A much needed £650,000 refurbishment of the Emergency Department at York Hospital has been completed, just in time for the predictably busy winter months ahead.

Designed to help patients access care they need more efficiently, the front end of the department has been reconfigured into two areas. The first provides conventional emergency services and the second an urgent care and primary care centre, providing better access for people with less severe conditions and planned outpatient appointments.

On arrival, patients are now seen by a senior nurse to ensure they are directed to the area that will best meet their needs. This will help speed up the treatment of patients by ensuring that patients needing emergency care see the right staff more quickly. Jamie Todd, Directorate Manager for the Emergency Department, explained: “I am really pleased that we have been able to carry out these improvements, which have already received positive feedback from patients and staff. Continued on page 2
YorK ED improvements now complete

Continued from page 1

“This much-needed refurbishment means we can improve and streamline how patients are assessed and treated, which should reduce the time that people wait in the department, and ultimately improve patient safety.”

The refurbishment has been made possible thanks to investment from the Government’s Primary Care Streaming Initiative and capital investment from the Trust. The works include a bright new reception desk, two new assessment rooms and extensive improvements to the waiting area and infrastructure.

The upgrade has also received support from York Teaching Hospital Charity, including money from their recent Dementia Appeal, and Friends of York Hospital. Thanks to their support improved signage, seating and a dementia safe space room have been introduced to help patients living with dementia and other mental health conditions have an improved patient experience in what is a busy, highly pressurised, environment.

Fundraising Manager at York Teaching Hospital Charity, Lucy Clegg said: “Supporters of our Dementia Appeal have made it possible for the Trust to make specific improvements that will help patients living with dementia when they come through the department. A special thanks goes to Friends of York Hospitals who made a significant donation of £15,000 which has helped to provide many of the fixtures are fittings in the new areas.”

Jamie added: “Our staff have worked hard to ensure disruption to patients has been kept to a minimum throughout the building work and I thank them all for their professionalism, dedication and patience over the last few months. “Credit must also go to the Trust’s capital projects team, especially Jen Bennison, Capital Projects Manager, our estates and facilities team and our contractors, all of who have worked tirelessly over the last few weeks to deliver this upgrade to tight deadlines in a busy and hectic environment.”

Change to appraisal process

A NEW appraisal process has been introduced for 2019 which has seen a change to the appraisal template to include new questions.

The new template should be used for appraisals that take place from 1 January 2019. Appraisers should still complete the 2018 template for all appraisals which took place in 2018.

Further information about the new appraisal process and paperwork can be found on Staff Room in the HR and Recruitment section.

Systems and Networks increase security skills

Following the cyber-attack in 2017 some of the senior technical staff in the systems and networks team embarked on extra training to increase their cyber skills.

A training programme was funded by NHS Digital for technical staff in the NHS to become a Certified Information Systems Security Professional (CISSP) to advance their cyber security skills.

After a year of hard work Paul Chappell, Senior Server Analyst, has become a fully endorsed holder of the CISSP certification after taking part in the initiative.

Adrian Shakeshaft, Head of IT Infrastructure, said: “We would like to congratulate Paul on reaching this level and bringing this extra expertise to the team and the Trust.

“CISSP certification has become a prerequisite for anyone in a senior role in information security. It is a globally recognised standard of achievement for information security professionals.”

Help wipe out blocked drains

THERE have been several occasions recently at York Hospital where the drains have been blocked because of wipes and pads. It has impacted on patients, staff and visitors into the hospital when areas have had to be closed whilst burst pipes have to be fixed and cleaned up.

Helen Hey, Deputy Chief Nurse, said: “Not only is the unblocking of drains exceptionally unpleasant for our estates and facilities colleagues, our drainage system is not designed to cope with this type of waste. The cost to the Trust to repair or replace parts of the drainage system is significant and will result in considerable expenditure.

“Staff are reminded not to put wipes into the drains - whether that is a macerator or the flush system in toilets or sluice.”

