



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Upper Gastro-Intestinal (GI) Specialist Nurse Service

Information for patients, relatives and carers

① For more information, please contact:

York Hospital
Wigginton Road, York, YO31 8HE
Telephone: 01904 726482

Or

Scarborough Hospital
Woodlands Drive, Scarborough, YO12 6QL
Telephone: 01723 236259

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The Multi-Disciplinary Team (MDT)

The Upper Gastro-Intestinal (UGI) Multi-Disciplinary Team consists of a group of healthcare professionals; including doctors, radiologists, oncologists, dietitians and clinical nurse specialists.

The main function of this team is to make a diagnosis, based on the results of tests and investigations (which may also involve further diagnostic procedures). We will inform you of the outcome of any discussions that the team have about you and your care.

The role of the Upper GI Clinical Nurse Specialist (CNS)

The Upper GI Clinical Nurse Specialist provides support to people and their families who are currently having investigations for, or who have been diagnosed with, any type of upper GI cancer.

Your CNS is also known as your Key Worker and is experienced in managing patients with upper gastro-intestinal cancers.

How do I contact the CNS team?

You may contact the CNS team between 8am and 4pm Monday- Friday (excluding Bank Holidays) on these telephone numbers:

York team - 01904 726482

Scarborough team - 01723 236259

If we are out of the office, please leave a message with your name and contact number and we will aim to call you back as soon as possible. Please note this may not be the same day.

A cancer care co-ordinator also works within each team and they often answer the phone or will contact you on the nurse's behalf.

Useful sources of information and support

The Cancer Care Centre at York Hospital

The Centre offers free and confidential information and support for anyone affected by cancer.

Open weekdays from 9am – 4.30pm
Phone them on 01904 721166

The Macmillan Cancer Information & Support Service at Scarborough Hospital

The Service offers free and confidential information and support for anyone affected by cancer. You can find the Service in the main entrance of Scarborough Hospital.

Open weekdays from 9am – 4.30pm
Phone them on 01723 342606 or drop-in

Macmillan Cancer Support

A national charity supporting anyone affected by cancer. Call their helpline on 0808 808 0000 between 9am – 8pm to speak to someone or use their website to access information and online forums www.macmillan.org.uk.

Pancreatic Cancer UK (PCUK)

Provides information and support for anyone affected by pancreatic cancer. You can speak to a nurse using the support line 0808 801 0707 Available weekdays 9am - 4pm.

Visit their website www.pancreaticcancer.org.uk

The Oesophageal Patients Association (OPA)

Provides information and support for patients and family members affected by oesophageal or gastric cancers.

Contact their helpline on 0121 704 9860 weekdays from 9am until 3pm.

Visit their website on www.opa.org.uk

[Websites Accessed April 2022]

Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: The Upper GI Clinical Nurse Specialist team on York 01904 726482 or Scarborough 01723 236259.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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