



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

Oral liquid adaptors and syringes

Information for patients, relatives and carers

① For more information, please contact:

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Cleaning guidelines

Oral liquid syringes

Clean your oral liquid syringe before using for the first time and immediately after each use.

To clean your oral liquid syringe:

1. Fill a clean bowl with hot soapy water.
2. Place the syringe tip in the water and draw the plunger in and out several times until all traces of feed/medicine are removed.
3. Rinse with clean water, following step 2.

Oral liquid adaptors

Press-in adaptors can be left in the top of a bottle with the cap of the bottle replaced after each use. Wipe the top of the adaptor with a wet paper towel before and after each use.



Tapered adaptors will need to be inserted and removed after use to replace the bottle cap. Ensure you clean the adaptor in hot soapy water and rinse with clean water after each use.



Instructions for use

See also diagrams on pages 6 and 7.

1. For press-in adaptors

Insert the adaptor into the bottle and press down. It should fit securely in the bottle opening so that the bottle lid can still be secured on top.



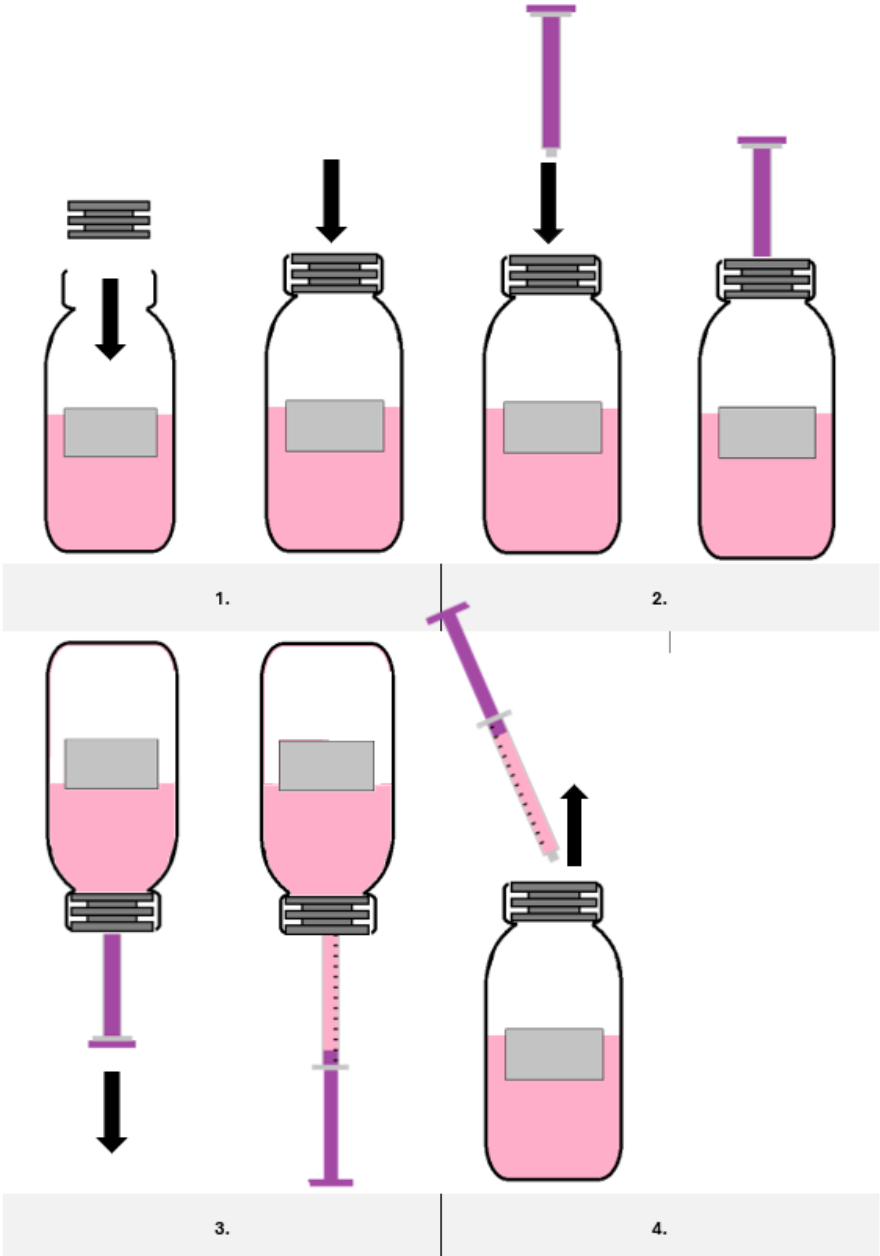
For tapered adaptors

Screw the adaptor firmly into the neck of the bottle by pushing and turning the adaptor clockwise.