How to dispose of wipes correctly

- When a patient is washed and wipes are used, or they are used for toileting purposes, they should be placed in a striped tiger bag and disposed of.
- Tiger bags should be readily available in your area; if this is not the case please inform your line manager as a matter of priority.
- In addition, there should be no wipes in toilets and bathrooms. If there are, these should be removed with immediate effect.
Trust pressure ulcer project wins award

After a successful ‘Stop the Pressure’ campaign highlighting the damaging impact of pressure ulcers, the Trust’s tissue viability team have won an award for a project that focuses on heel ulcers.

Figures from incident reports showed that heel ulcers were the Trust’s most problematic and difficult to manage area, and to combat this an improvement project was set up.

Four elderly medical wards, Oak and Ann Wright at Scarborough Hospital, and Ward 23 and 35 at York Hospital took part in the project.

Samantha Haigh, Tissue Viability Lead, explained: “Heel ulcers are one of the most challenging areas of pressure ulcer management as, not only are they the second most common site for pressure ulceration, they can sit alongside other complicated conditions which affect the feet, such as diabetes. This can make them both confusing and difficult to diagnose and treat.”

The team were hoping to reduce heel ulcers over a six month period and, while numbers did not reduce significantly, the increased reporting of category 2 heel pressure ulcers showed a trend in all areas over the course of the project.

Samantha added: “More importantly, the study raised awareness of heel ulcers and educated staff on heel ulcer prevention and management. This was largely due to the introduction of visual aids and more coordinated referral systems.”

The project won an award in ‘The project most likely to adopt at pace’ category in the Improvement Academy awards.

Improved audiology services for East Coast

ADULTS and children with hearing problems in Scarborough and Bridlington can look forward to improved services with the installation of new audiology soundproof booths.

Until recently Bridlington patients have had to travel to Scarborough for the majority of testing but with the installation of a brand new audiology booth at Bridlington Hospital more services will be on offer locally.

Kate Iley, Head of Audiology, said: “Sadly, when Bridlington Hospital was built it did not include any soundproof booths, so patients have had to travel to Scarborough for the majority of the testing. We will now be offering more services from Bridlington, including testing of children over the age of three years – something we haven’t been able to do. We hope this will give patients and their families a more local service, rather than having the stress of coping with transport to Scarborough or Hull.”

Services in Scarborough are also set to improve with the installation of a booth at Springhill House in Scarborough where the Audiology team is based.

Kate added: “Many patients have to attend their first appointment at Scarborough Hospital before being able to have subsequent appointments from Springhill House. We’re delighted that in future patients will be able to start and complete the journey in the same place.”

Claire Davies, Specialist Podiatrist, Lisa Pinkney, Patient Safety Facilitator, Sam Haigh, Lead Nurse for Tissue Viability and Jennie Hall, Programme Director/Strategic Nursing Adviser Nursing Directorate – NHS Improvement

Senior Audiologist Alex Trousdale in the audiology booth
November finalists

Louise Brown, Adult Speech and Language Therapy, Scarborough

New international standards for feeding patients with swallowing difficulties were introduced which had to be communicated to staff and visitors across the Trust. The Dysphagia Diet Initiative Standards for adults and children with swallowing difficulties involved significant changes to the level of thickness of drinks and it was vitally important that people were made aware. Louise worked tirelessly to raise awareness across the organisation to prevent drinks being thickened incorrectly. This included meetings with a large number of different services, launching the new standards with additional ward training, leaflets and information on Staff Room and screen savers. Louise had many hurdles to jump in this process and has tirelessly placed patients with swallowing difficulties at the centre of this successful launch.

Lucy Adams, Medical Laboratory Assistant, York Hospital

A new 24-hour shift rota was introduced in laboratory medicine’s specimen reception which caused great upset and worry to the medical laboratory assistants (MLA) who play an essential role in the service. The proposed shift rota didn’t take into account their personal needs and why they work their current hours. Many staff were considering looking for other work. Lucy worked to develop a different shift rota to accommodate preferences and needs that also met the department’s staffing requirements for a 24-hour service. This took much consultation with colleagues as well as good communication with managers. Lucy is praised for her commitment to maintaining a high-quality service provided by experienced MLAs and potentially saving a big walk out of long serving staff.

