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www.york.nhs.uk/fundraising



@YorkTHCharity



YorkTeachingHospitalCharity

Fundraising Newsletter

Winter/Spring 2015



Thanks to our supporters, the YTHC is able to make a real difference to the care and services that people receive when they visit the hospitals in the Trust.

Charity Reg No: 1054527

About us.....

Thank you for taking the time to read our newsletter. We are York Teaching Hospital Charity and we raise vital funds to support the work of the York Teaching Hospital NHS Foundation Trust.

The charity plays a vital role in ensuring that the best quality of care is provided across the Trust by funding aspects such as:

- Life-saving and up to date equipment
- Patient and carer support
- Additional staff and staff training and development
- Research and development
- Improving and enhancing the hospital environment

We provide funding for all of the ten hospitals that the Trust manages. This includes, York Hospital, Scarborough Hospital, Bridlington Hospital, Whitby Hospital, Malton Hospital, The New Selby War Memorial Hospital, St Monica's Hospital, Archways, White Cross Court and St Helens.

We encourage donations to be made to our overall hospital fund so that we can support the areas that need it the most.

However, we will always support the wishes of our donors to ensure their donations are spent according to their choice, whether this is to go to a specific appeal, department or ward.

We have fundraising offices at both York and Scarborough Hospital and our team consists of Lucy Lowthian, our Fundraising Manager, Maya Richardson, Community Fundraiser and Maria Humphrey, Fundraising Assistant.

Our team is supported by fundraisers and volunteers. We can provide collection buckets and tins, t-shirts, vests, caps, posters and balloons to help with your fundraising, and we always welcome more volunteers!

Our contact details are:

YTHC, Main Corridor, York Hospital,
Wigginton Road, York, YO31 8HE

York Office: 01904 724521,

Scarborough Office: 01723 236210

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Some of your donations have funded....



Media system for dementia patients

A media system for dementia patients has been purchased, this allows them to view photos of their past, listen to music from their era and create a storybook of their life.

A special wheelchair with pressure relieving cushion and back support has been bought for patients at Whitby Hospital. Alison Ashburner, Physiotherapist, said "The chair will be primarily for patients who have had a stroke and need the additional support this chair gives." The chair cost £1,500 and will be used to take patients up to the day hospice, to help staff with home visits and for visitors to take their loved ones to the canteen or for a change of scenery.



Pressure relieving wheelchair



Sensory toy

A variety of sensory toys were bought for the children's ward and outpatient clinic at Scarborough Hospital. The aquarium bubble tube is in the waiting room of the clinic, it helps to calm children before appointments by relaxing their senses and giving them something to focus on.

An infant resuscitation machine was purchased for York Hospital's Special Care Baby Unit. This machine is used to provide breaths to a baby who has stopped breathing, similar to a bag and mask that would be used for an adult.



Infant resuscitation machine



Dyson fans

Several Dyson fans were purchased to use on elderly care wards across all of the hospitals when hot weather occurs.

Lord Mayor's Charity of the Year 2014/2015



York Teaching Hospital Charity has been chosen as one of the Lord Mayor's Charities of the Year along with York Against Cancer. As we mentioned in the last newsletter, the funds raised in this appeal will go towards purchasing a new life-saving haemodialysis machine for renal patients in York.

When a patient undergoes dialysis they can be attached to a dialysis machine for four hours, up to four times a week. In the Renal Unit at York Hospital, patients are among others dialysing, along with the buzz of doctors, nurses and visitors

on the ward. With the support of the funds from the Lord Mayor's charity for a new machine, the Self Care Dialysis Unit we are opening will allow renal patients in York to manage their own dialysis, giving them greater control over their treatment and the freedom to dialyse when it's suitable for them.

Throughout his year in office, the Lord Mayor has many events planned to raise money for this cause and for York Against Cancer. There have been a number of successful events for the appeal already and as of December, the amount raised so far was £12,784.95!

Lord Mayor's upcoming events

Tuesday 27 January

Lord Mayor's Curry Evening, Bengal Brasserie, Poppleton

Tickets for the Lord Mayor's Curry Evening are £15 each and you can book directly with the restaurant on 01904 788808. There will also be a raffle on the evening.

Thursday 5 February

Lord Mayor's Yorkshire Night (with Gary Verity!), Pike Hills Golf Club

Tickets are £32 each and include a three course dinner.

Saturday 14 February

Lord Mayor's Valentine Ball, York Racecourse, Voltigeur Suite

Tickets are £65 each. The evening will start with a drinks reception followed by a four course dinner. Local band 'Pure Silk' will provide the entertainment at this prestigious annual occasion in the civic calendar.

Friday 13 March

Lord Mayor's Corporate Karting Challenge, York MotorSports Village

Eight teams of local businesses can enter up to five drivers to compete in the two and a half hour race. The race will take place on the track and in a simulator which portrays the Silverstone race circuit. A hot meal will be provided at the end of the session, and food and drinks will be available all day. In addition, there will be a silent auction with prizes consisting of first class tickets for two from York to London King's Cross on Grand Central, with the opportunity for one of the passengers to be in the driving cab on the outward journey, and the chance to ride around a racetrack with British Superbike star Dan Linfoot.

Friday 20 March

Lord Mayor's Gourmet Dinner, York College

Sunday 29 March

Lord Mayor's Charity Gala Concert, York Barbican

Tickets start from £12 each. The Charity Gala Concert features local acts including an orchestra, choirs, comedy and much more! This is an evening showcasing the best of this fine City's talent all in one place.

Friday 24 April

Lord Mayor's Golf Day, Pike Hills Golf Club

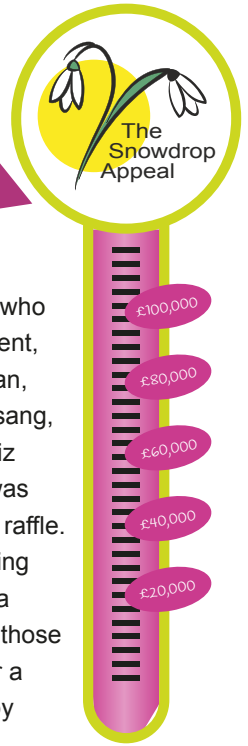
Playing for the 'Lord Mayor's Cup', £100 per team of 4 players, which also includes a coffee and bacon sandwich.

Tuesday 28 April

Quiz Night, The Ainsty pub

For more information on any of the Lord Mayor's events or to book tickets, please visit <http://www.york.nhs.uk/fundraisingevents>

We've reached our £120,000 target!!



After just seventeen months of fundraising, the target of £120,000 to create a maternity bereavement suite at Scarborough Hospital was reached!

In November, fundraiser Kim Harnett organised a fun day at Cayton and raised over £1,200, which brought the total over the target. The event was held in memory of her daughter Grace on what would have been her eighth birthday.

The big announcement came at The Snowball at The Downe Arms in Wykeham, which was organised by another loyal supporter Annika Dowson. Annika took great pleasure in sharing the news as she has spent the last two years raising money for the appeal through walks, fairs, calendars and market stalls.

Community Fundraiser, Maya Richardson said "I can't believe we've reached it already, it was just the best Christmas present. Working on an appeal like this was always going to be emotional and I personally would like to thank everyone for their support and sharing their stories with us.

"Thank you to everyone who has donated, held an event, jumped out of a plane, ran, walked, jogged, baked, sang, swam, cycled, held a quiz night, bungee jumped, was silent for a day or held a raffle. You have all been amazing and you will make such a difference to the lives of those families who sadly suffer a stillbirth or lose their baby shortly after birth."

Designs have already been confirmed for the new suite and building works are planned to start this summer.

Please see our website or follow our Facebook page for the latest stages of the build.

www.york.nhs.uk/snowdrop

 YorkTeachingHospitalCharity



An update with our supporters



Jamie Ball & the ICU Team

In our most recent newsletter, we caught up with Jamie Ball and how he was getting on in his year long fundraising challenge to raise money for York Hospital's ICU.

Following a serious accident at the end of 2013, Jamie's

dad's life changed forever. He and his family were so grateful for the care his father received in the ICU Jamie wanted to raise money for them by completing four half marathons, the York 10K, the Great North Run and the Yorkshire Marathon.

At the end of his year long challenge Jamie has raised over £7,000 by running just short of 100 miles. He has been amazed by the support he has had this year and explained: "When I first started my fundraising, I only expected to raise around £500, but I exceeded this on the first night of opening my JustGiving account!"

"The best part of the whole experience has been the support I have received from everyone. People were interested in what I was doing, and donated because they could see it was something personal to me. I was surprised that people were donating even when I hadn't seen them in a while, or I didn't have day-to-day contact with them. Then I found that they were donating more than once and often just to help me get over the next milestone."

Jamie is really grateful to every one who supported him through his journey and for all of the generous donations. And also to his school friend and housemate Thomas Perry especially, who completed some of the runs alongside him.

The money that Jamie has raised will go towards a neuro-rehab chair. When Jamie's dad was in the ICU, the department had to borrow one of these chairs to help with his care. Elaine Hunter the Lead Sister in the Intensive Care Unit said: "The new chair will really make a difference to patients by helping with their rehabilitation, and getting them out and about and giving them a chance to see life outside of intensive care."



Sally Deakin

Sally Deakin, along with several family members and her husband's work colleagues from Unipart Rail completed the 15 mile Nidderdale Walk last summer and raised £1,685.40 for the Haematology and Oncology Unit at York Hospital. The team also completed the walk in 2013 raising an incredible £1,886.14 for the Cancer Care Centre garden project.

Lynne Wilkinson and Pamela Wilkinson-Brown accompanied by family and friends cycled the Way of The Roses bike ride from Morecambe to Bridlington in aid of the Motor Neurone Disease Fund at York Hospital. The cycle ride was in memory of David Wilkinson,

a beloved father, son, brother and uncle. David was diagnosed with MND in January 2013 and the illness progressed rapidly and continuously until David sadly passed away on 25 October 2013. Pamela and Lynne wanted to raise money to thank the staff who looked after David including the specialist MND Nurse and the York Sleep Services Department who provided him with specialist equipment to help him manage his symptoms. The cycle ride has raised an amazing £2,464.06!



Pamela Wilkinson-Brown & Lynne Wilkinson

The HOSPITAL BALL 2015

Raising funds to improve the children's facilities
in outpatient waiting areas at Scarborough Hospital

**Saturday 16 May 2015 at
The Royal Hotel, Scarborough**

At 7pm with a drinks reception, followed by
a sumptuous 3 course dinner, tombola, raffle, table magic and casino.
Fantastic live music will be provided by 'Soul Rida'.

**Tickets are £40 and are available from Fundraising on 01723 236210
or by emailing charity.fundraising@york.nhs.uk**



Saturday 20 June 2015 at The Royal York Hotel, York

At 6.30pm drinks reception followed by
a sumptuous 3 course dinner, tombola, raffle, table magic and casino.
Fantastic live music will be provided by 'Soul Rida'.

Tickets are £55pp or £500 for a table of 10
and are available from Fundraising on 01904 724521 or email
charity.fundraising@york.nhs.uk

Upcoming events

For more information on any of our events, please visit
www.york.nhs.uk/fundraisingevents

Tuesday 17 March **St Crux Church**

Join us for bric-a-brac and refreshments at St Crux in York between 9.30 and 4pm.

Friday 15 - Sunday 17 May **Coast to Coast Bike Ride,** **Whitehaven to Whitley Bay**

This Coast to Coast cycle route of 140 miles in two days begins at Whitehaven, and passes through the Lake District, the Pennines and up into Northumberland before touching the North Sea at Whitley Bay.

Charity stands at York Hospital:

- Monday 16 February
- Thursday 16 April
- Monday 18 May
- Monday 22 June – For Diabetes Awareness Week
- Thursday 9 July
- Tuesday 28 July

Saturday 16 May **Scarborough Hospital Charity** **Ball, The Royal Hotel**

The evening will raise money for the fracture clinic and the children's waiting area at Scarborough Hospital. It starts at 7pm with a drinks reception, followed by a three course meal and live music from Soul Rida. There will also be a grand raffle, a tombola and the chance to play high stakes on the Casino.

Saturday 20 June **York Hospital Charity Ball, The** **Royal York Hotel**



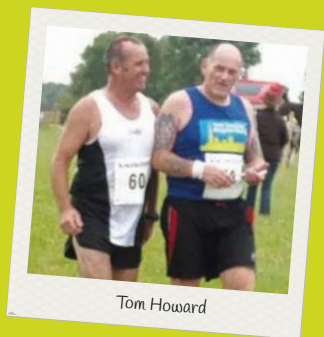
Celebrating Yorkshire

This year we've had many supporters take part in events across our lovely region! Thank you to all of you who did, here a few stories of those that got involved...



Debra Thorpe

Debra, Chris and Adrian completed the Yorkshire Marathon last October to raise money for the Stroke Rehabilitation Unit at York Hospital. They decided to fundraise for the Unit in memory of Adrian's father who sadly passed away in January 2013 after having a stroke 18 months earlier. They also wanted others to recognise the fantastic care and support Debra's mother received while being treated and assisted in the road to recovery after having a stroke. Debra and Adrian have also completed other races throughout the year to raise money and their fundraising total for the year has exceeded £1,300.



Tom Howard

Tom and his brother in law Steven successfully completed the Bishop Wilton Half Marathon this summer and raised a fantastic £832.65 in sponsorship and donations. The money raised has been given to the Stroke Unit at York Hospital to thank them for the support they gave Tom's mother when she had a stroke in April last year.

Phil Newton completed the Castle Howard Triathlon and raised £535 for YTHC in memory of two family members who were cared for in York Hospital. The Super Sprint Plus Triathlon saw Phil take part in an 800m swim, 46k bike ride and a 8k run!

A team of runners from Tower Vets in York completed the Yorkshire Marathon relay and raised £145.52 for YTHC.

Staff Fundraising

Staff across the Trust are very supportive of YTHC and aren't afraid of getting stuck in with fundraising events! Thanks to all the following, and many more who have fundraised for us recently...



Tour de Hospitals

A team of fifteen staff from Bridlington, Scarborough and York Hospitals took part in a sponsored bike ride last summer to raise funds to

buy items for the Bridlington Hospital Orthopaedic Unit. In total, the amount raised was £6,671, which funded new artwork for the patient lounge and state-of-the-art video goggles for patients to wear and watch DVDs while undergoing orthopaedic surgery.



Tina & Linda

Tina and Linda both work on the Surgical Admissions Ward at York Hospital. They completed a cycle ride last summer to raise over £600 for

some new equipment for their ward. The cycle started from York Hospital at 8.30am and after a long and wet ride they reached the end point of Scarborough Harbour at 5pm.

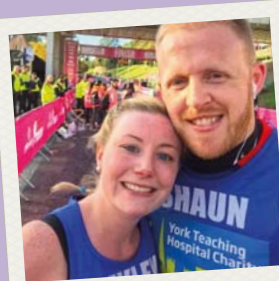
Matthew Norton, a Patient Safety Program Support Officer raised £100 in sponsorship by running the York 10k.



The Security Team

Andrew Hamer, Norman Elliott, Darren Miller and Ashley Bellwood from the Security Team at York

Hospital recently completed the West Highland Way in aid of the Cancer Care Centre. Despite several injuries such as swollen knees, sprained ankles and severe blisters, the team completed the 96 mile Walk in 41 hours and they have raised over £1,000.



Hayley Murray & Fiance

Hayley, a Staff Nurse on the Surgical Assessment Ward at York Hospital ran the Yorkshire Marathon for YTHC.

Hayley had never done any sort of running before and successfully managed to complete the marathon and raise a fantastic £731.50!

Laura Pipes, a Healthcare Assistant in the Renal Unit at York Hospital raised £136 by running the Yorkshire Marathon.

Thank You!



Grand Hotel & Spa Tour De France

Last year we were chosen as Cedar Court Grand Hotel York's Charity of the Year and they have done some fantastic fundraising for us since then! On 30 June, to tie in with the Tour de France, several members of staff cycled a total of 2,276 miles on exercise bikes in the hotel reception and raised more than £2,000 through sponsorship and donations.

The Network Rail logo, featuring the text 'Network Rail' in blue with a stylized red and yellow wing graphic below it. The photo is presented as a Polaroid print.

Network Rail

YTHC were lucky enough to be accepted as one of Network Rail's local charities. A total of £7,500 was donated to York Hospital and split into three areas; £2,500 was donated to the Cancer Care Centre to refurbish a complimentary therapy room and purchase headscarves for patients who have had chemotherapy; another £2,500 was donated towards the refurbishment of five labour rooms in maternity, to allow mothers to have the most relaxing environment alongside all the latest birthing aids; and a final £2,500 was given to the breast care unit to purchase a tattooing machine which provides pigmentation to a reconstructed breast following breast cancer surgery and simulates the nipple.



Mulberry Court Care Home

Mulberry Court Care Home has sponsored the Christmas tree lights at the front of York Hospital for the third year running. It's lovely to be able to have the Christmas tree lit up for patients and visitors to enjoy.

York Railway Institute Netball Team hosted a tournament last August with a bouncy castle, cake stall and refreshments. They raised money for the maintenance of their netball courts and a further £250 for the Elderly ward at York Hospital.

Thank You!



The Duchess Pub in Scarborough

Over the past two years, The Duchess pub in Scarborough has supported the Children's Ward at Scarborough Hospital through their family fun day 'Duchfest'. The staff and regulars at the pub raised an incredible £1,575.50 and last year they added a sponsored bike ride to their activities.

For our Christmas fundraising activity, we put together twenty hampers which offices, workplaces and shops raffled off to raise money for different hospital departments. We wouldn't have been able to put these hampers together without the kind donations of items from local businesses; **Morrisons at Foss Islands York; Ye Olde Shambles Inn; Daisy Taylors; Love Cheese; Tarts & Titbits; York Cocoa House; Browns department store; The Beach Hut in Scarborough; Vom Fass; Bettys; and Wilkinsons in Scarborough.** Thank you also to everyone who took a hamper from us to raffle on our behalf.



Freemasons Agrícola Lodge



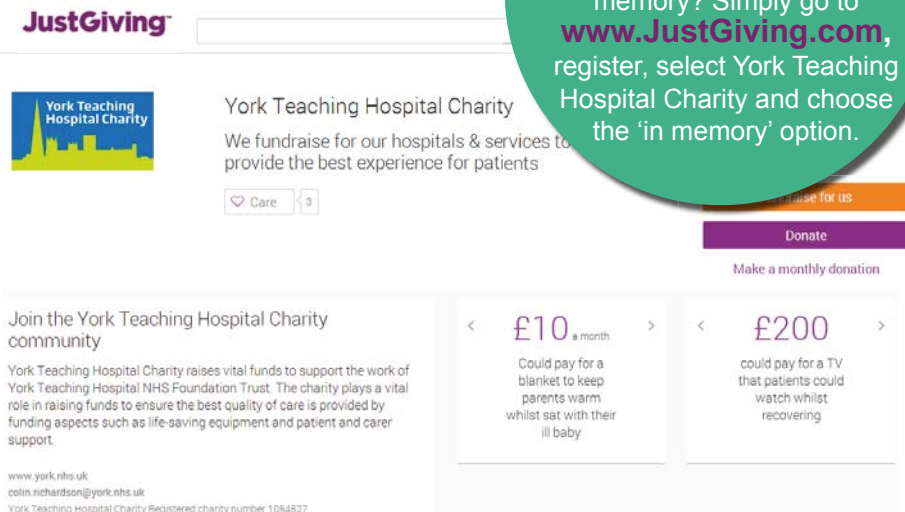
Freemasons Mitre Lodge

Last year, York Agrícola Lodge generously donated £2,473 to the Cancer Care Centre at York Hospital and the York Mitre Lodge kindly donated £250 to the White Cross Rehabilitation Hospital and £500 to the Special Care Baby Unit at York Hospital. We were honoured to attend the Freemason's annual Charity Presentation Evening in November to officially accept the donations.

