

## **Living With & Beyond Cancer Newsletter Macmillan Recovery Package January 2019**

### **NHS 10 year Plan**

The NHS 10 Year Plan was recently published and it's important for us to recognise that elements of the Recovery Package are the some of the milestones for cancer.

- By 2021, every person diagnosed with cancer will have access to personalised care, including a needs assessment, care plan and health and wellbeing information and support.
- By 2023, stratified, follow-up pathways for people who are worried about the recurrence of cancer. These will be in place for all clinically appropriate cancers.

The Trust has committed to using the recognised tool the Macmillan Holistic Needs Assessment (eHNA) which is personalised to each individual creating personalised care. The Care Plan is then shared with the patient and their GP. As you are aware this [has](#) already been implemented by some tumour site teams and is a requirement to be implemented in all teams at diagnosis, treatment and end of treatment by 2020.

### **Health and Wellbeing**

Patient engagement is a focus of health and wellbeing, we have secured a Macmillan grant to support us in hosting a focus group in Scarborough, looking at developing the health and wellbeing service in the local community.

Health and Wellbeing Focus Group:  
12<sup>th</sup> February, 1.30pm – 3.30pm  
Crown Spa Hotel, Scarborough  
To book contact Leigh on 01723 342582 or  
[MacmillanRecoveryPackage@york.nhs.uk](mailto:MacmillanRecoveryPackage@york.nhs.uk)

Progress with the plan to reach more people in the community continues with a presence in the Brunswick Centre at the end of January. Plans are moving forward with the “pop up” café based in Scarborough town centre for two dates one in May and one in July, which again allows people affected by cancer and other long term conditions to communicate their opinions on Health and wellbeing in a less formal setting .

### **Addressing concerns identified from the concerns Checklist**

Macmillan is developing a series of resources for patients, about each of the concerns listed in the eHNA. This will be linked electronically on My Care Plan, for health organisations that use eHNA. More information can be found on the below link.

[https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm\\_source=Macmillan%20Cancer%20Support&returnUrl=https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm\\_source=Macmillan%20Cancer%20Support](https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm_source=Macmillan%20Cancer%20Support&returnUrl=https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm_source=Macmillan%20Cancer%20Support)

## Treatment Summary

Treatment Summary which is produced by the hospital at the end of treatment. A Treatment Summary describes the treatment that the person has had, the potential side effects and signs and symptoms of recurrence. It is designed to be shared with the person living with cancer and their GP.

Treatment Summaries facilitate a standardised and consistent approach to sharing crucial information between the patients GP and the person living with cancer.

The Trust have committed to creating an electronic treatment summary, this is in its first phase and we will share further information in due course.

## Patient Participation

People participation is key to improving and shaping the services the Trust provides, we are looking for people to be involved in the project either by attending focus groups or steering groups, sharing information about the project or simply finding out more. If you would be interested, please contact [MacmillanRecoveryPackage@york.hs.uk](mailto:MacmillanRecoveryPackage@york.hs.uk) 01904 724069

**Please get in touch for further information -**  
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<https://www.youtube.com/watch?v=eapd1JEmCjI&feature=youtu.be>