Amber Lee, Jennie Truman, Christine Petch, Charlotte Martin, Neurophysiology/Neurology decant team, York

Due to the endoscopy build several clinic rooms in Neurosciences became unusable due to noise levels and had to be decanted to ward 15 at very short notice. The nomination from a colleague is for the Neurophysiology team and a group of individuals who worked together to ensure patient services were not interrupted. Certain individuals volunteered to work late on Friday and come in on Saturday to make sure that PCs and medical equipment were fully functioning ready for Monday clinics. On the recent move back to the department individuals once again worked late and gave up their own time and special mention goes to those named for “pulling out all the stops”. Amber Lee was praised for giving up her own time on her birthday weekend to ensure services were not interrupted in this complex move.

Carolyn Hood, Discharge Liaison Officer, ASU York Hospital

Carolyn was nominated by a colleague for her commitment to her role and the way she always goes above and beyond her duty. Recently Carolyn found out that the daughter of one of their patients was getting married the next day but unfortunately he was too poorly to attend. The following day, even though she wasn’t working on the ward, Carolyn came in with a bunch of roses to make up a corsage, a clean shirt and tie and a wedding card for him. Carolyn had arranged for the patient to meet his daughter in the patient lounge for his photo with her before she went to the register office. “Carolyn always puts the patient at the centre of everything she does and I’m proud to have her as valued team member.”
STAFF WELLBEING
A regular section bringing you the latest news and developments from the Wellbeing Team

Schwartz Rounds continue to support emotional wellbeing

Last year a new concept, the Schwartz Round, was introduced to the Trust for staff from all backgrounds to come together to talk about the emotional and social challenges of caring for patients.

Schwartz Rounds are named after Ken Schwartz, a patient in the US who set up a foundation to promote compassion and kindness for people who work in healthcare. It is based on the idea of medical ‘grand rounds’, but focuses on the non-clinical aspects of care.

Joanne McVey, Consultant Clinical Psychologist, who was instrumental in launching the unique sessions, said: “The aim of the rounds is to provide a regular reflective space for staff to consider the emotional impact of working in healthcare, and to reduce isolation, hierarchies and other barriers to supporting each other. “We held six sessions in 2018 and the feedback has been really positive with staff commenting how liberating it is to share stories without trying to problem-solve. It highlights the common feelings and emotions of people working in healthcare and brings them together.”

The last session of 2018 was entitled ‘Tales of the Unexpected’ where the panel of staff from mortuary, cystic fibrosis and directorate teams talked for five minutes about an experience at work that hadn’t turned out the way they had expected it to. They spoke of the way this impacted on them as they tried to carry on with their role.

A wide range of staff attended, including medical secretaries, managers, consultants, project workers, pharmacists, nurses and physiotherapists.

In the audience discussion that followed, a number of common themes emerged, especially the way that staff had extended themselves to be compassionate to patients and their families and to do all they could to make a difficult or tragic situation slightly better. This was true for all the panel members, even though they came from diverse jobs and specialties across the organisation.

Thanks to York Teaching Hospital Charity the Schwartz Rounds will be funded for the next two years.

A healthy 2019 - and an app that can help keep you on track

IF YOU do one thing this year download the free Health e-hub app from the Trust’s employee assistance programme, Health Assured.

The app has a comprehensive library of resources to get you through life’s challenges. Once you are logged in you can access a whole host of wellbeing information such as webinars and four-week programmes you can do in your own time such as healthy lifestyle, exercise, losing weight and sleep.

