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We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact The Eye Clinic, The York Hospital, Wigginton Road, York, 01904 726758.

Teaching, training & research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services. PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

Providing care together in York,
Scarborough, Bridlington, Malton,
Selby and Easingwold communities



York Teaching Hospital
NHS Foundation Trust

Please telephone or email if you require this information in a different language or format

如果你要求本資訊以不同的語言或版式提供，請致電或發電郵

Jeżeli niniejsze informacje potrzebne są w innym języku lub formie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz



01904 725566

email: access@york.nhs.uk



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Owner

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Removal of Corneal Foreign Body

Information for patients, relatives, and carers

Ophthalmology Department

① For more information contact:
The Eye Clinic

Telephone: 01904 726758
The York Hospital
Wigginton Road, York, YO31 8HE

Caring with pride

After removal of corneal foreign body

You have had a corneal foreign body removed from your eye. To enable us to do this we have given you a short acting local anaesthetic. The effects of this will begin to wear off in approximately 15-20 minutes.

After this time, the eye may become sore and you may still feel that you have something in your eye. This is normal and should settle with painkillers such as Paracetamol and the use of the ointment you have been given.

You have been prescribed an antibiotic ointment to prevent infection. This needs to be used four times a day for five days.

Putting in the eye ointment

Hands should be washed and dried. Gently pull down the lower lid of the affected eye and squeeze inside the lower lid to instil the ointment. If you intend to drive, you will need to put it in about half an hour before you do so.

You will not need another appointment but you should contact the department if you experience any of the following within the next 7-10 days:

- Reduced vision in that eye.
- Increased redness.
- Increased pain.
- A yellow or green discharge develops.
- An opaque area develops at the abrasion site.

Contact Details

To speak to a Nurse Practitioner:

Eye Clinic (01904) 726758

Monday to Friday: 9 am to 5 pm

Saturday and Sunday:
10 am to 5 pm

Outside these hours phone the switchboard on 01904 631313 and ask to speak to the doctor on call.