

## Paediatric Hip Ultrasound Scan

Information for patients, relatives and carers

### About this leaflet

This leaflet tells you about the procedure known as 'Paediatric Hip Ultrasound Scan', explains what is involved and what the possible risks are. It is not meant to replace the informed discussion between you and your doctor, but we hope you find the information helpful.

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## **Why has my baby been referred for this examination?**

As part of the newborn examination your baby has been examined for signs of hip dysplasia, or risk factors for this condition. A hip ultrasound has been requested to examine the hip joint in more detail. This will help determine if any treatment is required.

It is important you attend for this scan. Delayed diagnosis can lead to limb restriction, pain, or osteoarthritis.

## **What is an ultrasound scan?**

A hip ultrasound scan is like those used in pregnancy. High frequency sound waves are used to obtain images. It does not cause pain, or harm. The baby will be partially undressed, and gel placed on the skin of each hip with them laid on their side.

## **Who does the scan?**

Your scan may be done by an ultrasonographer or a specialist doctor, called a radiologist. You can ask the person doing your scan any questions you may have.

## **Is there any preparation?**

There is no preparation required for this scan. We suggest that you give your baby a feed just before the scan to make them more relaxed. You might find it helpful to arrive a little before your appointment to do this.

## **How long does the scan take?**

This scan can take up to 20 minutes to complete.

## **What happens after the scan?**

If your hip ultrasound scan is normal, your baby will not need a further scan and no further tests are required.

If the hip ultrasound shows your baby has signs of hip dysplasia you will be referred to a specialist orthopaedic hip team for advice and possible treatment.

## **Is there anything else I should know about coming for a scan?**

The radiology department has no crèche facilities. If you have brothers and sisters coming along you should arrange for another adult to come along to look after them.

### **For further information:**

National health service developmental dysplasia of the hip  
[www.nhs.uk/conditions/developmental-dysplasia-of-the-hip](http://www.nhs.uk/conditions/developmental-dysplasia-of-the-hip)

### **What if I have any questions about my scan?**

Ask a member of staff. We will be happy to help. If you would like to speak to someone before your scan you can call the following numbers:

#### **York telephone numbers**

For appointment enquiries call: 01904 726652

For enquiries about the scan call: 01904 725567

#### **Scarborough telephone numbers**

For appointment enquiries call: 01723 342305

For enquiries about the scan call: 01723 385121

## **Tell us what you think of this leaflet**

We hope that you found this leaflet helpful. If you would like to tell us what you think, please contact: Kirsty Cutt, Sonographer Principle Radiology, York Hospital, Wigginton Road, York, YO31 8HE or telephone on 01904 725568 or 01904 725568

## **Patient Advice and Liaison Service (PALS)**

PALS offers impartial advice and assistance to patients, their relatives, friends and carers. We can listen to feedback (positive or negative), answer questions and help resolve any concerns about Trust services.

PALS can be contacted on 01904 726262, or email [yhs-tr.patientexperienceteam@nhs.net](mailto:yhs-tr.patientexperienceteam@nhs.net)

An answer phone is available out of hours.

## **Teaching, training and research**

Our Trust is committed to teaching, training and research to support the development of health and healthcare in our community. Healthcare students may observe consultations for this purpose. You can opt out if you do not want students to observe. We may also ask you if you would like to be involved in our research.

## **Leaflets in alternative languages or formats**

If you would like this information in a different format, including braille or easy read, or translated into a different language, please speak to a member of staff in the ward or department providing your care.

Patient Information Leaflets can be accessed via the Trust's Patient Information Leaflet website: [www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/](http://www.yorkhospitals.nhs.uk/your-visit/patient-information-leaflets/)

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