This month the Trust says goodbye to Mike Proctor, a man whose astonishing career in the NHS demonstrates how, with hard work and commitment, it really is possible to work your way to the top.

The past four decades have seen Mike rise from his first job as a trainee operating department assistant in Sheffield in 1975, to become chief executive of an NHS trust employing around 9,000 people.

In the early days Mike’s commitment to patient care and his determination to continue to develop professionally saw him go on to train as a nurse, spending time as a nurse educator then as an external examiner for Hull University and the University of Sheffield. A variety of senior management roles, followed leading to him becoming director of nursing in 1998, chief operating officer and then deputy chief executive of the Trust in 2007. Mike’s ‘hands on’ approach stems from his time as a nurse, and his passion for delivering high quality care has never faltered even when he has progressed to more senior roles. He has taken this experience...
Staff Matters

Welcome to new chief nurse

NEW Chief Nurse, Heather McNair has joined the Trust from Barnsley Hospital NHS Foundation Trust, after working there for nine years as director of nursing and quality and urgent care. Heather is a graduate nurse and midwife from Leeds university and gained her masters degree from Bradford university. She became Head of Midwifery at Calderdale and Huddersfield NHFT in 1998 before becoming Deputy Director of Nursing there in 2001, a post she held for 10 years.

Originally born in York, Heather returns to her roots to take up her new challenge at the Trust. Heather said: “I’m looking forward to going out and offering treatments which would have been unthinkable 40 years ago. This has led to huge increases in demands for our services which we struggle sometimes to meet.

“I consider my time in the NHS and especially the last 26 years in York to have been a privilege. I know it is time for me to miss the work and my colleagues massivley. Thank you to everyone for making my working life here a pleasure, for your understanding when we don’t always get it right and your support in facing the inevitable ups and downs of life in the NHS.”

As well as playing a major role at the Trust, Mike has become a significant senior management figure in the local NHS, building strong links with commissioners and other providers to deliver the best possible services to local people. Deputy Chief Executive and Finance Director, Andrew Bertram, has worked with Mike for over 20 years. Andrew said: “Mike passionately believes in the values and principles of the NHS. He is motivated by seeking to provide high quality care to our patients and he is a strong advocate for our staff.

“Mike has never been afraid to make key decisions and he has played an instrumental role in many of the Trust’s developments, changes and improvements over the years. His selfless approach to his work, his dedication to patient care over the past 40 years and his commitment and loyalty to our Trust has been nothing short of outstanding. Mike will be missed.”

Mike says farewell to Trust colleagues

Continued from page 1

TWO new non-executive directors have joined the Trust this month, each bringing their own unique skills and experience to the Board.

Until his recent retirement, Jim Dillon was chief executive at Scarborough Borough Council for many years, and prior to that a director at Ipswich Borough Council. Jim has been involved, at a strategic level, with the health and wellbeing agenda at both local and regional levels for many years. He has a strong passion for Scarborough and is keen to continue to contribute to improving the quality of life of the community.

Steve Holmberg has been a doctor in the NHS for over 40 years with more than 25 years’ experience in direct patient care. Recently retired, Steve was a consultant cardiologist, as well as executive medical director for the last five years at Brighton and Sussex University Hospitals NHS Trust.

He brings extensive experience as a previous Trust Board executive and also senior roles in other NHS organisations and the charitable sector. Steve has a strong interest in education in health care and also the development of safety and quality in patient care.

New non-executive directors

Jim Dillon, left, and Steve Holmberg
Warm welcomes and a fond farewell

Our Trust has a reputation for its friendliness – deeply embedded in our Trust values. August will see us putting that friendliness into action as we welcome a number of new people to our leadership team. Simon Morritt will take up his post as chief executive of the Trust on 5 August. Over the last month or so he has been working closely with Mike Proctor and the executive team, as well as visiting our sites, in readiness for his new role. He has a busy induction programme during which he will be keen to meet as many staff as he can. Simon is very much looking forward to joining our team of around 9,000 people across North Yorkshire and is absolutely ready to lead our Trust in the next phase of its development. We offer him a very warm welcome and wish him every success as our chief executive.

