



Frequently Asked Questions

1. **Can I bring my dog?** Yes you may as long as they are on a lead and under control
2. **Can I bring a pram?** Yes of course
3. **Where can I park?** Parking is free for 3 hours above The Spa or there is the Spa Underground Car Park and requires payment. The Park & Ride does run from Seamer Road and Filey Road and drops you off at Spa Bridge
4. **Will roads be closed off?** No, please stick to pavements and adhere to traffic rules
5. **Is there a time limit?** Yes, we ask that you complete the walk within 3 hours.
6. **Can I bring sponsor money on the day?** Yes you can, simply bring it along on the morning and hand it in at registration.
7. **Do I have to bring my tickets?** Yes please. This is so we can register you quicker. This can either be on your phone or a print off ticket.
8. **Do I have to pay for refreshments?** No, we simply ask for a donation for drinks and treats!