



York and Scarborough  
Teaching Hospitals  
NHS Foundation Trust

# Thyroid Cancer Specialist Nursing Services

Information for patients, relatives and carers

① For more information, please contact:  
Thyroid Specialist Nurse

Tel: 01904 726015

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You have been given this leaflet to provide you with information about the Thyroid Specialist Nurse, how to contact her and how she can help you. We hope that you find this leaflet useful, if you have any further questions please feel free to ask.

## **Who is the Thyroid Specialist Nurse?**

The Thyroid Specialist Nurse is a registered nurse who has specialist training in caring for patients with thyroid cancer. The Specialist Nurse is based in the hospital and works as a member of the thyroid cancer team.

## **Who is the Service for?**

The service is available for anyone who has been diagnosed with thyroid cancer; it is also available for carers.

# How can the Specialist Nurse help?

The Specialist Nurse can offer

- Information about your tests, illness and treatment.
- Support and advice for you, your family and carers.
- A contact for you and your carers within the hospital.
- Advice on managing any symptoms you may have as a result of your illness.
- Help with identifying sources of practical help.
- Liaison with other people involved in your care. This may be hospital doctors, your GP, District Nurse or Macmillan Nurse.

## **Where & when will I see the Specialist Nurse?**

Initially your Specialist Nurse will see you at one of your clinic visits; unless you are admitted to hospital (then she will see you on the ward). Following this, she will have regular contact through your tests, investigations and treatment. Your Specialist Nurse will spend time with you and your carer(s) in clinic, in hospital or at your home to discuss any concerns you may have.

## **How do I contact the Specialist Nurse?**

Your Specialist Nurse is Debbie Wardle, she can be contacted between the hours of 8am and 4pm Monday to Friday on 01904 726063 or 07931951825. An answer phone is available out of hours for you to leave a message. If for any reason you are having problems and cannot contact the Thyroid Nurse please ring your own GP or call the Head and Neck Ward (Ward 15) at The York Hospital on 01904 726015.

## **Your Consultants contact details:**

Mr A Coatesworth	01904 726598
Mr A Nicolaides	01904 726598
Mr F Agada	01904 726316
Mr A Shayah	01904 726598

# **Useful Addresses**

## **Macmillan Cancer Support**

If you have questions about cancer, need support or want to talk to someone, Macmillan provides a range of services to support you and your family through cancer.

Call free on 0808 808 00 00 Mon to Fri 9am – 8pm.

Textphone 0808 808 0121. Interpreters available.

Or visit their website [www.macmillan.org.uk](http://www.macmillan.org.uk)

[Accessed May 2021].

## **The Cancer Care Centre, York**

The Centre offers information, complementary therapies, benefits advice, 'Look Good...Feel Better' tumour related support groups and hair loss support for people undergoing treatment. Call in for a drink and a chat.

The service is available for anyone affected by cancer; patients, carers, family and friends.

Call 01904 721166 or drop-in

Monday to Friday from 9.00 – 4.30pm

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

Thyroid Specialist Nurse, The York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726063.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [pals@york.nhs.uk](mailto:pals@york.nhs.uk).

An answer phone is available out of hours.

# Leaflets in alternative languages or formats

Please telephone or email if you require this information in a different language or format, for example Braille, large print or audio.

如果你要求本資 不同的 或 式提供，電  
或發電

Jeżeli niniejsze informacje potrzebne są w innym języku lub formie, należy zadzwonić lub wysłać wiadomość e-mail

Bu bilgileri değişik bir lisanda ya da formatta istiyorsanız lütfen telefon ediniz ya da e-posta gönderiniz

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