

# Working with children with eating and drinking difficulties

## Induction to Dysphagia.

### Overview and aims:

This training session will include:

- an overview of the normal swallow
- swallow breakdown - what can go wrong
- signs of aspiration and indicators of risk
- techniques to reduce the risk of aspiration
- food and fluid modification
- feeding guidelines related to children you are supporting (routine mealtime plan)

### Target audience

For new staff or staff who have not completed this training, who are working with children with identified eating and drinking difficulties. Staff requiring this training are most likely to be working in a special school setting. However, it would also be appropriate for staff supporting children with identified eating and drinking difficulties in mainstream schools.

**Trainers** - Pippa Hutton, Advanced Clinical Specialist - Dysphagia. Speech and Language Therapist and and Catherine Martin/Rachel Shearer, Specialist Speech and Language Therapists.

**Dates** - Induction Programme - Thursday 21<sup>st</sup> September 2017, 3.45 to 5.15pm.  
Thursday 10<sup>th</sup> May 2018, 3.45 to 5.15pm.

**Venue** - The Playroom, Child Development Centre, York Hospital

**Cost** - £36 per participant.

For more information or to book a place please email Gill Clarke at [childrenstherapytraining@york.nhs.uk](mailto:childrenstherapytraining@york.nhs.uk) or tel 01904 724915

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