The Macmillan **York Teaching Hospital NHS Foundation Trust Recovery Package CANCER SUPPORT** Treatment **Cancer Care Electronic** Summary Review Health and **Holistic** Wellbeing **Needs Assessment** What is an electronic Holistic **Financial Needs Assessment? Emotional Spiritual** An electronic Holistic Needs Assessment (eHNA) gives people with a cancer diagnosis a chance to think about their concerns and discuss possible 1. Fill in an electronic **Practical Physical** solutions with their Key **Holistic Needs** Worker. It isn't just about Assessment looking at the symptoms of the cancer. 2. Discuss any concerns with a Key Worker "It has really helped me 3. Create a Care psychologically. It's "We are Plan together important to me that providing someone has given support for "The eHNA is their time to listen to that un-met patient led, 4. Share the Care Plan me and to what need" addressing with the Patients GP concerns I have." concerns of our patients" "It helps structure "It's not always the clinics" "I found it really just cancer problems. useful to be able to It's things that affect discuss my concerns your work or your and to know that family life, or your the team could relationships with advise me was very Key Worker your friends" helpful" **Patient** Benefits of having an eHNA

- The Care Plan encourages self management and the ability to plan ahead.
- Signposting to local services.
- Understanding what is important to you.