



## Hospital Passport Guidelines



Your Hospital Passport will be shared with all hospital staff who will be providing support during your hospital visit or stay.

Please fill in all of the boxes and provide as much detail as possible.

Please consider the following:-

### Communication:-

- Hearing / sight
- How you communicate?
- How you understand information communicated by others?
- Communication tools used.

### Personal Care:-

- Think about all areas of personal care
- How you like to be supported?
- What can you do yourself?

### Nutrition:-

- Do you have any food allergies / special dietary needs?
- Can you eat and drink independently?
- What help do you require?

### Other Essential Information:-

- What is your diagnosis?
- How is your mobility? What equipment do you use?
- How do you take your medication?
- How do you cope with medical intervention?
- How is your safety provided?
- What makes you anxious and how do you like to be supported?
- What might you do if you are anxious?
- Do you have any behaviours which require support whilst you are in hospital?
- What is your sleep pattern / details about your night routine.

**Please return to [karen.pearce@york.nhs.uk](mailto:karen.pearce@york.nhs.uk) / [jo.blades@york.nhs.uk](mailto:jo.blades@york.nhs.uk)**



Karen Pearce  
0791784539



Jo Blades  
07795126473