York and Scarborough Teaching Hospitals
NHS Foundation Trust

# Discharge following an Endoscopic Retrograde Cholangio-pancreatography (ERCP)

Information for patients, relatives and carers


ⓘ For more information, please contact:

**Endoscopy Unit**

York Hospital

Phone: 01904 726694

York Hospital, Wigginton Road, York, YO31 8HE

Scarborough Hospital

Phone: 01723 385141

Woodlands Drive, Scarborough, YO12 6QL

**Contents** **Page**

Your ERCP .....3

Midazolam and Fentanyl .....4

For the next 24 hours following your procedure: .....4

Instructions following throat spray .....4

What to expect .....5

What happens next? .....5-6

Tell us what you think of this leaflet .....7

Teaching, training, and research .....7

Patient Advice and Liaison Service (PALS) .....7

Leaflets in alternative languages or formats .....8

# Your ERCP

You have had an ERCP.

During your procedure the doctor has:

- Performed a small cut at the opening of your bile duct.
- Removed one or more stones.
- Placed a stent.
- Other: please state ……

The medication you received was:

- Midazolam
- Fentanyl
- Buscopan
- Throat spray
- Diclofenac suppository

Very rarely patients can develop severe eye pain after receiving Buscopan within the next 24 hours. If this is the case, you must seek urgent medical advice as you may have an undiagnosed condition called glaucoma.

# Midazolam and Fentanyl

Midazolam is a sedative and Fentanyl is a painkiller. Both these medications can affect your concentration and co-ordination. You may feel light headed or faint. It is essential that you have someone to accompany you home and to look after you when you get home and stay overnight.

## For the next 24 hours following your procedure:

a) You must not drive or ride a bike.

b) You must not drink alcohol.

c) You must not operate any machinery.

d) You must not sign any legal binding documents.

e) You must not return to work.

f) You must not use public transport.

g) You should not be the sole responsible adult or carer for any individual.

Be more aware of electrical appliances, cookers, hot saucepans etc.

# Instructions following throat spray

A local anaesthetic spray has been used to numb your throat during the procedure. This will normally take 30 minutes to wear off.

## What to expect

You may have some discomfort in your stomach or feel bloated. This is because air was put into your stomach during the procedure; this will soon wear off.

You may have a sore throat, which can last up to 24 hours.

Any discomfort, inflammation or swelling at the site of your cannula should settle in a few days.

If you feel well, you may eat light food four hours after your procedure and eat normally the day after.

Pain relieving tablets, such as the kind you would take for a headache, may be taken at home according to the manufacturer's instructions. Please rest for 24 hours post procedure.

## What happens next?

- No further follow up is required.
- A repeat procedure (will be arranged).
- An outpatient appointment will be sent to you.
- You require another investigation.

If you experience any of the following symptoms:

a) Any unexpected pain (neck, chest and abdominal pain).
b) High temperature.
c) Sweating.
d) Vomiting.
e) Any signs of bleeding.
f) Black stools.
g) Dizziness.

Please contact:

Endoscopy Unit (York) 01904 726694
(Between the hours of 8am – 6pm)

Endoscopy Unit (Scarborough) 01723 385141
(Between the hours of 8am - 6pm)

After 6pm, for York Hospital on 01904 631313 or for Scarborough Hospital on 01723 368111 and ask for the on-call surgical registrar.

After 24 hours, please contact your own GP or the Emergency Department.

Except in certain circumstances, stents should be removed after three to 12 months.

If you have a stent and are worried there is no plan for removal or replacement, please contact Endoscopy Bookings on 01904 724 111.

## Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:
The Endoscopy Unit, York Hospital, Wigginton Road, York, YO31 8HE, Phone 01904 726694 or
The Endoscopy Unit, Scarborough Hospital, Woodlands Drive, Scarborough, YO12 6QL, phone 01723 385141.

## Teaching, training, and research

Our Trust is committed to teaching, training, and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

## Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website: www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/


| | |
|---|---|
| Owner | Raymund Pahang, Bev Taylor and Endoscopy user group |
| Date first issued | June 2020 |
| Review Date | October 2029 |
| Version | 2 (Re-issued October 2026) |
| Approved by | Endoscopy Governance Group |
| Document Reference | PIL1399 v2 .1 |


© 2026 York and Scarborough Teaching Hospitals NHS Foundation Trust. All Rights reserved.