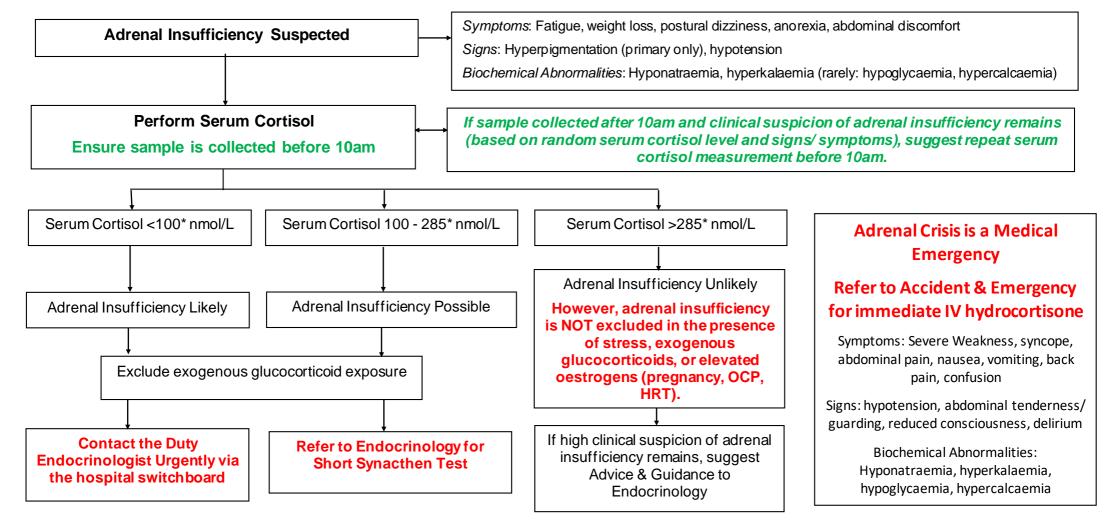
Service: SHYPS/ Clinical Biochemistry/ York & Scarborough Filename: CB-INF-CORTISOL Version: 1.0 Date of Issue: July 2023 Owner: Claire Lloyd Page 1 of 2



Investigation of Adrenal Insufficiency in Adults



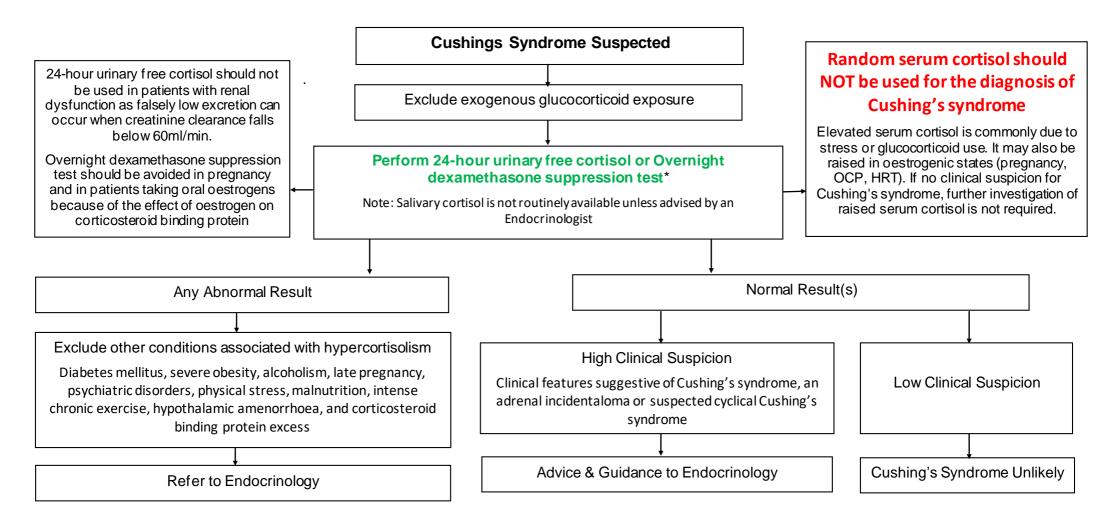
*Please note the reference range for the Roche serum cortisol assay employed at York and Scarborough Teaching Hospitals is 133 – 537 nmol/L for samples collected between 06:00 and 10:00. The cut-offs quoted above have been agreed locally with the Endocrinology Team.

Bornstein SR et al. Diagnosis and Treatment of Primary Adrenal Insufficiency: An Endocrine Society Clinical Practice Guideline. J Clin Endocrinol Metab 2016; 101: 364 - 389

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Investigation of Cushings Syndrome in Adults



*Please refer to https://tinyurl.com/nh9mez3k for information on how to perform an overnight dexamethasone suppression test and the interpretation of results.

Fleseriu M et al. Consensus on diagnosis and management of Cushing's disease: a guideline update. Lancet Diabetes Endocinol 2021; 9 (12): 847 - 875