The app also offers support for family, financial and emotional issues as well as one to one and online counselling. Download the app to your mobile phone or iPad from Google Play or the Apple App Store.
Dear all

Having a strategy is important for a Trust like ours. It provides a picture of where we are heading as an organisation with milestones along the way to help us know if we are achieving our plans. Working with others, including our partners, our Trust has published a strategy for the next five years. It doesn't seek to describe every single action we must take, but it does describe the broad general direction we know we must take and it begins to describe our ambitions for our Trust.

On the opposite page you can see our strategy at a glance. Over the next few months every member of staff will have an opportunity to learn more about our strategy and have an opportunity to think about what it means for us individually in our day-to-day work. You can also watch a video on Staff Room and information attached to your payslip will explain more.

Start well. Live well. Age well

Naturally, we want to provide great care and where possible even better care to those we serve, in partnership with others. Others include community teams, GPs, social services and the third sector to name just few. Our shared ambition with our partners is that those we serve can start well, live well and age well.

Ambitions

In order to meet our ambitions, we have three very clear goals. Our patients and their care must be at the heart of all of our work, and our new strategy is clear that our staff must also be at the heart of our ambitions too.

We want to become even better employers through improved communications and engagement, a commitment to the health of our employees and first class learning and development opportunities. Everyone knows that we must live within our means and achieving this is everyone’s responsibility.

Areas of focus

To achieve our ambitions will require every one of us to make the best contribution that we can. From the most senior staff to the most junior, achieving our goals is everyone’s job. In the five years ahead, things will inevitably change - just think about how things have changed over the last five years. We know that we will have to work increasingly in partnership with others, we know that technology will play a greater role in the ways in which we provide care for our patients, we know that developing great leadership skills in our Trust will be vital, and we know that where and how we provide services, often outside of an acute hospital setting, is likely to change.

Our values

We can anticipate change in the years to come and we can welcome it, knowing that our overriding ambition is to provide great care to our patients. What we know will never change is our commitment to our heartfelt values. Everyone who works in our Trust can demonstrate these values every day by caring, helping, respecting and listening.

Thank you in advance for your support and hard work and for your contribution to achieving our shared ambitions.

On behalf of the Board of Directors

Susan Symington
Chair

Mike Proctor
Chief Executive
Our Five-Year Strategy at a glance

**Vision**

Be collaborative leaders in a system that provides great care to our communities

**Mission (or ambition)**

Start well, live well, age well. We want everyone in our area to have a great start in life and to have the opportunities and support they need to stay healthy and to age well.

**Strategic Goals**

- To deliver safe and high quality patient care as part of an integrated system
- To support an engaged, healthy and resilient workforce
- To ensure financial stability

**Strategic Themes**

- Deliver clinically sustainable services for our patients
- Develop people to improve care
- Adopt a Home First approach
- Work collaboratively in our partnerships and alliances
- Make best use of every pound

**Values**

- Caring about what we do
- Always doing what we can to be helpful
- Respecting and valuing each other
- Listening in order to improve

This is how we see our future... and how we want others to see us, including our patients.

As well as patients being at the heart of everything we do... so are our staff. All staff.

Making the books balance is essential to our long-term future.

We will get better and better at working in partnerships.

And, of course, our values never change.

Our mission is the same as our partners': together we believe we can improve the health of those we serve.

Our patients will always be at the heart of everything we do.

Improving quality and patient experience is vital.
First hip replacement in a day at Bridlington

Bridlington Hospital has celebrated a milestone with their first patient to have a hip replacement and go home in the same day. Bridlington has become one of a few units in the country able to provide hip replacements for selected day case patients. Only recently patients would routinely stay in hospital for five days following a hip replacement.

The Bridlington team reached this breakthrough after advances in patient information, anaesthetics and medication over the past few years have steadily seen patients recovering more quickly and needing to spend less time in hospital.

Mark Andrews a senior Consultant Orthopaedic Surgeon at Bridlington Hospital said: “The team here are very proud to have completed our first day of surgery discharge of a hip replacement patient in Bridlington. A few other hospitals in the UK have started discharging selected patients on the day of surgery, and we felt that we were ready to offer that service in Bridlington. “Over the years we’ve improved preparation and reduced the trauma of surgery by educating people in advance of their operation so they can prepare physically and psychologically. There have been changes to anaesthetics and medication that allow patients to mobilise safely within hours of surgery.

