



York and Scarborough  
Teaching Hospitals  
NHS Foundation Trust

# The Colorectal Specialist Nurse Service (CNS)

Information for patients, relatives and carers

① For more information, please contact: The Colorectal Specialist Nurse Service (CNS) team

York Hospital  
Wigginton Road, York, YO31 8HE  
Telephone: 01904 724126

Scarborough Hospital  
Woodlands Drive, Scarborough, YO12 6QL  
Telephone: 01723 236258

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## **The Multi-Disciplinary Team (MDT)**

The colorectal multi-disciplinary team consists of a group of healthcare professionals; including doctors, radiologists, oncologists, pathologists and clinical nurse specialists.

The main function of this team is to make a diagnosis based on the results of tests and investigations (which may also involve further diagnostic procedures). We will inform you of the outcome of any discussions that the team have about you and your care.

## **The role of the colorectal clinical nurse specialists (CNS)**

The colorectal clinical nurse specialists provides support to people and their families who are currently having investigations for, or who have been diagnosed with, any type of colorectal cancer. Your CNS is also known as your key worker and is experienced in managing patients with colorectal cancers.

# **How do I contact the CNS team?**

You may contact the CNS team between 8am and 4pm Monday- Friday (excluding Bank Holidays) on these telephone numbers:

**York team - 01904 724126**

**Scarborough team - 01723 236258**

If we are out of the office, please leave a message with your name and contact number and we will aim to call you back as soon as possible. Please note this may not be the same day.

A cancer care co-ordinator also works within each team and they often answer the phone or will contact you on the nurse's behalf.

## **Useful sources of information and support**

### **The Cancer Care Centre at York Hospital**

The Centre offers free and confidential information and support for anyone affected by cancer.

Open weekdays from 9am – 4.30pm

Phone them on 01904 721166

### **The Macmillan Cancer Information and Support Service at Scarborough Hospital**

The service offers free and confidential information and support for anyone affected by cancer. You can find the service in the main entrance of Scarborough Hospital.

Open weekdays from 9am – 4.30pm

Phone them on 01723 342606 or drop-in

### **Macmillan Cancer Support**

A national charity supporting anyone affected by cancer. Call their helpline on 0808 808 0000 between 9am – 8pm to speak to someone or use their website to access information and online forums [www.macmillan.org.uk](http://www.macmillan.org.uk).

## **Bowel Cancer UK**

Provides information and support for anyone affected by a colorectal cancer. You can speak to a nurse using the support line 0207 940 1760 Monday – Friday 9am – 5pm, email your query [admin@bowelcanceruk.org.uk](mailto:admin@bowelcanceruk.org.uk) or visit their website [www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk) for access to their online community.

## **Cancer Research UK**

Leading UK charity for information on all cancers. Contact them on telephone 0207 242 0200 or view their website for details of clinical trials and current research [www.cancerresearchuk.org](http://www.cancerresearchuk.org).

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: The Colorectal Clinical Nurse Specialist team on York 01904 724126 or Scarborough 01723 236258.

The York Hospital, Wigginton Road, York, YO31 8HE.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.patientexperienceteam@nhs.net](mailto:yhs-tr.patientexperienceteam@nhs.net).

An answer phone is available out of hours.

# Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

[www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

Owner	The Colorectal Clinical Nurse Specialists
Date first issued	August 2020
Review Date	May 2026
Version	2 (reissued May 2025)
Approved by	Colorectal MDT members
Document Reference	PIL1466 v2.2
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