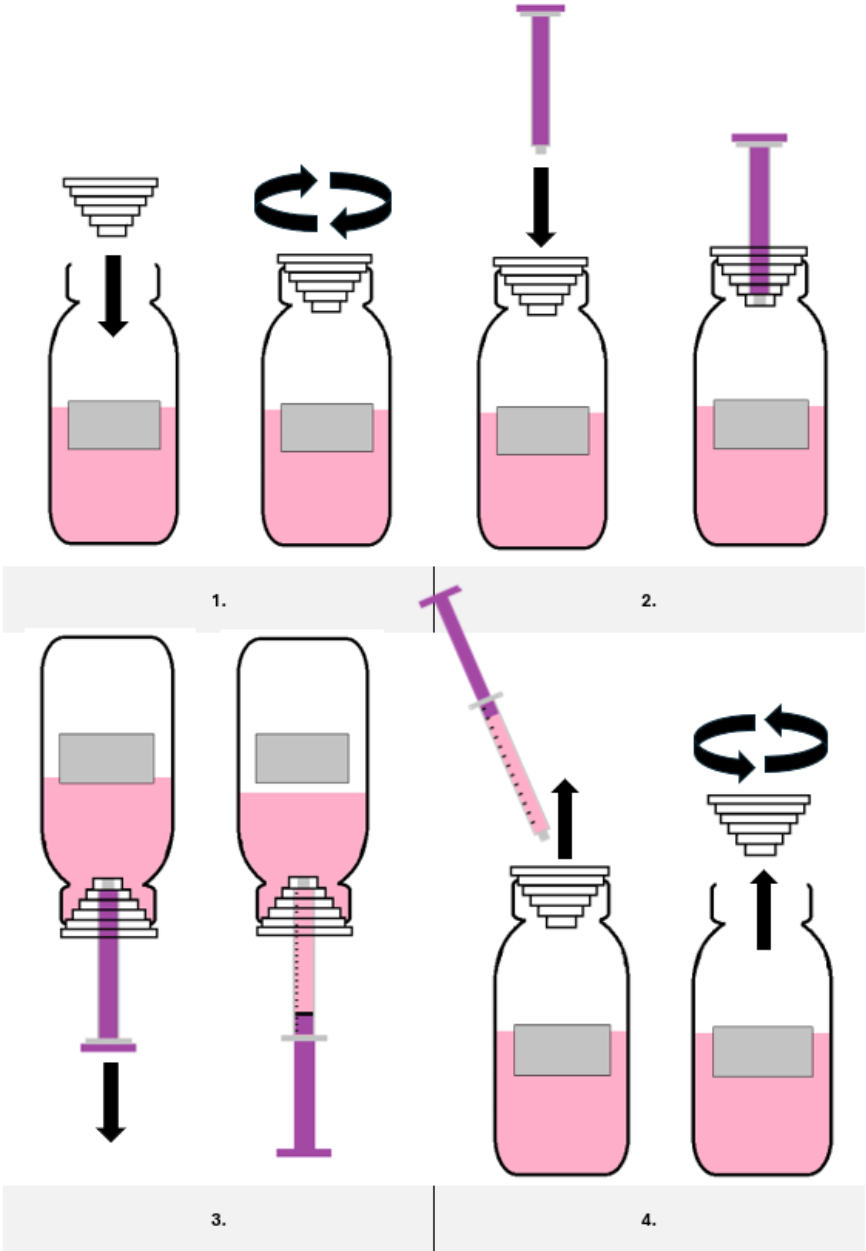


1. Attach the oral syringe to the opening in the adaptor and turn the bottle upside down. Draw the medicine out slowly so that the top of the black ring on the plunger lines up with the required dose mark.
2. Place the bottle upright on a table/ flat surface and remove the oral syringe. Check that you have the correct dose.
3. Ensure that the person is sitting up before attempting to administer the medicine. Direct syringe to the inside of the cheek. Push the plunger slowly to enable time for the person to swallow to avoid choking.
4. Follow cleaning guidelines on page 3 for the oral liquid syringe and relevant adaptor and replace the bottle lid.

Diagrams for press-in adaptors



Diagrams for tapered adaptors



Tell us what you think of this leaflet

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

York Hospital Pharmacy Department on 01904 725736
or email yhs-tr.pharmacydispensaryork@nhs.net.

Teaching, training and research

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

Patient Advice and Liaison Service (PALS)

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email yhs-tr.patientexperienceteam@nhs.net.

An answer phone is available out of hours.

Leaflets in alternative languages or formats

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website:

www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/

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