



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Hyperacute Stroke Unit (HASU) at York Hospital

Information for patients, relatives and carers

① For more information, please contact:

Hyperacute Stroke Unit

Ward 23

Tel: 01904 726023

York Hospital

Wigginton Road, York, YO31 8HE

Welcome to the Hyperacute Stroke Unit (HASU). This unit is for people who may have had a stroke.

The main aims of the unit are:

- To find out if you have had a stroke
- To start medical treatment as soon as possible
- To start therapy as soon as possible

The Hyperacute Stroke Unit forms part of the stroke service which comprises Hyperacute and Acute Stroke Care, Rehabilitation and Community Services across York, Scarborough and Harrogate.

Hyperacute care for some patients may also include transfer to other hospitals for removal of a blood clot. This procedure is called a thrombectomy.

How long will I be on the Hyperacute Stroke Unit?

You need to stay here for your immediate medical care. Most people stay for a few days. If you need a period of therapy and rehabilitation you may be moved to another ward or rehabilitation facility.

Residents transferred from the Scarborough or Harrogate area for hyperacute care, may be transferred back to Bridlington or Harrogate hospitals if further therapy is needed before discharge.

If you are on holiday when you are admitted to York hospital, you will either be discharged home from York or transferred back to your local hospital for further therapy if necessary.

Because this is a hyperacute unit, it is possible that you may be moved to another ward if necessary and at short notice to create beds for new stroke patients.

If you reach a point where you no longer need stroke care, you may be moved to another ward so that we can create space for new stroke patients.

When will I go home?

We aim to start discharge planning as soon as possible. We welcome your participation in this process.

What sort of follow-up is available?

York residents who are discharged home from the Acute Stroke Unit, may be referred to the Community Stroke Team for further therapy at home. Patients living outside of York may be referred to their local community stroke service or community therapy team.

If you have been seen by a speech therapist and require further therapy at home, you will be contacted by the therapist to arrange follow-up.

The hospital doctors or specialist stroke nurses may also invite you to a follow-up clinic appointment a few weeks after your discharge from hospital.

What do I need in hospital?

You will need to have wash items and toiletries, e.g. soap, flannel, towel, toothpaste and brush, hairbrush or comb. Please arrange for someone to bring in any toiletries or personal care items you need.

You will also need a selection of nightwear. As you start to recover from the stroke and are sitting out of bed, please arrange for someone to bring in day clothes and supportive footwear.

The hospital cannot provide a laundry service, so please ensure that someone is able to do this for you.

Please also ensure that you have any other items that you may require such as hearing aids, glasses, dentures.

We recommend that you do not keep any valuable items in the hospital.

Who are the staff that I will see?

The stroke consultants are: Dr Paul Willcoxson, Dr Peter Wanklyn, Dr Luke Bridge, Dr Paul Sellars.

Their secretary is Andrea Sellars.

You can contact Andrea as follows: Tel: 01904 725932

If you agree, your relatives are welcome to ring the secretary if they would like to arrange an appointment to speak to your consultant.

York Hospital

Ward Manager: Sandra Hindmarsh

If you wish to speak to Sandra, please contact her on the Hyperacute Stroke Unit: Tel: 01904 726023
Email: sandra.hindmarsh1@nhs.net

Stroke Specialist Nurse: Michael Keeling

You can contact Michael as follows: Tel: 078161 09772
Email: michael.keeling1@nhs.net

Other staff working on the ward include: Ward nursing staff, physiotherapists, occupational therapists, speech and language therapists, pharmacists, dietitians, patient services assistants and stroke rehabilitation assistants.

Bridlington Hospital

Stroke Rehabilitation Ward: Tel: 01262 423106

Stroke Specialist Nurse for Scarborough & East Coast:
Carol Brown 07557 075850

When can I have visitors?

Hospital visiting times are Monday to Sunday,
2.00 pm – 8.00 pm.

Visitors may need to leave the ward if you need to attend appointments, e.g. x-rays, scans or therapy. Please speak to the nursing staff if you have visitors who wish to visit outside the normal visiting hours.

What are the mealtimes?

Breakfast 9.00 am

Lunch 1.00 pm

Tea 6.00 pm

There is a hospital policy to protect the meal times to allow people to have uninterrupted meals. Please speak to nursing staff if you have visitors who need to visit during meal times.

Relatives of patients with dementia are welcome to help at meal times in accordance with John's Campaign.

Ward Security System

At the entrance to the ward, there is a security system in place. Visitors will need to press the buzzer for entering and exiting the ward.

Who do I contact if I have any questions?

Please feel free to speak to the nursing staff if you have any questions.

If your family wish to ring the ward, if possible, please arrange for one person to call the ward and then pass the information on to other family members. This will allow us more time to care for our patients.

The ward phone number is 01904 726023

We provide information leaflets from the Stroke Association for all patient's who have had a stroke. Please ask the nursing staff for these leaflets if you have not received one.

If you or your relatives would like to speak directly to your therapist, dietitian or pharmacist to discuss your care, please ask and we can make arrangements for this.

Friends and Family Test

Before your discharge home you will be asked to fill in the hospital's Friends and Family Test. This is your opportunity to comment on your stay and make any suggestions for improving the service.

Please request a Friends and Family Test if you have not been offered one.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:
Sarah Craigie, Occupational Therapist,
Hyperacute Stroke Unit, York Hospital, Wigginton Road,
York, YO31 8HE or telephone 01904 726023.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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