

Emergency Care Plans for Long Term Conditions Stroke disease

Patient Details

Name:
(forename/surname)

NHS no:

DOB:

GP:
(registered GP address)

Hospital No:

Next of Kin:

Next of kin tel no:

Name of Community Practitioner

Tel:

Mobile:

Action Plan (self management) signs of deterioration

Signs & Symptoms to look out for:

- 'Headache' starting at back of neck
- Facial weakness/drooping mouth/dragging sensation
- Unable to elevate both arms in front of you and hold them there
- Slurred speech
- Numbness, weakness or paralysis on one side of your body
- Blurred vision or loss of sight

What to do for above symptoms:

1. Call 999 if sudden onset
2. Call GP or Community Practitioner if gradual/subtle symptoms

Indications for urgent medical attention

- As above



Information for emergency services

Allergies

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Medications

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Past medical history

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Normal baseline observations

Blood pressure:	Heart Rate:	Respiratory Rate:
Oxygen saturations:	MRC (dyspnoea scale):	Temperature:

Professional network

Name	Address	Phone no	Relationship to patient

Name:

Signature:

Designation:

Date: