Thanks to our supporters, the YTHC is able to make a real difference to the care and services that people receive when they visit the hospitals.

Charity Reg No: 1054527
www.york.nhs.uk/fundraising
Three years ago, Lauren and Jordan sadly lost their twin daughter Maisey. Twins Maisey and Issac were born prematurely at 29 weeks at Scarborough Hospital and were transferred to Middlesbrough, where Maisey passed away aged just one day old.

As parents who have lost their baby, Lauren and Jordan hope that every couple who has to experience losing their child can be given the time to grieve with their family and time with their baby as they did.

Lauren is bravely leaping out of a plane in August to raise money for The Snowdrop Appeal at Scarborough Hospital.

Lauren explained: “Knowing that there is no suite at Scarborough Hospital for families like ours, we were lucky that we were somewhere that we could make precious memories and have time with our baby girl in privacy.

“James Cook Hospital had a bereavement suite where we received support and our family could spend time together; but because our situation was pretty rare as we also had our son Issac on the Special Care Baby Unit (SCBU), we needed to stay, rather than come home. Once we had spent time with Maisey, we moved into accommodation on SCBU to be near Issac. The accommodation was shared and meant we were with another couple whose little girl was on SCBU and although our little boy was fighting and alive like their child, it was still hard to stay with another couple who had a baby girl knowing that we did not have ours.

“Scarborough Hospital’s Snowdrop Appeal is local to us and the hospital does not get enough recognition for all the people they actually do help so I would like to raise some money to give a little back. After all, Scarborough Hospital saved our son’s life, so that has to be a job well done. The Snowdrop Appeal is something that’s very closely related to Maisey as we used a similar suite after she passed away.

“I would hate for any grieving family to be placed on a ward full of joyous mothers and healthy babies and know that they will never have this as their baby is no longer with them. This is somewhere for them to maybe hold their child like we did before having to say goodbye”.

Lauren is hoping to raise as much money as possible by taking part in a Skydive on Sunday 24th August which will go towards the £120,000 needed to build a new maternity bereavement suite at Scarborough Hospital.

She can be sponsored at www.justgiving.com/lauren-wilson3
The Snowdrop Appeal has now reached a massive £75,000 thanks to the support of all of you.

The Snowdrop Ball raised £8,100 back in March, avid supporters Sarah Medd, Derwent Hunt and friends raised £1425 through carol singing on Santa’s Sleigh at Christmas and all those collecting tins that businesses have kindly taken over the last year have raised £1156.95.

We are so proud to have reached more than half way at this point and there is so much more to come including the Snowdrop Appeal Calendar. The appeal’s supporter Annika Dowson will be launching her hard work on Saturday 19th July at The Brunswick Centre, Scarborough. Be the first to get your hands on a copy and see how the Scarborough Rugby Club Team and Paddy from Yorkshire Coast Radio got on in their shoots! Calendars are £6.50 and available from various outlets, please see our website for a list of these.

Guests enjoying The Snowdrop Ball in March.
What our supporters are

On December 26th 2013 Jamie’s dad’s life changed forever. James Ball suffered a complete interruption on his spinal cord through two fractures on his C1 vertebrae and had a cardiac arrest as a result. He wasn’t breathing for 12 minutes and only survived due to the quick response by a paramedic who was able to perform CPR and revive him. It was revealed Jamie’s dad would never be able to breathe again without aid of a ventilator and would be unable to move from his neck down. One of the doctors told the family that in his 35 years in the profession he had never seen such an unusual injury and without the quick response would have been a fatal accident.

Jamie and his family are so grateful for the care and support his dad has received from York Hospital that he wanted to give something back.

Jamie planned to take part in a year long fundraising challenge in aid of the intensive care unit and initially planned to raise £1,000. He has ran various marathons and has more planned;

Completed runs
- **Brass Monkey Half Marathon**
  Sunday 19th January 2014
- **Liverpool Half Marathon**
  Sunday 23rd March 2014
- **Leeds Half Marathon**
  Sunday 11th May 2014

Planned runs
- **Humber Bridge Half Marathon**
  Sunday 29th June 2014
- **York 10k**
  Sunday 3rd August 2014
- **Great North Run**
  Sunday 7th September 2014
- **The Plusnet Yorkshire Marathon**
  Sunday 12th October 2014

Jamie also arranged for his employers, Taylors of Harrogate, to donate a grant of £1000 towards the ICU. He has also received a donation of £2000 from Nestle where his dad used to work.

- The success of his fundraising efforts have been amazing and Jamie has not only trebled his initial target of £1000, he now has over £6300 donated via his just giving page - [http://www.justgiving.com/Jamie-Ball1/](http://www.justgiving.com/Jamie-Ball1/)
In November 2011, Nikki unfortunately developed breast cancer. After taking a year off work and having reconstructive surgery in Hull, Nikki decided that she wanted to give something back to York Hospital to show her appreciation for all of the care and support she received whilst undergoing treatment.

She initially wanted to raise a few hundred pounds so she arranged a few fundraising events, such as carboot sales and cake sales. Once she had managed to reach her ‘target’ the fundraising bug had caught hold and there was no stopping her!

We have seen Nikki arrange a Hawaiian party, a Halloween disco, various sponsored events, she took part in a 10k run, and has held a beauty evening. Nikki has received lots of support from the hospital staff, especially in Pharmacy (where Nikki works as a Technician) and her latest massive challenge is a six day trek in the Sumatran Jungle in September 2014!!!

So far Nikki has raised an amazing £4,000 and she doesn’t seem to be stopping anytime soon.

[www.justgiving.com/ Nikki-brooks]

Scarborough Hospital Staff are really supportive of YTHC and none more than Paula Deakin and Carol Gallagher. Over the last year, they have raised £890 through a Karaoke Evening and Charity Football Match and plan to reach £1,000 with another event later this year. Their efforts are very much appreciated by all and we can’t thank them enough.
Sunday 6th July
Piloxing V Zumba at
Scarborough RUFC
10am to 12pm

A fun fitness challenge. An hour of each exercise. Just £10, tickets from Compass Gym, Barry’s Lane, Scarborough

Sunday 6th July
Cream Tea at Moorland House,
Staintondale, Scarborough
from 2pm to 5pm

Cream teas, cakes and rides on the miniature railway through the woods and around the lake. Just come along.

Thursday 10th July
Quiz Night at The Funny Onion,
Bridlington
from 8.30pm

In aid of the Orthopaedic Department at Bridlington Hospital. Supper will be provided.

Sunday 13th July
Dragon Boat Challenge on the
River Ouse, York

Come along and support ‘HMS NHS’ who will be vying for first place!

Saturday 19th July
Snowdrop Appeal Calendar
Launch at The Brunswick Centre
from 10am to 4pm

Get your copy of this amazing calendar for just £6.50 featuring Scarborough RUFC men and Yorkshire Coast Radio’s Paddy in the Morning.

Sunday 20th July
Treasure Hunt around York
starting between 3pm to 4pm
and takes around 2 hours.

Treasure Hunt around York, ending at the Guildhall – £5 for an entry form. Contact VisitYork for further details.

Thursday 24th July
Pamper Evening at York Hospital
Social Club

£8 per ticket to include 2 x 15 minute treatments and nibbles.

Sunday 27th July
Family Fun Day at Whitby Rugby
Club in memory of Mia-Faith Sparks.
from 1pm to 8pm

With live music, children’s entertainment, raffles, bouncy castle and more. In aid of The Snowdrop Appeal.
Sunday 27th July
Dancin Doormen, Ladies Night at Vivaz Nightclub, Scarborough
A night of dancing with side events and the ‘Full Monty’. Tickets are £10 and available from Blue Lounge or tweet @Dancindoormen

Sunday 17th August
Spectacular Summer Fayre & Funtastic Sponsored Walk at The Royal Hotel, Scarborough from 10am to 4:30pm
There will be face painting, stalls galore, cakes, refreshments and more.

Sunday August 3rd
Jane Tomlinson York 10K
We still have a few places left if you fancy running or if you would like to volunteer on the day, please contact Claire on 01904 721737

Wednesday 6th August
St Crux, York from 9.30am to 4pm
Refreshments served all day along with bric a brac all in aid of York Hospital

Saturday 6th September
80’s Themed Disco. York Hospital Social Club, £5 per ticket

Thursday 14th August
Quiz Night at York Hospital Social Club
£5 per ticket to include a Pie and Pea Supper. Max of 5 per team

Thursday 11th September
Clothes Swap Event, Scarborough Rugby Club 7:30pm
£5 per ticket plus a donation of 5 clothes items in good condition
Thursday 18th September
Pig Racing at York Hospital Social Club
Sponsor a race for £20. £5 entry to include a pie and pea supper

Saturday 20th December
Christmas Gift Wrap at The Brunswick Shopping Centre
10am to 3pm

Sunday 12th October
Yorkshire Coast 10K

Christmas Cards/Calendars will be on sale from October and The Snowdrop Appeal ‘Breaking the Silence’ 2015 Calendar will be on sale from July

Sunday 12th October
Yorkshire Plusnet Marathon

Also look out for:-

Sunday 14th December
Carol Concert, York Barbican Centre

Gurkha Curry night in Oct and a Go-Karting day – further details to follow

For further information on any of the events please contact fundraising on charity.fundraising@york.nhs.uk or call 01723 236210/01904 724521 or see www.york.nhs.uk/fundraising
Thank you to the staff at TSB in Bridlington who donated £342.20 to the Children’s Ward at Scarborough Hospital from their fundraising activities and also volunteered on the ward for a day.

Thanks to Liz Bushby, the Joseph Rowntree Theatre Board and colleagues for arranging a concert in memory of David Bushby, former Theatre Manager and a patient from our renal department. The total raised was a huge £3,600 and was donated to the Renal Department.

Thank you to Kinder Place Nursery at Scarborough Hospital for raising £1,125 from their Christmas Fair and Barclays for match funding their efforts with £894.70 for The Snowdrop Appeal.

Big thanks to Marie Slater from the Inner wheel club of York Vikings. Through various fundraising events such as pudding parties, garden parties, street collections and lots more, Marie and the ladies from the Innerwheel club have raised £2,330 for the SCBU at York.

Thank you to everyone who ran the McCain 10k last year and helped raise a total of £6,534.08 for The Snowdrop Appeal.
Huge thanks to the York Vikings for their generous donation of just over £1000 to purchase i-pads to help with the treatment of stroke patients.

Thank you to Morgan Richardson who raised £60.34 by making and selling Paracord Bracelets at a School Fair.

A number of Therapists from Ward 25 at York Hospital ran the Leeds Half Marathon and have raised nearly £1000.

A big thank you to the following for choosing us as their charity of the year:
- Castle Sports and Social- Scarborough
- Forget- me-not Florist- Scarborough
- Lindhead Primary School- Scarborough
- Co-op Supermarket- Helmsley
- Bluebird Care- York
- Cedar Court Grand- York
- The Lords Mayor Charity- York

Emma Randall from Morrisons in Selby raised around £1,332 for the Magnolia Centre by shaving her head in store!

Thank you to the continued support of Compass Gym who have raised over £5000 so far through various events, including 2 staff members doing a bungee jump. They are now organising a fitness challenge, see the events page.
This year we have been lucky enough to have been chosen as one of the Lord Mayors charities of the year

Throughout his year in office, the Lord Mayor of York along with his civic party will partner up with us and York against Cancer to organise and run various fundraising events. The monies raised will be split between YTHC and YAC to be used for the Lord Mayors chosen projects.