Bridlington orthopaedic team celebrate with their first home-in-a-day hip replacement patient, Kevan Jackson (3rd left)

“Patients often prefer to be at home and increasingly have been asking whether they could go home on the day of surgery. We have noticed over the last few years of service improvements that some patients didn’t really need to stay and so this was the logical next step.”

Mark is keen to stress that same day surgery and discharge is not suitable for all patients: “Young, fit patients with carers at home who live near to the hospital will be the first to be offered the opportunity to go home on the day of surgery if they feel well enough in the afternoon.”

Bridlington Hospital’s specialist unit provides planned orthopaedic surgery for patients right across the East coast.

WHAT would you do if you were asked to stop long-term ventilation at a patient’s request – is it suicide or assisted suicide?
Do you have concerns about the confidentiality of using a bedside sticker or visual identifier for someone with dementia?
Are there circumstances when offering a patient with learning difficulties a less effective, but less invasive, treatment is right?
All of these are ethical decisions faced by healthcare professionals on a regular basis.

Increasingly, clinicians are being asked to resolve situations that raise challenging ethical questions. Even with years of experience some decisions can leave clinicians feeling vulnerable.

The Clinical Ethics Committee is a group that meets regularly within the Trust to provide expert support for staff who are presented with difficult professional decisions that may leave them feeling vulnerable.

Sue Urwin, Consultant Anaesthetist, explained: “Difficult decisions are part of our daily work but making these judgments can be very stressful. Clinicians don’t receive any formal training to adjudicate on ethical or legal matters, neither do they have a system for analysing particularly difficult ethical matters.

“Having the support of the Clinical Ethics Committee means that people don’t have to grapple with these situations alone.”

The committee can help with anything from policy issues to individual clinical cases and has gathered relevant resources on a number of subjects.

Bill Hulme, Medical Director at St Leonards Hospice and Palliative Care Consultant at the Trust talks about his experience after referring a case to the committee: “As a clinical resource it has been a very positive experience. The group were able to provide a structured assessment of the situation, give potential solutions and rationalise the risks and benefits of each option. This provided reassurance to me and the team that we were acting in accordance with professional and legal guidance, and the family were satisfied that we were exploring every possible avenue to manage the situation.”

Anyone looking for support for a difficult ethical decision or advice on whether the committee can help can contact sue.urwin@york.nhs.uk

A referral form and further information about the Clinical Ethics Committee can be found on Staff Room under Clinical Information.
Behind the scenes at Estates

The estates department is responsible for an enormous range of services spanning across the whole of the Trust. It involves a whole variety of highly trained staff from different trades, working together to correct the thousands of faults that occur in an organisation the size of the Trust.

As well as the huge array of unexpected problems the teams face, they also have a programme of planned maintenance that guarantees the Trust’s buildings and grounds retain their high standards.

In 2018 over 23,000 faults were reported by staff, and with a similar number expected this year and over 30,000 maintenance jobs planned across Trust sites, the teams are in for a busy year.

When it comes to reporting faults the first port of call for staff is the estates and facilities helpdesk and web reporting system. The team of four log around 500 maintenance issues a week onto the Trust’s system then direct the problems to the appropriate service within estates who respond as quickly as possible.

They also book taxi and interpretation services, manage contractors and carry out day to day estates admin work.

Mandy Boyd, Deputy Estates Manager, said: “The helpdesk team do a fantastic job as the first line of defence in helping ensure estates and facilities continue to achieve high standards of hygiene, maintenance, repair and compliance. Problems can range from urgent requests for a repair to an essential piece of equipment in an operating theatre, to a broken toilet or light bulb out. “Leaking roofs, trees blocking a path, problems with water supplies, heating and hot water, power supplies, overflowing bins, blocked drain macerators and painting – you name it, we get to hear about it.”