Joining Simon on the Board is new chief nurse, Heather McNair, previously director of nursing and quality at Barnsley Hospital. We also welcome two new non-executive directors to our Board. Non-executive directors are recruited for their independence and ability to contribute broadly to the board of directors. Jim Dillon, newly retired chief executive of Scarborough Council, brings a wealth of experience not just in his specialist knowledge of the East Coast, but in the fields of technology and HR too. Dr Steve Holmberg is a retiring cardiologist and Medical Director, moving to York from the south coast. Steve has a life-time of experience in the NHS as both a clinician and board director.

Both Steve and Jim are very welcome new additions to our Board and again, we wish them every success in their new roles. August will see a significant step forward in respect of the leadership of the Trust with the launch of the new structure of care groups. This will affect every single one of us and presents a very important commitment to developing the leadership of our Trust and its services into the future. Each care group has a very accomplished and expert leadership team to guide its work. I wish each and every one of these teams real success in their important roles. And personally I would very much like to welcome the care group directors to their new roles - Dr Mike Harkness, Dr Ed Smith, Dr Amanda Vipond, Mr Srinivas Chintapatla, Dr Jo Mannion and Dr Mark Quinn. The care group directors will work very closely with the Board of Directors and together we all look forward to continually developing and improving the care we offer to those we serve, as well as our staff.

As well as warm welcomes, I also have to make a very fond farewell. Mike Proctor leaves the Trust on Wednesday 31 July – after 44 years in the NHS and 15 months as the chief executive. The chair and the chief executive have a uniquely important relationship, and I would like to publicly and personally thank him for his remarkable energy, courage, support and good humour over the last 15 months. Mike has acted at all times in the very best interests of the Trust overall and the NHS at large in his role of chief executive.

First and foremost Mike believes in the NHS, he believes in our staff and he cares deeply about our patients. Those of you who have seen him present Star Awards, Long Service awards or make presentations at the Celebration of Achievement will know that his commitment is totally heartfelt - I have often spotted him with a tear in his eye as he has recognised the extraordinary achievements of our staff!

In turn, my thanks to him are heartfelt - and I wish him a happy, healthy and fulfilling retirement, safe in the knowledge that he has made a huge contribution to the NHS and our Trust in particular.

Sue Symington
Chair

“Simon is very much looking forward to joining our team of around 9,000 people across North Yorkshire and is absolutely ready to lead our Trust in the next phase of its development”

“August will see a significant step forward in respect of the leadership of the Trust with the launch of the new structure of care groups”
May finalists

Star Award

Recognising and celebrating the achievements of our staff and volunteers

Jo Bradley-Smith and Laura McIntyre, Plaster Technicians, York Hospital
After visiting the fracture clinic on several occasions with her seven year old son, a grateful mum has nominated Jo and Laura for their care. Appointments for x-rays, new pots and an operation to put wires in his arm meant they were becoming regular visitors. When one of the appointments coincided with world book day the patient asked for a red pot to go with his costume (Dennis the Menace!). This wasn’t good enough for the ladies who went out of their way to give him a red and black striped pot (and his bear got a matching red one). They are praised for the time and care taken in removing the pot from around his wires. “He was made to feel very special …I can’t praise Jo and Laura enough for the way they have looked after him.”

Lynn Ridley, Renal Pharmacist, York Hospital
Lynn is nominated by colleagues as an outstanding member of the renal team, going above and beyond every single day. Currently her workload is enormous due to staffing issues but she carries on working many hours over her contracted hours. In addition to this Lynn attends all of the renal MDTs offering support and advice to nurses, consultants, and dieticians. Her level of knowledge is “second to none” and she is always supportive, helpful and professional to colleagues and patients. Lynn is described as an especially dedicated member of the renal team who everyone goes to for advice and relies on, including the patients who are often very ‘complicated’ with multiple health issues. “It is no exaggeration to say how essential she is to our service.”

Patient Access team, Scarborough Hospital
The Trust had to change the way in which Breast Oncology outpatients services were delivered in Scarborough in just three weeks. This was a very tight timescale and turnaround period where 172 patients needed to be contacted and made aware of the changes. The patient access team is nominated by colleagues for contacting all 172 patients within this timeframe. They are not clinical but dealt with the potential difficult conversations with patients in a very professional manner. The team demonstrated great empathy and escalated any queries back to the management team so that they could be managed appropriately. Staff worked additional hours to ensure this was achieved and went above and beyond. Patient access often receive negative comments and have to deal with a huge volume of outpatient bookings, changes, cancellations and queries yet they work tirelessly in the background out of sight providing a valuable service.

