



Information for patients, relatives, and carers

Discharge Following Sedation

You have received a sedative drug whilst in the Emergency Department.

It is normal to have a short period of memory loss as a result of being given a sedative drug.

The vast majority of people have an uneventful recovery from sedation.

In the 24-hour period after being sedated:

Do:

- Rest
- Drink plenty of fluids and eat a light diet
- Ensure there is a responsible adult looking after you for 24 hours

Do not:

- Drive a vehicle for 24 hours
- Operate machinery
- Drink alcohol
- Make any important decisions
- Care for any dependent adults or children without help

❗ If you have further concerns about your condition, please contact your GP. If you are not sure what to do, call 111 or get help from 111 online:
<https://111.nhs.uk/> When to use NHS 111 - NHS (www.nhs.uk)

Patient Advice and Liaison Service (PALS)

We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email pals@york.nhs.uk

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you require this information in a different language or format, for example Braille, large print, Easy Read, or audio, please ask the staff who are looking after you.

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