Scarborough apprentices seize career opportunities

Apprenticeships in the estates department are providing real opportunities for young people looking for an interesting and varied career.

Staff Matters spoke to recently qualified mechanical apprentices Cameron Addison and Jamie Ollis who explained why they were so keen to take up the opportunity.

Cameron (pictured centre) said: “I’ve recently qualified as a mechanical engineer after starting my career at Scarborough Hospital as a maintenance worker. One of the main reasons for joining the NHS was the range of training opportunities open to me. Four years on I’m a fully qualified tradesman, and I’m looking to continue studying for a BA in Building Studies. “I now mostly work on the Trust’s ventilation systems but throughout my apprenticeship I’ve picked up a fundamental knowledge of repairs and so many practical skills.”

Jamie (pictured second from right) said: “I started working at Scarborough Hospital in the catering department but soon spotted that there were opportunities to be had so I funded myself through college so that I could join the Trust’s apprenticeship programme. I’ve been able to have as much training and experience as I wanted, rotating to work with other teams and I’ve picked up so many different skills. “I’ve taken a course that means I can specialise in decontamination and I’m planning to continue and study to degree level. I’d recommend a career in the NHS to anyone – there are so many training opportunities and the work is interesting, no two days are the same.”
Physio students sim training

Physiotherapy staff from the Trust have been working with York St John’s University to help train students in valuable clinical skills.

Ben Richardson and Fran Butler, Advanced Clinical Specialist Physiotherapists have developed a simulation training session with York St John’s to ensure clinical skills practice is taught effectively at undergraduate level. The one day training led by Ben at York Hospital sees students being given the opportunity to use the high fidelity simulation training mannequins. Real life case scenarios are practiced to develop the students’ respiratory assessment skills.

Ben said: “It is especially important to invest time upskilling and teaching the undergraduates in order to ensure the future workforce are able to work in the clinical environment. The real life scenarios help the students to use their clinical knowledge and skills taught at university to be able to assess and treat their case study patients.”

Fran added: “Students have really enjoyed and valued the experiences they have had. This joint teaching experience has been valuable for both the students and staff and will enhance the quality of our future workforce.”

Students improved on their self-reported confidence scores from an average of 4/10 before the session to an average of 8/10 after the simulation teaching day.

Feedback from students was extremely positive:

• “I thought it was really useful and interesting to gain an insight to various real life patient scenarios, patient presentations and working through A-E assessments, treatments and SBAR handovers.”

• “Enjoyed getting hands on practice in a real scenario and deciding what I would do and also then seeing what other people do in other scenarios”

• “It felt much more real than practice at university labs, the trainer was very knowledgeable and made the learning environment feel positive and non-judgemental and observing other student was also useful as the pressure was off”

• “Very engaging, really helped my learning and knowledge and put things into practice and perspective”

York Hospital’s endoscopy project on schedule

JUST one year on from the start of a major investment to build a new endoscopy building at York Hospital, and the project has made great progress.

The new endoscopy unit is being built over the top of the existing physiotherapy department and will be one of the UK’s biggest and most advanced of its kind. It will enable the Trust to considerably increase the number of endoscopy procedures it delivers to accommodate significantly rising demand, while simultaneously improving the efficiency of the process and patient flow.

Andrew Bennett, Head of Capital Projects, said: “The project is progressing well, the masonry, roof and cladding are complete, and windows are being installed. Internally the walls and electrics are nearing completion and the installation of the lift has recently commenced. The project is planned to finish on programme in June 2019. There will then be a period of technical commissioning and a managed relocation of the Endoscopy Service to its new home.”

Work is also underway to expand the team and a recent recruitment event was a resounding success with 12 new nurses interviewed on the day and six already recruited. Visitors on the day were given a presentation and the chance to get a good look at the unit and all the endoscopy equipment.