Lung cancer nurses and lung cancer coordinators, York Hospital
Lucy Doughty, Alison Spray and Hayley Bushby are all nominated by their manager after an accident meant she was off for many weeks. At the time the team were already a full time nurse down, so in a team of three full time nurses there was now only one full time nurse working. They were also embarking on a trial that involved a lot of extra work for the coordinators. The team worked long hours over their normal shifts and came in on their days off to ensure that the service continued to run and provide the best possible care for patients without a thought of how it impacted on their own personal lives. “I do not know anyone else that has shown that kind of dedication to their work …their dedication to our patients is overwhelming and I am proud to have them in my team.”

PACU, Claire Kerr, team leader, HCA Debbie Simpson, Beth Fletcher, Scrub Practitioner, Scarborough Hospital
The PACU (Post-Anaesthetic Care Unit) team has been nominated by a patient and her partner for their sensitive care at a traumatic time after they were told at their 12 week pregnancy scan that their baby had no heartbeat. The heartbroken couple needed to return for a procedure but when they came back it looked likely the procedure would need to be cancelled due to a lack of beds. However, the PACU team stepped in and managed the patient journey pre and post-op. This is not normal practice however it would have been so distressing to cancel that the team went above and beyond to help. The grateful couple, although extremely distressed, described the staff as incredible and so supportive. “Whilst this has been a terrible time we could not be more grateful for the amazing care we received from everyone we came across at Scarborough Hospital.”
New ‘virtual’ assessment for fractures

A deceptively simple new process that assesses fracture injuries at York Hospital’s emergency department has revolutionised the way patients receive treatment.

Previously, when a patient came through the emergency department with a fracture they would be given an appointment to attend the fracture clinic and assessed there. The new process means that a patient’s x-rays and notes are assessed ‘virtually’ by a consultant the next day and they are directed to the most appropriate treatment straight away.

The new system has been up and running since May following a trial last year and has already seen over 1,000 patients having their case reviewed by an orthopaedic consultant within 24 hours.

Janet Friend, Deputy Admin Manager for the Emergency Department and Orthopaedics, was instrumental in bringing the new process to York Hospital. Janet explained: “We had heard about the virtual clinic and visited Glasgow Hospital four years ago to observe how they worked. It’s taken a lot of work behind the scenes and several trials before we were able to launch it here, but we’re delighted with the results.

“The process relies heavily on the admin team to make sure that people are contacted to get the right appointment for their injury as soon as possible. It has added to our workload but it means a better patient experience all round. We’ve also been able to take the pressure off ED reception staff who are already extremely busy.”

Up to 22 cases a day (60 after a weekend) are reviewed by the on-call orthopaedic consultant who decides on their treatment. Patients are given appointments to see either a consultant or specialist orthopaedic nurse practitioner, or they may be discharged for physiotherapy or with appropriate advice.

Orthopaedics Consultant Ed Britton is one of the driving forces behind the creation of the virtual clinic. He said: “It has streamlined our service as each patient is directed to the correct specialist at the first opportunity. This avoids unnecessary appointments and if patients need physiotherapy they receive this earlier, which means a quicker return to full function and better outcomes for our patients.”

Having a consultant-led decision from the start makes a big difference for Senior Orthopaedic Practitioner, Cathy Booth, who has a much more focussed approach to her clinics knowing the patient has been seen by a consultant.

Cathy said: “When patients are referred to my clinic I can feel confident that they are in the most appropriate clinic for them from the start. Everything happens in a more timely way and if they need surgery they are going to theatre at the right time.”

The Council of Governors consists of 16 public governors and five staff governors, who have all been elected by the membership of their constituencies. It also includes nominated representatives from North Yorkshire County Council, University of York and other partnership organisations.

Nominations close on 8 August. For more information about becoming a governor please email tracy.astley@york.nhs.uk.
The spotlight was on the Trust’s 315 laboratory medicine staff this month when they celebrated national Biomedical Science Day, promoting the crucial contribution science makes to patient care.

