



Speech and Language Therapy Advice Sheet

Games to Support Listening and Attention Development

Games to Play at Bedtime

Tidying Up: Make tidying up fun. Name each toy you each put away.

Bath time Bubbles: Tell your child where to put the bubbles e.g. on your nose.

Picture Books: Ask your child to find just one object on each page s/he turns over.

Silly Stories: Make mistakes or change the names to your family names when you share favourite books. Can your child spot the changes?

Nursery Rhymes: Ask your child which rhyme they want. Can they choose from a selection of four associated objects.

E.g. a toy spider (Incey Wincey, a toy mouse (Hickory Dickory) etc.

If you have tried using these strategies and you are still concerned about your child's talking you can either:

- Look on our website for the 'Quick Reference Guide'. This will guide you when the best time to refer your child to Speech and Language Therapy. The referral forms and further advice sheets are also available on the website:

<https://www.yorkhospitals.nhs.uk/childrens-centre/your-childs-hospital-journey/therapy-services/childrens-therapy-referral/>

- You can access further information from the following websites:

<https://ican.org.uk/>

<https://www.afasic.org.uk/>

<https://www.bbc.co.uk/tiny-happy-people>

<https://hungrylittleminds.campaign.gov.uk/>