Michelle Robinson, Sister for Endoscopy, said: “We were delighted at the interest shown from potential recruits from all over the country. It’s a very exciting time for the department with lots of new roles for all pay bands. The team is destined to double in size in the future which will provide some wonderful career opportunities.”
STAFF BENEFITS
A regular section provided directly for you by the Staff Benefits team bringing you the latest benefits as a staff member of the Trust. Whether you are looking for a better work-life balance, want advice in making healthy lifestyle choices, or just to see what discounts are available to you. For all of your benefits go to the staff benefits section on www.york.nhs.uk/staffbenefits or call the team on 01904 721170 or 771 5262. Follow staff benefits on Twitter and Facebook @YHstaffbenefits StaffBenefitsYHFT

Buying and selling annual leave

The 2019-2020 Buying and Selling Annual Leave scheme window is open until Friday 8 February.

The scheme allows you the flexibility to alter your entitlement, either by buying some additional leave or by selling some of your current entitlement. Application forms can be found on the staff benefits website under salary sacrifices schemes or you can call the staff benefits team on 01904 721170/01723 385262.

Childcare survey - your views needed

As part of the Trust’s work with partners to review the future of the Bootham Park Hospital site, we are keen to hear the views of staff on the need and demand for child care facilities on or close to the York Hospital. The Trust has worked with the York Council’s Early Years team who have drafted a survey to help test that need and demand. If you currently use childcare or will be looking to use childcare in the next 24 months please take time to take part in the survey; it should take no more than five minutes to complete. The survey will be available for two weeks. The data received from this survey will be analysed and the results used to inform future plans. However, all your answers will be kept anonymous and you and your children will not be identified in any reporting of this survey. To take part please use the following link: https://www.surveymonkey.co.uk/r/NHSchildcare

Lottery and discount

When joining the Trust’s own staff lottery you are sent a staff lottery loyalty card which can be used in the staff shops to receive 10 percent discount of all your goods purchases (does not include tickets and stamps). To receive the discount, please produce your loyalty card at the till when paying so that the discount can be deducted from your purchases.

Renal team applauded

CONGRATULATIONS to the staff at the Trust’s Harrogate Renal Satellite Unit who have been selected as Team of the Month Award winners for November 2018 by Harrogate and District NHS Foundation Trust. The unit is based on the Harrogate Hospital site and the team was nominated for the many ways they go the extra mile. From providing transport between Harrogate and York Hospitals, arranging for dialysis at home or abroad so that patients are able to take holidays, to making a special effort for patients who are attending the unit on their birthdays, the whole team were praised for their exceptional service.

Dr Ros Tolcher, Chief Exec of Harrogate and District NHS Foundation Trust presents the award
Kindness is the best medicine

York Teaching Hospital Charity would like to say a huge thank you to everyone who joined in with their festive fundraising activities including the National Elf Service day, bucket collections and all the fantastic musical performances which took place in our hospitals over the festive period. Thank you also to all of the local businesses, schools and community groups who fundraised and donated presents for patients, putting a smile on so many faces!

Go for it in 2019

There is still time to set yourself a new goal or challenge for 2019 and York Teaching Hospital Charity have a wide range of events for you to join in with and help make a difference in our hospitals...

Sponsored walk success

Thank you to Project Choice students who gave their time to fundraise for York Teaching Hospital Charity over the Christmas period. The students who have placements within our Trust organised a sponsored walk along the Scarborough seafront and raised £100 as well as helping out at bucket collections at the Grand Opera House and selling homemade items in the Ellerby’s Hub at York Hospital. Thank you for your support and enthusiasm!

Cinderella brings riches

Thank you to all members of staff who helped out at the bucket collections at the Grand Opera House in York before and after the Cinderella pantomime performances. More than £1,200 was raised which is fantastic and will help support some of our youngest patients treated on the Children’s Ward.

Fancy challenging yourself this year?

- Skyline: Saturday 21st July and 21st September
- Yorkshire 3 Peaks: Saturday 25th June
- York 10K: Sunday 4th August
- Great North Run: Sunday 8th September

Go to our Facebook page for more