

What precautions should I take during Diphencyprone (DPC) treatment?

Information for patients, relatives and carers

① For more information, please contact: the Dermatology Department on 01904 726621 or 01904 726624

Instructions for patients receiving treatment for Alopecia Areata

- Treatment area should be covered for 24 hours after treatment. The area should be kept covered from all light. This could be best achieved by wearing a hat, scarf or wig. UV light is known to degrade DPC causing it spread to other areas of skin.
- Avoid touching the treatment area for 24 hours after treatment. If you do touch the area, wash your hands immediately with soap and water.
- Avoid washing the scalp for 24 hours after treatment.
- If the treatment area becomes very hot, red or itchy, apply the steroid cream you have prescribed by your doctor that you will have been given prior to your treatment.
- If you have a severe or unbearable reaction (blistering, severe redness or irritation) following treatment application, please wash the DPC solution off with soap and water and contact the Dermatology Department for further advice.
- Female patients must avoid pregnancy during treatment and for six months after treatment.

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

Sister, Dermatology Department, the York Hospital, Wigginton Road, York, YO31 8HE or telephone 01904 726629.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net

An answer phone is available out of hours.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website: www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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