The Trembling Madness bar in York organised 'Yellowfest', a beer festival in July which raised more than £300. The money raised was split equally between the Labour Ward and the Elderly Ward in York Hospital to help with refurbishment and redecoration.

Just Giving

Did you know that you can create tribute pages for your loved ones on JustGiving and fundraise for YTHC in their memory? Simply go to **www.JustGiving.com**, register, select York Teaching Hospital Charity and choose the 'in memory' option.



JustGiving

York Teaching Hospital Charity

We fundraise for our hospitals & services to provide the best experience for patients

♥ Care < 3

Donate

Make a monthly donation

Join the York Teaching Hospital Charity community

York Teaching Hospital Charity raises vital funds to support the work of York Teaching Hospital NHS Foundation Trust. The charity plays a vital role in raising funds to ensure the best quality of care is provided by funding aspects such as life-saving equipment and patient and carer support.

www.york.nhs.uk
colin.richardson@york.nhs.uk
York Teaching Hospital Charity Registered charity number 1054527

< **£10** a month >

Could pay for a blanket to keep parents warm whilst sat with their ill baby

< **£200** >

could pay for a TV that patients could watch whilst recovering



**From an anonymous donor -
March 2014**

"Thank you for looking after my Dad in the Oncology Ward of York Hospital."



Sara & Nigel Brown - €100.00

"In memory of our Grandad, Peter Chainey, who was taken such great care of in the CCU. Thank you!"



**Edgar & Shirley White -
September 2014**

"Thank you to all the staff at Scarborough Hospital for taking such good care of my husband and for the taxi home for me after I visited."



**From Caroline Horwood -
Nov 2014**

"In appreciation of the conscientious and compassionate care I received from Dr White and his team, Dr Duffey and staff on Ward 34."



**Tom Burnett - Oct 2014 £100 + £25
Gift Aid**

"Thank you so much for the professionalism and kindness of the staff at A&E and the Critical Care Ward for looking after my mum last week."



**Anon - Aug 2014 £100 + £25
Gift Aid**

"A heartfelt thank you for your care and support in allowing Mrs C to pass away with such dignity last week on ward G1."

Meet the Team....



Maya Richardson, Community Fundraiser
based at Scarborough Hospital

"No two days are the same in the charity sector, it's very fast moving! I meet the most inspirational people and the supporters are loyal which makes my role so rewarding. I don't see this as a job; I see it as a vocation and a privilege.

"As my work life is so varied it never gets boring! Today I wrote some thank you letters to our lovely supporters, welcomed a young lady who would like to do some fundraising and started writing a report for the Charitable Funds Committee meeting, and that was all before lunch! This afternoon involved delivering some Christmas hampers to be raffled off in local businesses; putting together a presentation for a talk I am giving and finally, tonight I am going to Whitby to collect a cheque from Whitby Apollo Players."



Maria Humphrey, Fundraising Assistant

"A day in the office for me usually consists of responding to fundraising enquiries and assisting those who wish to donate or fundraise for the Charity. Once a donation is received, I make note of the donation on our database and then send out a thank you letter in recognition of their generosity. I regularly produce and update fundraising posters to promote our events or to simply provide information about YTHC to raise awareness. I also provide support to any fundraisers by helping them create a JustGiving page, promoting the events on our Facebook and Twitter pages and providing them with collection tins, buckets, T-shirts or balloons. I love my role and the variety of tasks I do day-to-day, and I enjoy being able to interact with our supporters and to help plan and take part in fundraising activities."



Charity reg no:
1054527



**We've got places for the York 10K,
Sunday 2 Aug 2015**



**the Great North Run,
Sunday 13 Sept 2015**



**and the Yorkshire Marathon,
Sunday 11 Oct 2015**

To register your interest email
charity.fundraising@york.nhs.uk
or call 01904 724521