

# **Post op follow up mammograms**

Information for patients, relatives and carers

① For more information, please contact:  
The Breast Care Nurses on 01904 726775  
The York Hospital, Wigginton Road, York, YO31 8HE

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Date of Diagnosis: .....

First follow up mammogram due: .....

Following your recent treatment, we will ask you to attend annual routine follow-up mammogram appointments. For your mammograms, you will be under the care of the symptomatic services and you will receive appointments from the York and Scarborough Teaching Hospitals NHS Foundation Trust.

If you are 50-71 years old, you will continue to receive letters offering you routine breast screening appointments from the National Breast Screening Programme.

If you receive an appointment letter from the National Breast Screening Programme, please contact the screening office on 01904 725590 or 01904 725591 or email: [yhs-tr.northyorkshire.breastscreeningservice@nhs.net](mailto:yhs-tr.northyorkshire.breastscreeningservice@nhs.net) and inform the service that you are currently under follow-up care and do not require this appointment.

When you have completed your follow-up, you can return to the National Screening Programme for your normal screening mammogram every three years.

Please note that if you are taking part in a research trial for your follow up care the same information applies.

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact:

yhs-tr.NorthYorkshire.BreastScreeningService@nhs.net

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email  
yhs-tr.patientexperienceteam@nhs.net

An answer phone is available out of hours.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Leaflets in alternative languages or formats**

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website: [www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

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