The hidden world of laboratory medicine, also known as pathology, plays a huge role behind the scenes testing clinical specimens to help diagnose, treat and prevent disease in patients right across the region.

York and Scarborough hospital labs handle a staggering two million patient samples every year, providing services to the Trust and other local healthcare providers.

Lab tests are vital in diagnosing health conditions and the skilled services of laboratory staff helps get the best results and treatment for patients. The labs process blood tests in biochemistry and haematology, blood transfusion tests, microbiology tests, histology tests and cytology tests as well as tissue samples.

Helen Palmer, Advanced Practitioner in Histological Dissection, explained how some of the latest lab equipment is dramatically improving the flow of patient diagnosis with fast turnaround times.

Helen said: “New equipment like the cryostat operates at low temperatures and allows urgent sections to be processed quickly. For example if a patient was in major surgery to remove a tumour under anaesthetic, the tissue sample could be processed using the cryostat, with results back to the surgeon in approximately 20 minutes to see if more tissue needs to be removed or not during that surgery. “This can all be done during one surgical procedure to save the patient having to go through another surgery, and in turn creating a slicker process for patients needing surgery.”

How it works
Diagnostic blood testing is the most commonly performed clinical procedure in the world. Around 2,500 – 2,700 samples are put through this process every day in the Trust using an automated analyser which allows a quick flow, creating a streamlined process with updates throughout using the digital displays. But it still requires the skills of a biomedical scientist!
Trust Inspire project winners announced

The Inspire project, where teams or individuals can apply for a grant for a project that will benefit their service or department, has announced the winners for this year.

Funded by York Teaching Hospital Charity, a share of £3,000 is earmarked to help launch these worthy projects. The standard was so high that the charity has funded six projects to a total of £7,175.

Congratulations to all those involved – Staff Matters will follow their progress in upcoming issues:

- Tim Hunt, Post Graduate Medical Education for a spinal injection simulator, which will enable them to run training courses for junior doctors
- Martha Callaghan, Special Schools Nurse in the children’s community team for supporting schools with delivering information to pupils on healthy eating, growing up, puberty and relationships
- Tanya Barber, Housekeeper at Scarborough Hospital, for the redecoration of the quiet room on Oak Ward
- Angela Wilson, Senior Occupational Therapist for Johnson Ward for a breakfast club for patients on the ward
- Kelly Williams, Senior Occupational Therapist, and Amy Murray-Evans, Stroke Physiotherapist, for a “Music for Movement” group for stroke patients
- Nicola Allan, Deputy Ward Sister on Ward 14 and SAU, for a TV screen for patients to run a presentation informing patients and their relatives of what the SAU is, how it runs and what they can expect to happen during their stay.

Bridlington Hospital looks to the future

PLANS to raise the profile of Bridlington Hospital in the local community are gathering pace with the appointment of a new site manager and an estates officer.

As new site manager, Susie Jackson is hoping to combine her experience in adult nursing and her knowledge gained from working in other trusts to help create a brighter future for Bridlington Hospital.

Susie is looking to improve support for staff and establish better ways to share information such as briefings and feedback and to introduce drop-in sessions.

One of Susie’s priorities is to further develop local partnerships and she will be working with the local council, CCG, police and local groups.

Susie explained: “I believe there is a lot of potential for Bridlington Hospital to become a focus for improving health in the town. The trend is towards people becoming more empowered towards their own health so we are planning to work with partners in the local community to create a hub which will inspire people to learn more about health and wellbeing.”

Estates Officer, Sarah Goldsmith, is busy familiarising herself with the Bridlington site and plans on getting to know it ‘inside out’.

Sarah said: “I enjoy being busy and having a ‘hands-on’ job. There are so many aspects of an estates role and the hospital itself that make it a really interesting place to work. I’m looking forward to working with Susie for how we utilise the site.”

Previously, Sarah worked for the prison service where she taught English, maths and engineering. For lovers of trivia, Sarah’s fascinating fact is that she was part of a team that built a replica Gipsy Moth bi-plane!
Schwartz Rounds increase wellbeing for Trust staff

It’s been over a year since the launch of Schwartz Rounds in the Trust, introduced to help staff feel more supported in their jobs. They are named after US patient Ken Schwartz, who left a legacy for the establishment of an intervention that would support healthcare staff and help to foster the compassion that he had found so vital during his treatment for lung cancer.

