## Patient Information Leaflet



# Melanoma Online Information & Support

For many people, the Internet has become the first place to go when looking for information. Some of the information found is more reliable than the rest, but it can be hard to tell at first glance.

#### Below is a list of reliable and accurate websites for information and support on your diagnosis, these can also be found on our website www.yorkhospitals.nhs.uk/skincancer

<b>Melanoma Focus –</b> Click on 'patient decision aid' & then select your stage for more information	www.pda.melanomafocus.com
<b>GenoMEL</b> – information on how to check your moles	www.genomel.org
British Association of	
<b>Dermatologists –</b> patient information leaflets	www.bad.org.uk
NHS – sunscreen and sun safety	www.nhs.uk/live-well/healthy- body/sunscreen-and-sun-safety/
Macmillan Cancer Support	www.macmillan.org.uk
Cancer Research UK	www.cruk.org.uk
DermNet NZ	www.dermnetnz.org
British Association of Skin Camouflage	www.skin-camouflage.net
Changing Faces	www.changingfaces.org.uk
Melanoma UK	www.melanomauk.org.uk
Veteran Welfare Service	www.veterans-uk.info

## Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact Macmillan Skin Cancer Specialist Nurse, The York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 721719.

#### Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk. An answer phone is available out of hours.

#### Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

#### 如果你要求本資 不同的 或 式提供, 電或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formacie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

Telephone: 01904 725566

Email: access@york.nhs.uk

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