Nurture Breastfeeding Group

Offering antenatal and postnatal women the opportunity to meet in an informal, social setting.

A Health Visitor and/or Treasure Chest Peer Supporter will be available to help with any breastfeeding questions.

**Tuesdays**
**10am-12pm**
The Avenues Children’s Centre YO31 0UT

10am-11am
Babies under 8 weeks or **any age** with breastfeeding difficulties.

11am-12pm
Social group, everyone welcome!

**Thursdays**
**1pm-2.30pm**
Hob Moor Children’s Centre YO24 4PS

For more information contact 01904 555475 or 551760