women who are called back will not have breast cancer.

Space for your notes and questions

Please use the space below to write any questions you may have.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

The Breast Imaging Unit, York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 725591.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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