This year, our Renal Department and their patients will benefit from this wonderful partnership.

The York Teaching Hospital NHS Foundation Trust will be opening a Self Care Dialysis Unit in York to enable kidney patients to manage their own dialysis treatment with the support of medical staff if needed. The donations from the Lord Mayors fund will purchase a new life-saving haemodialysis machine to be used in the unit.

York against Cancer will be purchasing a new mini bus to transport patients to Leeds for their chemotherapy sessions, so also, another benefit for our patients.

A diary of fundraising events has been created and will be added to throughout the year. Some event details have been advertised in this newsletter but please keep your eye out for anything additional on www.york.nhs.uk/fundraising.
Thanks to our brilliant supporters!
We are so thankful to everyone who fundraises for YTHC, so here a few pictures of our brilliant supporters!

Do you fancy joining our amazing supporters?
In 2013, YTHC supported some larger projects within the Trust, in 2014 the Charity’s Trustees discussed and decided upon five priority areas for future charitable spending. These priorities are:

- Care of the deteriorating patient and prevention of harm
- Care of frail elderly/dementia patients and excellent end of life care
- Enhancement of the patient experience and that of their carers and relatives
- Research and staff training
- Staff wellbeing

£3,150 bought 8 Mini External Pacemakers for Coronary Care at Scarborough Hospital

£70,638 was given to the upgrade project to the Phlebotomy Service at York Hospital. This is used by all departments within the hospital, so we were really keen to support this.

£7,920 helped purchase a specialist patient chair with Autotilt Technology for the Intensive Care Unit at Scarborough Hospital

£2,300 purchased a patient hoist for Abbey Ward at Whitby Hospital

£1,403 bought a Static Bike and Weights for Selby Hospital Physiotherapy Department

So in recognition of this, here are a few items we have bought over the last 6 months;

£1,352 bought an ECG Machine for Coronary Care at York Hospital

£1,031 was spent on training courses about End of Life Care

We have also funded:

- An Oncology Research Nurse
- An Arts Development Officer
- A Renal Specialist Nurse
- A Cardiology Physiotherapist
- Staff Training for Oral Care
- Staff Training for Respiratory
Here at YTHC, we are always trying to support our donors in the best way possible. If you would like to hear from us regarding any of the following, please complete this form:

I would like to hear more about:
- Leaving a legacy in my Will
- Fundraising in memory of a loved one
- Donating through my wages by Payroll Giving
- Volunteering for the YTHC at events

Name................................................................................................................................................
Address...............................................................................................................................................  
Postcode........................................Email................................................................................................

My preferred method of contact is:
- Email (please state this)...................................................................................................................
- Text Message (please state this)........................................................................................................
- Post

Please send this form to one of the addresses below or email your preferences to charity.fundraising@york.nhs.uk

If you would prefer not to hear from the YTHC again, please contact charity.fundraising@york.nhs.uk and let us know your details so we can update our records

Contact Details for the YTHC
Fundraising
York Hospital
2nd Floor Admin Block
Wigginton Road
York
YO31 8HE
01904 724521

Fundraising
Scarborough Hospital
Woodlands House
Woodlands Drive
Scarborough
YO12 6QL
01723 236210

charity.fundraising@york.nhs.uk
www.york.nhs.uk

YorkHospCharity

facebook
YorkTeachingHospitalCharity
Coast to Coast 2015
Cross the UK from the Irish to the North Sea
in aid of
York Teaching Hospital Charity
Challenge your endurance and stamina during this tough cycle ride across the North's most rugged landscapes with stunning views and great company
Fri 15th to Sun 17th May 2015
Whitehaven to Whitley Bay
Charity Reg no: 1054527
Email charity.fundraising@york.nhs.uk
or call 01723 236210 for a information pack