Compassion shown by staff can make all the difference to a patient’s experience of care, but in order to provide compassionate care staff must, in turn, feel supported.

Schwartz Rounds are an opportunity to share the emotional impact of working in healthcare and to explore ‘how your job affects you as a human being’ in a safe environment. Each session has a different theme that gives people the chance to reflect on the personal and emotional impact of caring. Over the last year, the Rounds have had titles such as “In at the deep end” and “A patient I’ll never forget”.

Dr Jo McVey, Consultant Clinical Psychologist, said: “We’re really pleased with the feedback from people who have attended the Schwartz Rounds at Scarborough and York hospitals over the past year. It helps people feel more connected and evidence shows that 85 percent of staff who participate in Schwartz Rounds feel better able to care for their patients.

“For those who haven’t yet managed to get to a Round, it’s a very simple format. Each session begins with contributions by three colleagues who have direct experience of that month’s theme. After 20 minutes the topic is open to the audience to contribute their experience or to just listen and reflect on what is being said. During Schwartz Rounds, we don’t aim to problem-solve or work out how we could have handled situations differently, instead we keep the focus on the emotional demands that are on all of us on a day to day basis.”

At the most recent Schwartz Round at York the theme focused on work-life balance in healthcare, recognising the sacrifices people make for their patients and work, often to the detriment of their own wellbeing. It highlighted how support from colleagues made all the difference when people were juggling family demands with what at time can be emotionally draining work.

As one panelist put it: “The Schwartz Round is a supportive, safe space where we can care for each other.”

Schwartz Rounds take a break for the summer and will resume in September. Keep an eye on Staff Room and Staff Bulletin for the next dates and themes. If you are interested in being on the panel please email joanne.mcvey@york.nhs.uk.
Improving medication safety with quality improvement

Medication safety is a priority for healthcare organisations and with 237 million drug errors each year in England, reducing harm from medication errors is a national and global priority. Errors can occur in prescribing, dispensing, administration or monitoring.

Christopher Pilson, Service Improvement Facilitator with the Trust’s Corporate Improvement Team explained: “Within the Trust the Medication Safety Group collects a huge amount of information about medication errors from a number of different sources. However, deciding where to focus further investigation or improvement work is a real challenge.

“We wanted to use quality improvement (QI) tools and techniques to make it more accessible and easy to understand. We formed a team comprising of Dr William Lea, Clinical Fellow in Patient Safety, Helen Holdsworth, Deputy Chief Pharmacist and Medication Safety Officer, and Liz Macneish, Pharmacy Technician, so that we could work alongside the Medication Safety Group to use improvement methodology to work towards our aim.”

The team is focusing efforts to work towards reducing avoidable medication related harm within the Trust by fifty percent by 1 August 2020. This is linked with the World Health Organisation global patient safety challenge which aims to reduce moderate harm from medication errors by 50 percent.

Their novel approach has been so successful that the team presented at this year’s Sheffield MCA Expo ‘19 held at the Sheffield Hallam University.

Christopher added: “We wanted to share the journey, successes and challenges we have gone through in building better use of improvement methodology to a wider group, which will be relevant and helpful to many others.

“Quality improvement is full of terms which can sometimes turn people off or confuse newcomers. As we have developed our approach members of the team have come up with words such as ‘Bang for your Buck’, ‘Spikes’ and ‘Toe Curlers’, that help explain parts of QI in an easy to understand format which made it more fun for the audience.”

The group highlighted their work and approach to peers, clarifying how to focus time and efforts in the right areas for best results.

THE MATERNITY department is leading the way in improving the quality and safety of maternity and neonatal care in the Trust as part of a three year national programme.

The team is part of the Maternal and Neonatal Health Safety Collaborative, an NHSI programme targeted at every Trust in the country.

Sara Collier-Hield, Matron for Maternity and Gynaecology, explained: “The programme is designed to support the national ambitions for improving outcomes and is a key part of the national Maternity Transformation Programme. “A small group of us have recently had extra quality improvement training led by the Institute of Healthcare Improvement. “This training features a strong focus on safety culture, systems and processes, engaging with staff, women and families, and learning from both error and excellence.

