

# Living With & Beyond Cancer Newsletter

## Macmillan Recovery Package

### February 2019

### Health and Wellbeing

On 12<sup>th</sup> February 2019 a Health and Wellbeing focus group in Scarborough was held inviting those affected by cancer, to discuss Health and Wellbeing support in the local area. Constructive and valuable feedback was given. The team will use this to influence how the Health and Wellbeing Service is designed in the future.

We will be holding a “Conversation Café”. This will allow more people to feedback to us on what they would like from the Health and Wellbeing Service. Contact Leigh Brand for more information [Leigh.Brand@york.nhs.uk](mailto:Leigh.Brand@york.nhs.uk)

### Primary Care

As part of the project we aim to improve communication between Secondary Care, Primary Care and the patient to create a joint pathway. We have been writing to GP practices with a feedback form, for those patients who have completed an electronic Holistic Needs Assessments.

To build on this evaluation I hoped that GP practices would consider that our team come and discuss the Macmillan Recovery Package and the changes we are making in the Trust to improve cancer services.

We are happy to come and talk to teams and any patient participation groups.

We would welcome your feedback and if you require further information please get in touch.

### Focus Groups

The project team has organised monthly focus group sessions, inviting people affected by cancer to get involved in the implementation of the Recovery Package.

Topics include –

20<sup>th</sup> March Implementation of the electronic Holistic Needs Assessment  
3<sup>rd</sup> April Electronic Treatment Summary

For more information on each topic visit <https://www.yorkhospitals.nhs.uk/our-services/a-z-of-services/cancer-care/living-with-beyond-cancer1/>

### Holistic Needs Assessment (HNA)

Teams continue to implement the electronic Holistic Needs Assessment please see below some of the feedback.

“It has given me that dedicated time to open up in a safe environment to discuss my concerns” patient

“It has given me structure to addressing patient’s concerns in a clinic environment. The eHNA appointments have offered me the opportunity to improve practice by opening up conversations which may have been difficult to have previously.” Healthcare Professional

“Although you don’t always meet the patients, the HNA gives a better understanding of the patient as an individual and what they are going through,

this has developed my professional practice by increasing my empathy, and reminds me that I play a part in helping someone through an extremely difficult time” Coordinator

“It’s allowed me to reflect on my situation, signposted me to information and support” patient

“My concerns have been resolved, I perhaps wouldn’t have opened up about if I hadn’t of been invited to this appointment” patient

### **A reminder of the resources available -**

Macmillan is developing a series of resources for patients and professionals, about each of the concerns listed in the electronic Holistic Needs Assessment (eHNA). Therefore if a concern is raised, local information can be provided by the health professional and further information and resource can be provided by the Macmillan website.

This will be linked electronically on My Care Plan, for health organisations that use eHNA, this can then be printed and provided to the patient along with their Care Plan.

More information can be found on the below link with the heading –

**“addressing concerns identified from the concerns checklist”**

[https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm\\_source=Macmillan%20Cancer%20Support&returnUrl=https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm\\_source=Macmillan%20Cancer%20Support](https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm_source=Macmillan%20Cancer%20Support&returnUrl=https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package/resources.html?utm_source=Macmillan%20Cancer%20Support)

People can also be signposted to the Cancer Care Centre in York and the Cancer Information Centre in Scarborough for further information.

**Please get in touch for further information -**  
[MacmilanRecoveryPackage@york.hs.uk](mailto:MacmilanRecoveryPackage@york.hs.uk)

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<https://www.youtube.com/watch?v=eapd1JEmCjI&feature=youtu.be>

