

Artist Brief

Artist in Scarborough Hospital's Stroke Rehab Unit,
York Teaching Hospital NHS Foundation Trust



Deadline for applications: 9am Monday 30 September 2019

Arts Team
Park House, Bridge Lane,
Wigginton Road, York, YO31 8ZZ
www.york.nhs.uk/arts
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Introduction

York Teaching Hospital NHS Foundation Trust's Arts Team are looking for a freelance artist to provide art sessions for patients in Scarborough Hospital's Stroke Rehab Unit.

About York Teaching Hospital NHS Foundation Trust

York Teaching Hospital NHS Foundation Trust provides a comprehensive range of acute hospital and specialist healthcare services for approximately 800,000 people living in and around York, North Yorkshire, North East Yorkshire and Ryedale - an area covering 3,400 square miles. The Trust manages eight hospital sites and has a workforce of around 9,000 staff working across the hospitals and in the community.

The aim of the Arts Team is to support the delivery of excellence in healthcare by providing a participatory arts programme which encourages patient, staff and visitor wellbeing and improves the experience of being in the hospital environment.

To find out more visit www.yorkhospitals.nhs.uk/arts

Background

This project forms part of the Arts Team's pilot creative arts activity programme based in Stroke wards in York and Scarborough Hospitals. The programme has been developed from experience based co-design, building on research carried out by CREATE at Leeds University. Their research took place in York Hospital's Stroke Rehab ward and suggested that this kind of activity would be beneficial to patient recovery. Staff may also benefit from having a set programme in place to link patients into.

Working on a Stroke Ward

A stroke is a serious life-threatening medical condition that happens when the blood supply to part of the brain is cut off. People who survive a stroke are often left with long-term problems caused by injury to their brain. Some people need a long period of rehabilitation before they can recover their former independence, while many never fully recover and need ongoing support.

Staff in Scarborough Hospital's Stroke Rehab Unit are keen to provide activities to engage patients who are often on the ward for extended periods of time. The art sessions will be supported by therapy staff and a volunteer, and aimed at a group size of 3-4 patients. Most patients will either have one non-functioning upper limb, a weak/slow but functioning upper limb or some element of visual loss to the left or right. All patients will be able to sit at a table in a wheelchair.

Project Aims

The key aims are:

- to engage patients in creative activities, in order to promote recovery

The artist will:

- provide opportunities for participants to develop their creative skills
- provide art activities at an appropriate level
- be supported by the Arts Team, with guidance from clinical staff
- adhere to infection prevention, health and safety and environmental restrictions as advised by the Arts Team and clinical staff
- complete feedback forms after each session and contribute to evaluation as required, including liaising with our external evaluator
- provide evidence of liability insurance and DBS certificate
- conduct themselves professionally at all times
- act as a mentor to volunteers

Artist Characteristics

The artist should have:

- a caring and empathetic approach
- the imagination and enthusiasm to engage participants
- experience in working with community groups
- experience in managing different levels of communication needs
- skills in a range of art and craft activities

Contract Period

An artist is required to provide 20 weekly art sessions in Scarborough Hospital's Stroke Rehab Unit. The project will run on Thursdays between 17 October 2019 – 12 March 2020 with 26/12/19 and 02/01/20 off (tbc with artist). The artist will be present between 1.45pm – 3.15pm.

Location

Art sessions will take place in the Haworth Unit situated a short walk from the Stroke Rehab Unit in Scarborough Hospital. A trestle table and chairs will be provided. The artist will be responsible for their own travel arrangements and costs.

Resources

The Arts Team at York Teaching Hospital NHS Foundation Trust will be responsible for setting up the project, along with associated admin and support including contracts and paperwork, payment and feedback forms. A materials budget will be provided, with thanks to York Teaching Hospital Charity.

Working with Volunteers

Volunteers will be recruited through York Teaching Hospital NHS Foundation Trust's Volunteering Team. Volunteers will work alongside the artist at specified times. The artist will be required to share their skills and experience of community/healthcare based art sessions.

Budgets

The artist will be paid £30 per hour/£45 per session. A materials budget of £100 will be provided for the project, the artist will be responsible for purchasing, transporting and storing materials. Invoices may be submitted monthly and will be paid no sooner than 30 days after receipt.

Funding

The project is funded by York Teaching Hospital Charity's Stroke and General Funds.

How to Apply

If you are interested in this project please send the following via email:

- A recent copy of your artist's statement and CV
- Up to 5 images of your recent work
- A covering letter outlining your approach to the project

Expressions of interest should be sent via email to art@york.nhs.uk by 9am on Monday 30 September 2019.

If you have any further questions please contact the Art and Design Project Coordinator using the details below.

Selection Process

Applications will be shortlisted by the Arts Team with successful applicants invited to interview Monday 7 October at Scarborough Hospital.

Contact Details

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Art and Design Project Coordinator

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