“One of the ambitions of the programme is to increase quality improvement capability within local teams and we will now spread that learning throughout our units in the Trust. This is only the beginning.”

The Trust has chosen to work on improving the detection and management of neonatal hypoglycaemia, one of five national clinical priorities.

For further information email sara.collier@york.nhs.uk
National ODP Awareness Day in May sparked an interest in the work of the Trust’s 90 plus Operating Department Practitioners, a staff group that is barely seen outside of the restricted theatres environment.

Colleagues could be forgiven for their ignorance when it comes to the role of ODP - few people are allowed behind the closed doors to see the critical role ODPs play in the smooth and successful running of the operating theatre. Staff Matters met with two of the Trust’s ODPs to find out how far their role extends and to learn more about the wide range of skills needed.

Brooke Troughton has been an ODP in York Hospital theatres for four and a half years. She always knew she wanted to work in healthcare, and after spotting an advertisement for a course as an ODP, began her training at Hull University.

Brooke said: “I thought it would be an interesting job and I was right - no two days are ever the same. We work shifts to cover theatres 24 hours a day where we can be involved in elective, emergency, trauma or maternity procedures. Not only that, we cover crash calls, resus and ICU so at times it can be pretty full on.

“One of our strengths is our knowledge of airways so we are often called on to assist in transferring very poorly patients to a trauma centre or to have a CT scan.”

ODPs are usually the first to greet a patient when they come in for surgery and work very closely with anaesthetists. Good communication skills are extremely important as it’s the ODPs job to calm nervous patients.

Brook continued: “We do the pre-op and stay with patients while they go under anaesthetic and are with them in recovery, so building a rapport with a patient is really important. This job relies heavily on team work and we work closely with the anaesthetist as well as surgeons and nurses in different teams all the time. One of the best things about the role is the variety. In one day you can go from assisting in an emergency trauma to being involved in a completely new procedure, and then cover a maternity case and see a new life come into the world.”

As well as anaesthetics and recovery, ODPs are also trained as scrub practitioners, supporting the surgeon carrying out the operation. They have to look after the patient and make sure they stay safe, pass the sterile instruments and equipment to the surgeon and make sure that everything is accounted for at the end of the operation.

At Scarborough Hospital, Senior ODP Claire Kerr has been in the job for 18 years. Now a team leader, Claire still loves her job even though she spends less time with patients and more time organising the teams and theatres.

Claire agrees that it’s all in the teamwork: “You really couldn’t do this job without being a team player and since I’ve been here I’ve seen ODPs work much more closely with other acute areas to help relieve pressures on beds. We have a great team of consultants who are very approachable and every role is valued – working in theatres requires close collaboration from everyone.”

Since becoming a team leader Claire spends a lot of her time organising everything from equipment, staffing, training on new machinery, theatre lists and critical transfers.

Claire added: “I enjoy using my experience to keep the theatres running smoothly and safely, but patients are at the heart of our job. I still like doing the clinical shifts where I have contact with patients. It’s often a nerve-racking experience for them so you learn to judge when to chat or stay quiet, or whether they just need a hand to hold.

“Being on your feet all day can be tough and the work can be unpredictable and demanding, especially when you have to deal with an emergency, but I’m very proud of my job and the people I work with.”
STAFF BENEFITS

A regular section provided directly for you by the Staff Benefits team bringing you the latest benefits as a staff member of the Trust. Whether you are looking for a better work-life balance, want advice in making healthy lifestyle choices, or just to see what discounts are available to you. For all of your benefits go to the staff benefits section on www.york.nhs.uk/staffbenefits or call the team on 01904 721170 or 771 5262. Follow staff benefits on Twitter and Facebook @YHstaffbenefits StaffBenefitsYHFT

Take a lunchtime walk and feel good

Walking burns calories, improves your mood, strengthens your heart, eases joint pains and can help lower your blood sugar. Now that the weather is brighter why not try a local walk in your lunchtime?

At York Hospital staff can try three circular York health walks that can be done from York Hospital in a lunch break. These can be downloaded from the Staff Benefits section on the website under the fitness section. The team are working on getting information for circular walks from other sites but in the meantime you can find information about other walks here:

Bridlington www.walkingtheriding.eastriding.gov.uk
Malton www.mapmywalk.com/gb/malton
Scarborough www.openscarborough.co.uk/index.../walking/walkingroutes/
Selby www.selby.gov.uk/walks-our-district

Staff gym at Scarborough Hospital

The Trust has invested in new fitness equipment for the staff onsite gym at Scarborough Hospital. Two new curve treadmills have been installed and a new cross trainer and weights bench are on their way. The treadmills are self-propelled and mimic the way you would run outside. The gym is available 24/7 for staff and families and is located opposite the south entrance on Woodlands Drive. Showers and changing facilities are available as well as hairdryers. Squash courts are also available for gym members to use. Membership is only £5.95 a month for each person and is deducted from the staff member’s salary. Application forms are available on the Staff Benefits pages of the website www.york.nhs.uk/staffbenefits or from the Scarborough staff shop.

New ‘free from’ range now in staff shops

The staff shop has upgraded its ‘free from’ range with a wider variety of new products such as vegan, gluten free, dairy free and organic. All products are now coded to help customers understand who they are suitable for. If you have any specific products you would like them to source please email staffbenefits@york.nhs.uk

Scarborough children test out Tesla on ward

FOLLOWING the donation of mini Tesla cars to the Trust last month, Scarborough children are now testing out their own mini Tesla.

Tracey Cleminson, Play Specialist, Duke of York Ward, said: “Equipment like this can really make a child’s stay more enjoyable. It’s fantastic to see children drive themselves to theatres, for an MRI or for a scan. It really draws attention and everyone stops to cheer and wave the children on - as well as encouraging them to sound the horn! Even better is that afterwards they have something to look forward to by driving back to the ward.”

Scarborough Hospital was able to secure a car thanks to Paul Whelan, a local lad originally from Scarborough, who is part of the Tesla owner group. He has a strong connection to Scarborough Hospital where his sister, Nicola, has worked for several years.

Paul said: “When Nicola mentioned that Scarborough Hospital would love one of the cars we were delighted to step in and help - especially as I was born and raised in Scarborough.”
Your hospital charity

To get in touch with the charity team, please email charity.fundraising@york.nhs.uk or call 01904 724521

Learning disabilities team cycle ride

THE LEARNING Disabilities team embarked on a 105 mile ‘Hospital to Hospital’ cycle ride on 5 June to raise awareness of their work.

The team cycled from Selby Hospital to Scarborough Hospital, stopping off at Malton and Bridlington hospitals on the way.

Jo, Karen and Dennis, pictured right, completed their cycle challenge on 6 June, raising a total of £751.35 for York Teaching Hospital Charity.

Accepting donations on our wards

UNFORTUNATELY, there have been a few occasions where members of staff have accepted donations on wards and the money has been misplaced or lost, which can be highly distressing for donors.

All donations should be made payable to ‘York Teaching Hospital Charity’ and donors must be directed to the fundraising team or cashiers office. Under no circumstances should money be held on wards. Wards should have a supply of donation envelopes to ensure the correct protocol is followed if the donation is made out of office hours. Anyone needing donation envelopes can contact the fundraising team.

Prosecco afternoon tea for Butterfly Appeal

ON Thursday 26 September, York Teaching Hospital Charity is hosting a ‘Prosecco Afternoon Tea’ to raise funds for the Butterfly Appeal. The event will take place at The Hospitium in Museum Gardens, York from 12-3pm.

Helen Butters of the Yorkshire Rows, a team of four formidable working mums who rowed 3000 nautical miles across the Atlantic Ocean during the world’s toughest rowing race, will be a guest speaker at the event.

Helen’s talk will be followed by an afternoon tea and a raffle with fantastic prizes to be won. Tickets cost £35.

If you would like to purchase your ticket, please contact The Fundraising Team on 01904 724521 or charity.fundraising@york.nhs.uk

Sterile services walk Hadrian’s Wall

The Sterile Services department at Scarborough Hospital raised money by walking part of Hadrian’s Wall.

The team raised £584 for the Butterfly Appeal by completing over 12 miles of the sponsored walk.

Well done to Julie Weaver and her team.

Go to our Facebook page for more